**Objective:** To obtain full time employment with a company that values optimum patient outcomes

**Education**

**The Nurse Coach Collective**, Portland**,** Oregon – Transformative Nurse Coach Certificate – 8/2020

**Western Governor’s University**, Salt Lake City, Utah – *Bachelor of Science in Nursing – 7/2018*

**Carrington College California**, Sacramento, CA - *Registered Nurse Degree, ASN - 2/2013*

**Sutter One Stop**, Yuba City, CA - *Vocational Nursing Degree – 6/2006*

**Valley West,** Williams, CA **-** *Certified Nurse Assistant - 2003*

**License and Certificates**

Registered Nurse - Tennessee License # 249527

Registered Nurse - California License # 848424

AHA Health Care Provider: CPR, BLS, PALS, ACLS

TNCC - Trauma Nurse Critical Care

TNC – Transformative Nurse Coach

**Skills**

Provide the highest level of patient care to a diverse patient population

 Keen ability to manage multiple complex tasks simultaneously and coordinate time effectively

Proven ability to communicate efficiently to obtain optimal patient outcomes

Swift critical thinking during emergency situations

 Expertise in emergency, trauma, critical care, ICU, moderate sedation, med/surg, tele and ICU

Strong clinical skills enhanced by natural ability to build rapport with patient and family

 Compassionate

 Organized

 Computer savvy and detail oriented

 Excellent customer service skills and bedside manner

 Ultrasound IV placement

**Work Experience**

**UC Davis Medical Center Emergency Department**

*Clinical Nurse II – January 20, 2015 to Current*

Triage of walk-in and ambulance patients

Assessment and evaluation of acute and chronically ill patients using critical thinking skills

 Caring for critically ill patients in a level one trauma and stroke center

Medicate and reassess patients using the 8 rights of medication administration

Collaborate with all members of the interdisciplinary team

Perform therapeutic nursing interventions as established by individualized plan of care

Demonstrate effective time management and adjust workflow to adapt to changing circumstances

 Advocating for patients

 Situation de-escalation

 Patient education

 End of life care

 Delegate appropriate duties to ancillary staff

 Training of new staff, nursing students, EMT and Paramedic students

 Placing peripheral IV’s using ultrasound technology

**Maxim Healthcare Services**

*Registered Nurse – UC Davis Emergency Department – September 8, 2014 to January 19, 2015*

Patient assessment/evaluation using critical thinking skills

Effective verbal de-escalation of behavioral patients

Proper use and documentation of physical restraints

Assess subtle changes in patient condition

Provide effective patient and family education

Promote relationship of trust and respect

**Crestwood Center**

*Director of Nursing Services – January 2, 2014 to December 31, 2014*

Direct and monitor the delivery of nursing and care for a 16-bed acute psychiatric health facility

Coordinate the day-to-day operational management

Maintain staffing for nursing and MHW’s

 Education and staff development as required by state and corporate guidelines

 Complete probationary and annual evaluation of employees

Monitor the quality and appropriateness of care and clinical outcomes

Develop and implement new clinical programs, policies and procedures to improve patient care

Knowledge and use of Title 22 guidelines

 Work closely with interdisciplinary team

 Participate in Quality Assurance program and Infection Control for facility and department

 Training of staff during transition from paper medical records to EMR using Point Click Care

**Community Hospital of Anaconda,** Anaconda, MT

*Staff Nurse – September 1, 2013 to December 31, 2013*

Complete nursing care of assigned patients

Prepare and administer all medication

Pre- and post-operative care, labor and delivery, pediatric, telemetry, and trauma

 Direct communication and participation with interdisciplinary treatment team

Develop and implement nursing care plans and maintaining medical records

 Provide patient education

**Sutter Yuba Mental Health**, Yuba City, CA

*Psych. Charge Nurse – LVN – June 14, 2005 to January 1, 2013*

Supervise and direct the work of a patient care team

Case management and chart review

Staff scheduling and coordination for transportation of patients

Observe and record patient symptomology/behavior

Prepare, dispense and administer oral, subcutaneous and intermuscular medications

Develop and carry out psychiatric nursing intervention plans

Provide therapeutic nursing interventions

 De-escalation of critical situations

 Provide redirection and limit setting to acutely ill psychiatric patients

Maintaining a calm milieu allowing for optimal patient outcomes

Coordinate the admission and discharge of patients

**Valley West Care Center**, Williams, CA

*Charge Nurse – LVN – March 1, 2006 to December 31, 2006*

Administer routine medication and treatment per prescribed guidelines

Observe condition of patients and report unusual conditions to supervisors

Consult with professional staff regarding orders or medications

Supervise and direct the work of team

Coordinate patient admissions and discharges

 Develop and carry out nursing care plans

 Delegate appropriate duties to ancillary staff