

# Tammy Foster

Jonesville, VA 24263

Cell: 276-861-4501

tamyfstr@gmail.com

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## Summary

Dedicated and well-qualified Case Manager RN offering proven skills in patient care, medication administration and treatment implementation. Detail-oriented, responsive and proficient in routine care and emergency response. Offering 9+ year record in field and looking for challenging, long-term position.

Experienced nursing professional bringing demonstrated clinical expertise, leadership skills and technical knowledge. Proficient in updating charts, monitoring medications and working with multidisciplinary teams to optimize patient care. Quality-driven and efficient with strong interpersonal abilities.

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## Skills

- Care planning
- Patient assessment
- Patient advising
- Cross-functional collaboration
- Intake and discharge
- Triaging patient concerns

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## Experience

February 2020 to  
Current

### **Kindred at Home**

Greensboro, NC

#### **Case Manager**

- Reviewed and recorded progress of patients.
- Coordinated support services and optimized communication between healthcare workers and patients.
- Collaborated with various healthcare providers to facilitate delivery of services.
- Reviewed effectiveness of treatment for individual and family situations.
- Developed appropriate care plans for at-risk individuals and high-risk families.
- Collaborated with different disciplines to provide cohesive care to patients.
- Assisted patients in receiving high-quality, appropriate care with best possible results.
- Reviewed treatment plans against individual goals and healthcare standards.
- Optimized program resource utilization to prevent unnecessary hospital admissions.
- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team.
- Documented plans, findings and results and submitted to employers and insurance carriers.
- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources.

November 2019 to  
January 2020

### **Sovia Healthcare**

Martinsville, VA

#### **Case Manager**

- Reviewed and recorded progress of patients.
- Coordinated support services and optimized communication between healthcare workers and patients.
- Collaborated with various healthcare providers to facilitate delivery of services.
- Reviewed effectiveness of treatment for individual and family situations.
- Developed appropriate care plans for at-risk individuals and high-risk families.
- Determined and coordinated appropriate level of care to meet individual patient needs.
- Collaborated with different disciplines to provide cohesive care to patients.
- Fostered staff satisfaction and performance by implementing improved disciplinary

policies.

- Assisted patients in receiving high-quality, appropriate care with best possible results.
- Reviewed treatment plans against individual goals and healthcare standards.
- Coordinated between various entities to manage cases.
- Optimized program resource utilization to prevent unnecessary hospital admissions.
- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team.
- Documented plans, findings and results and submitted to employers and insurance carriers.
- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources.

June 2019 to  
November 2019

### **Healthfirst Home Care**

Melbourne, FL

#### **Case Manager**

- Reviewed and recorded progress of patients.
- Coordinated support services and optimized communication between healthcare workers and patients.
- Collaborated with various healthcare providers to facilitate delivery of services.
- Reviewed effectiveness of treatment for individual and family situations.
- Developed appropriate care plans for at-risk individuals and high-risk families.
- Determined and coordinated appropriate level of care to meet individual patient needs.
- Collaborated with different disciplines to provide cohesive care to patients.
- Fostered staff satisfaction and performance by implementing improved disciplinary policies.
- Assisted patients in receiving high-quality, appropriate care with best possible results.
- Reviewed treatment plans against individual goals and healthcare standards.
- Coordinated between various entities to manage cases.
- Optimized program resource utilization to prevent unnecessary hospital admissions.
- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team.
- Documented plans, findings and results and submitted to employers and insurance carriers.
- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources.

May 2011 to  
June 2019

### **Advanced Home Care Inc.**

Wise, VA

#### **Case Manger**

- Determined and coordinated appropriate level of care to meet individual patient needs.
- Developed appropriate care plans for at-risk individuals and high-risk families.
- Collaborated with various healthcare providers to facilitate delivery of services.
- Reviewed and recorded progress of patients.
- Reviewed effectiveness of treatment for individual and family situations.
- Coordinated resources from diverse providers for intervention plans.
- Coordinated support services and optimized communication between healthcare workers and patients.
- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team.
- Assisted patients in receiving high-quality, appropriate care with best possible results.
- Fostered staff satisfaction and performance by implementing improved disciplinary policies.
- Documented plans, findings and results and submitted to employers and insurance carriers.
- Collaborated with different disciplines to provide cohesive care to patients.
- Coordinated between various entities to manage cases.
- Informed patients and families of treatment options and at-home care strategies to

reduce unnecessary burden on hospital resources.

- Optimized program resource utilization to prevent unnecessary hospital admissions.
- Reviewed treatment plans against individual goals and healthcare standards.

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### Education and Training

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January 2007

**Kaplan University**

Davenport, IA

Nursing

Bachelor of Science

May 1998

**Lincoln Memorial University**

Harrogate, TN

Nursing

Associate of Science

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### Certifications

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- First Aid/CPR
- BLS Certified