**Anita M. Frillman, BSN, RN**

**::6239 Eichelberger, St. Louis, Missouri 63109::**

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**314-623-4351**

**EDUCATIONAL BACKGROUND**

* ***Bachelor of Science in Nursing*** *2018*

Goldfarb, Barnes-Jewish School of Nursing

 St. Louis, Missouri

* ***Bachelor of Arts in Mass Communication*** *1999*

University of Missouri, St. Louis

 St. Louis, Missouri

**CERTIFICATIONS**

* Basic Life Support (BLS) *2017 – Present*
* Advanced Cardiac Life Support (ACLS) *2019 – Present*

**NURSING LICENSURE**

|  |  |
| --- | --- |
| * Missouri
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**PROFESSIONAL EXPERIENCE**

***Barnes Jewish Hospital 1/2019-present***

St. Louis, Missouri

**RN, Cardiac Step-down, 12200**

* All aspects of care for Cardiovascular and Med/Surg patients (LVADs, cardiac infusions, s/p catheterization, ICDs, transcutaneous pacing, chest tubes, etc.)
* Delivers exceptional, compassionate care to all patients and families
* All aspects of care of Medical Surgical patients (Sepsis, GI Bleeds, wounds & wound vacs, drive line infections, etoh withdrawal, blood transfusions, etc.)
* Hemodynamic monitoring via central lines, trending of mixed venous saturation readings and arterial blood gases
* Management of vasoactive, inotropic, and anti-thrombotic infusions
* Neurological monitoring
* Drain management including but not limited to chest tubes, NGT, JP drains, & wound vacs
* Participation in rounds with Attendings, Surgeons, Fellows, and Residents with full responsibility of updating and suggesting plan of care (POC) to multi-disciplinary team; management of plan of care (POC)
* Mentor for new support staff
* Initiates treatments, medications, emergency and resuscitative measures based on standing protocols and orders
* Administers therapeutic measures as prescribed by the physician
* Observes and assesses critically ill patients' health status via physical assessment
* Provides nursing care in a holistic approach to healing patients
* Operates and monitors specialized equipment
* Knowledge of hospital management and policies
* Cared for ill cardiac/med/surg/stroke/ patients using best practices and quality measures as set forth by the American Stroke Association/American Heart Association/Surviving Sepsis Campaign
* Understanding of various protocols for ischemic and hemorrhagic stroke (including time of symptomology, CT, tPA, and stent retrievers for ischemic stroke; time of symptomology, CT, coiling, stents, and clipping for hemorrhagic stroke)

***Giuseppe’s Ristorante 1993 – 2008***

St. Louis, Missouri

Closed 2014

**Floor Manager**

* All scheduling needs for staff
* Organized seating chart and reservations for restaurant
* Excellent customer service to patrons
* Managed kitchen and staff, ensuring timely delivery of food
* Managed and resolved any issues that would arise with customers

***MAC Cosmetics 2001 -- 2006***

St. Louis, Missouri

Location closed at St. Louis Galleria

**Manager & Keyholder**

* All scheduling needs for staff
* Open/close store, responsible for daily deposits
* Balancing registers daily
* Ordering stock/supplies
* Managed and resolved any issues that would arise with customers

**Kudos**

* From a patient at Barnes Jewish Hospital via iCare:

“Anita was caring and concerned about me and made me feel comfortable as a patient. She would give me coffee even if she wasn’t my nurse for the night. She knew exactly how many packs of creamer I wanted. She made me ***feel*** special.”