

# Monica Bugg, FNP-BC

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**Objective:** Dedicated Nurse Practitioner with six years of experience in the medical field. I am an ambitious individual that strives to exceed expectations, build long term relationships, and improve on healthcare outcomes and patient lives.

## Education

### **Master's of Science in Nursing**

*Clayton State University, Morrow, GA*

May 2019

### **Bachelor of Science in Nursing (Magna cum laude)**

*Georgia Southern University, Statesboro, GA*

December 2014

## Experience

### Medi Weightloss Clinic, Marietta, GA

*Family Nurse Practitioner*

Nov. 2019-Feb. 2021

- Displayed autonomy by being the sole provider in a wellness clinic.
- Provides one-on-one nutrition and exercise counseling to improve patient clinical outcomes (i.e. high blood pressure, high cholesterol, and abnormal blood glucose levels) and reduce risk of chronic disease.
- Collaborated with a Registered Dietician to individualize care plans based on patient's medical history, specific goals, and preferences.
- Conducted comprehensive physical exams, interpreted EKGs and lab results, educated and prescribed appetite suppressants to qualifying candidates, and administered B12/6/1 injections.
- Established trust with patients and their primary care physicians, and provided ongoing motivation to help patients meet their goals.

### Wellstar Kennestone, Marietta, GA

*Perioperative Nurse*

Feb. 2016- Nov. 2019

- Delivered exceptional care to patients before an operation or other invasive procedure.
- Assessed and monitored a patient's status, completed preoperative teaching, initiated postoperative outcomes, administered medications, and provided positive emotional support.
- Effectively communicated and established trust with patients, family members, the interdisciplinary team, surgeons, and other physicians.
- Demonstrated proper time management, organizational skills, and compliance to HIPPA regulations.
- Coordinated nursing interventions to achieve positive patient outcomes and ensure a safe discharge.
- Assigned the responsibility of relief charge nurse, which consisted of overseeing patient care and staff management to ensure a safe environment. Handled emergency responses and frequently communicated with surgeons and other staff members.
- Frequently singled out on patient surveys and "WOW" cards for "going above and beyond expectations" and "providing efficient and excellent care during a difficult time."

WellStar Cobb, Austell, GA

*Staff Nurse*

Feb. 2015-Feb. 2016

- Provided patient centered care in a 29-bed medical-surgical unit
- Utilized critical thinking skills, nursing judgement, and data analysis to formulate and prioritize strategies to provide excellent care and meet the patient's goal.
- Established trusting relationships, and served as an advocator and educator for patients of all ages, ethnic backgrounds, and a variety of medical diagnoses.
- Collaborated daily with physicians, certified nursing assistants, therapists, and other staff member to assess, manage, and evaluate patient's current conditions.
- Frequently received positive feedback and praise for the care delivered to patients and their family members.
- Utilized EPIC to document patient care.

**Certifications**

- BLS, ACLS
- Professional Licensure: RN245502/GA  
APRN Certification through ANCC (ID #2019032102)