Jessica L. Smith

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**EDUCATION**

**Lynchburg College**, Lynchburg, VA, May 2016 – May 2018

Bachelor of Nursing: GPA; 3.68

* TNCC certified
* PALS certified
* ENPC certified
* ACLS certified
* BLS certified

**East Carolina University College of Health and Human Performance,** Greenville, NC, August 2011 - August 2015 Graduate

Bachelor of Science in Health and Human Performance, Health Fitness Specialist Major GPA: 3.3

ECU Honor Roll: Deans List; Averaged a 3.40 GPA during my senior year while

working 20+ hours per week.

Pre-Physical Therapy Club Member

CPR/First Aid Certified

 350 Observation hours in multiple physical therapy settings - hospitals, nursing

 homes, orthopedics.

**PROFESSIONAL EXPERIENCE**

**New Hanover Regional Medical Center,** Wilmington, NC July 2018- Current

Registered Nurse; Emergency Department

* Able to use critical thinking skills when needing to asses a patient’s health, as well as detect changes in symptoms
* Able to remain calm when faced with urgent, life-or-death situations

**Grand Strand Medical Center**, Myrtle Beach, SC July 2020- Current

Per Diem/contract- Registered Nurse: Emergency Department

* Level 1 Trauma Center
* Faces multiple critical patients, with differing needs, able to prioritize and be organized

**Vidant Medical Center,** Greenville, NC 27834

January 2018- July 2018

Mental Health Technician

* Make rounds on patients every 15 minutes to insure their safety
* Lead community groups

**Key Fitness,** Nashville, NC, 27856 October 2015 - May 2017

Health Fitness Specialist

* Developed exercise prescription workload for new clients
* Monitored clients during exercise including blood pressure and heart rate
* Measured clients body mass index, waist circumference, weight

**Biomet Orthopedics,** Cary, NC 27511 August 2015 - October 2015

Sale Representative

* Worked closely with Orthopedic Surgeons in operating room and other sale representatives dealing with total hip and knee replacements
* Worked as a team to individualize which device would work best for each patient