Tanika Abram

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**BACKGROUND SUMMARY**

**CAREER OBJECTIVE:**

I am seeking a direct care crisis travel position with healthcare organizations that are currently in need and will benefit from my skills, abilities, and clinical experience to help decrease the spread of Covid-19 and care for those who have been succumb by the illness.

**EDUCATION**

Bachelor’s Degree in Nursing, Herzing University, April 2018

Associates Degree in Nursing, Pittsburgh Technical College, October 2014

Certificate, Practical Nursing, Pittsburgh Technical College, July 2013

**CERTIFICATIONS**

Standard First Aid Certification, American Heart Association, March 202

BLS Certification, American Heart Association, December 2022

ACLS Certification, American Heart Association, December 2022

Compact Florida RN license, California RN license, Pennsylvania RN license

**WORK EXPERIENCE**

**I am currently working as a travel crisis Registered nurse to help curtail the current spread of Covid-19.**

**Aventura Hospital and Medical Center**

Registered Nurse Critical Care Step-down

 Full-time-Nov 2018-Nov 2020

◦Administer primary care to medically complex patient with the specialty to include neuro step-down, stroke, ventilator, and trach care. Responsibilities included admission, discharge, pre-op, and post-op care.

◦Chest tube and line maintenance and assessment. Patient and family teaching, medication administration via all accesses.

◦Responding to life saving situations based on nursing standards and protocols.

**United Health Group**

**Registered Nurse/ Utilization Review/ Case-management/ Nurse Advocate**

**Full-time March 2016-May 2018**

◦Providing utilization review/case management for appropriate medical care per policy.

◦Recommends a

n appropriate level of clinical care for disease process based on clinical judgment and protocols

◦Help patients understand their condition and treatment plan.

◦Explore options with patients to help reduce their healthcare costs.

◦Provide discharge planning post inpatient stay through transition of care.

◦Coordinate with DME suppliers, rehabs, and post-care follow-up with provider.

**Salude Art of Recovery**

**Registered Nurse Progressive Care**

**Weekend Contract Oct 2017-Feb 2018** ◦Monitoring health conditions of acute care patients, administering prescribed medications by mouth, IV, topically, IM, inserting IV’s and Foley catheters, and using all types of feeding tubes.

◦Responding to life saving situations based on nursing stands and protocols.

◦Participate in discharge planning and care plans, assessments, wound care, charting, documentation, and constant delivery of empathetic care.

◦Writing orders per doctor’s request. Guiding patient's family for patient's aftercare.

**Anchor Hospital**

**Registered Nurse Medical Surgical Psychiatric**

**Part-time- Contract Nov 2016-Feb 2017** ◦Monitoring health conditions of acute care patients, administering prescribed medications by mouth, IV, topically, IM, inserting IV’s and Foley catheters, and using all types of feeding tubes.

◦Responding to life saving situations based on nursing stands and protocols.

◦Participate in discharge planning and care plans, assessments, wound care, charting, documentation, and constant delivery of empathetic care.

**Whitestone Healthcare with Georgia Regional Hospital**

**Registered Nurse Medical Surgical Psychiatric**

 **Full-time Contract June 2015-May 2016**

◦Monitoring patient's health condition, administering prescribed medications by mouth, IV, topically, IM, and through all types of feeding tubes.

◦Modifies client treatment plans as indicated by clients' responses and conditions.

◦Monitors, records and reports symptoms and changes in clients' conditions.

◦Prepares clients for, and assists with, examinations and treatments.

◦Hold weekly group therapy sessions, to help clients become knowledgeable on current diagnosis and medications.

**Squirrel Hill Center for Rehab and Healing**

**Licensed Practical Nurse**/ **Registered Nurse Supervisor LTA**

 **Full-time Nov 2013-June 2015**

◦ Monitoring health conditions of acute care patients, Monitoring patient's health condition, administering prescribed medications by mouth, IV, topically, IM, and through all types of feeding tubes.

◦Ventilator/Tracheostomy care, wound care, charting, documentation, and constant delivery of empathetic care.

◦Writing orders per doctor’s request. Guiding patient's family for patient's aftercare

**Capitol Healthcare**

**Certified Nursing Assistant/ Licensed Practical Nurse**

**Per Diem Dec 2012-March 2013**

◦ Provided high-quality patient care as an in-demand per-diem CNA/LPN within surgical, acute-care, rehabilitation, and home-healthcare and nursing-home settings.

◦ Preserve patient dignity and minimize discomfort while carrying out duties such as bedpan changes, diapering, emptying drainage bags and bathing.

◦Commended for chart accuracy, effective team collaboration, patient relations and consistent delivery of empathetic care.

**Village at Penn wood**

**Certified Nursing Assistant**

**Per Diem May 2012-Aug 2014**

◦Provided nursing and nursing related services to residents.

◦Provided routine care to the patients.

◦Obtained specimens, weights, and vital signs of patients.

**Canterbury Place at UPMC**

**Certified Nursing Assistant**

 **Full-time July 2011-May 2012**

◦Provided nursing care in accordance with resident care policies and procedures.

◦Ensured the safety and well-being of the residents is maintained.

◦Assisted residents with bathing, dressing, hygiene, and grooming in accordance with established care plan.

**Hammonds Family Daycare**

**Child Care Assistant**

**Full-time May 2006-Aug 2009**

◦Oversaw daily operations

◦Responsibilities included administrative, billing, personnel issues, policies and procedures.

◦Implemented curriculum plans.

◦Maintained ongoing communication with parents regarding children’s activities, behavior, and development.

 **References available upon request**