# Zella Adams, Registered Nurse

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To gain a challenging position in a large facility working ICU/CCU, Step Down and/or Med Surg to utilize my thirty-five years of nursing experience.

Skill highlights:

Advanced Cardiac Life Support (ACLS) ICU, ED, LTAC & Med-Surge

ICU/Critical Care (5 yrs), Cardiac Life Support (10 yrs), Medication Terminology (10 yrs),

Ventilators (10 yrs)

Certified Medication Administration Expert

# **Work Experience:**

# TRA - Trusted Resource Association Agency - Bartlett, TN

RN Agency Nurse: April 2022 to Present

Saint Francis Bartlett 2 North Telemetry Med-Surge. Floated to Saint Francis Memphis and worked 9th floor: Acute Telemetry on 13 week contract. Took care of 6 to 7 patients.

#### Adecco Agency - Memphis, TN

RN Agency Nurse: January 2022 to April 2022

Minor Medical Clinics & Acute Care: IV Therapy. Outpatients Clinic. Several Assisted Living Facilities & Rehabs: Oversee the care of 12 to 26 residents. Assessment, Administer medication, Daily charting, call and report abnormal findings. Report to House Supervisor and Doctor on issue of medical finding.

# Regional One Health Care - Extended Care Hospital: LTAC - Memphis, TN

RN Acute Care: October 2021 to April 2022

LTAC: Ventilator patients: Titrate Critical drip, MVAs, Cardiac, Neuro (TBI), Rehab, Gun Shot, Wound Care patients. Telemetry & Med-Surge patients.

#### Select Medical - Speciality Acute Care Hospital - Memphis, TN

RN Acute Care: September 2020 to October 2021

LTAC: Weaned Patients off of Ventilators, Critical Drips & Wound Care: MVAs, CVAs, Cardiac, Telemetry & Med-Surge, Traumatic Brain Injury

#### Baptist Rehab Hospital - Kindred Healthcare - Germantown, TN

Registered Nurse: July 2018 to August 2020

Rehab: Stroke, Cardiac, Neuro, Hip, Joints, Knees & Backs. Team approach to get the patients back to their every day living. Telemetry, Med-Sur & Step-down patients. Supervisor of TBI and Stroke Unit.

#### Gifted Health Care Agency - Little Rock, AR

RN Acute Care: February 2016 to November 2017

Selected LTAC: Weaned Patients off Ventilators, Critical drips & Wound Care: De cub Ulcers, MVAs,

CVAs, Cardiac, Telemetry & Med-Surge

## Saint Francis Hospital - Memphis, TN

Registered Nurse: December 2016 to June 2018

Post Op Floor: Joints, Hips & Spines: Recovers patients post surgeries.

Floated: Telemetry, PACU, Stepdown, One-Day Surgery, LTAC Unit, GI Lab.

Elective surgeries done to help patients return to normal ADLS.

### Regional One Health - Memphis, TN

RN Acute Care: November 2013 to November 2016

Wean Pts off Ventilators, Critical Drips & Wound Healing. Pts: CVAs, MVAs, Burns, Traumatic Brain

Injury. Telemetry & Med Surg.

# Select Speciality Hospital - Memphis, TN

RN Acute Care: January 2012 to November 2013

Wean Pts off Ventilators, Critical Drips & Wound healing. Pts with: CVAs, Cardiac, Infectious Diseases,

Traumatic Brain Injury. Telemetry & Med-Surg.

#### Baptist Hospital - Memphis, TN

RN Acute Care: November 1988 to November 2011

88-95: LTAC Weekender; IV Therapy; Telemetry & Med-Surge.

06-11: Float Pool: ICU, CV Unit, All Floor Areas & Emergency Room.

#### ST BERNARDS MEDICAL CENTER - Jonesboro, AR

RN Acute Care: July 1987 to November 1988

**Emergency Room** 

# **Education:**

Associate of Science in Nursing Arkansas State University 1987

Certifications and Licenses: BLS/CPR (October 2021 to October 2023), ACLS (August 2020 to August 2022)