ANNE KARANJA

Cibolo, Texas 78108 - 210-995-1435 - Boinak2002@gmail.com

Summary

Dedicated and well-qualified RN offering proven skills in patient care, medication administration and treatment implementation. Detail-oriented, responsive and proficient in routine care and emergency response. Offering 10 + year record in field and looking for challenging, long-term position. COVID-19 Response.

Skills

- Excellent customer service
- Patient care planning
- Cardiac monitoring
- Palliative and Pain Management
- Disease management programs
- ELNEC training (End-Of-Life-Care)
- Advanced Cardiac Life Support (ACLS) certification
- Medication and IV administration/titration
- Computer skills

- Immunization skills
- Changing tracheostomies
- Charting and documentation
- IV drug therapy management
- Geriatric treatment knowledge
- Disaster COVID-19 Response
- · Infectious disease control
- Patient education and counseling

Experience

Austin Regional Infusion Center

RN Staff Nurse

Austin, TX

- Answered patient questions and provided take-home materials for further information.
- Administered IV medications to patients and monitored responses.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Facilitated strategic goals aimed at increasing satisfaction and improving outcomes through compassionate, precise and high-quality nursing care.
- Inserted and managed peripheral lines.
- COVID-19 Response, Monoclonal IV infusion. (contract job)

ALTUS HOSPICE

September 2019 to Current

January 2020 to Current

RN CM

San Antonio, TX

- Educate families on recognizing and providing safe competent care for the patient and end of life sign and symptoms.
- Work as part of palliative care team and supervise the care of certified nurse's aides and LVN's and collaborate with Chaplin, social workers and volunteers.
- Advocated for patients by identifying insurance coverage, communicating care preferences to practitioners and verifying interventions met patients' treatment goals.
- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team.
- Developed appropriate care plans for at-risk individuals and high-risk families.

• Disease and symptom management at end of life.

Christus Santa Rosa New Braunfels

RN IMCU

New Braunfels, TX

- Providing special care to patients who had undergone open heart surgery, pacemaker, angioplasty, heart catheterization, to name a few.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Developed and maintained quality care systems and standards, including creating and improving medical protocols and guidelines.
- Managed and provided leadership to help staff with direct and indirect patient care and telemetry monitoring.
- Coordinated and managed care for patients undergoing myocardial infarction screening and anticoagulation therapies.

St Luke's hospital woodlands

December 2009 to May 2012

July 2012 to August 2019

RN TELEMETRY FLOOR

The Woodlands, TX

- Carefully designs strategies to meet identified learning needs Works under the supervision of physicians to devise cardiac rehabilitation treatment plans and other plans of action.
- Utilized telemetry to monitor patients cardiac status.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization due to complications.
- Administered medications in proper dosages as detailed by physicians on patient charts.
- Recorded patients' medical history, vital statistics and test results in electronic medical records.

Woodlands HealthCare Center

August 2005 to October 2009

LVN

Lake Drive, Conroe TX

- Collaborated effectively with an interdisciplinary team of medical and health care professionals.
- Safely administer medications, and educate patients and their families on diseases process and other aspects of therapeutic regimens, including pain management.
- Monitored infection control procedures to verify facility-wide health and safety.
- Observed strict confidentiality and safeguarded all patient-related information.

Education and Training

San Jacinto College

August 2005

5800 UVALDE RD, HOUSTON TX, 77049: LVN

Houston, TX

San Jacinto College District

August 2009

ADN

Pasadena, TX

The University Of Texas At Arlington

December 2020

RN TO BSN

Arlington, TX

Activities and Honors

Deans list

Certifications

CPR certified through American Heart Association, ACLS

Interests

Traveling, listening to christian music, cooking, volunteering at women shelters.

Additional Information

• LICENSES , Texas Registered Nurse license #-774131 Texas Licensed Vocational Nurse # 201307

References

To be provided if requested