DIVYA K. MATHEW, BSN, RN

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OBJECTIVE

Passionate and versatile Registered Nurse with 4 years of diverse experience. Seeking to leverage clinical and inpatient background to deliver the highest level of care and improve operational efficiency.

CAREER SUMMARY

KELSEY-SEYBOLD CLINIC – Houston, TX   October 2019- October 2020
Behavioral Health & Family Medicine Registered Nurse II
Provided care to patients of all ages who suffer from any type of mental illness or mental distress including schizophrenia, bipolar disorder, psychosis, dementia, depression and substance abuse

- Performed behavioral health diagnostic tests and medication management used in the treatment of behavioral health disorders.
- Provided health education to the patient and family members according to diagnosis ensuring adequate understanding and confidence in the treatment plan.
- Communicated with insurance companies to provide utilization review.
- Assisted patients with obtaining durable medical equipment, diagnostic and therapeutic procedures.
- Organized and communicated treatment plan with interdisciplinary care team to ensure safe transition in care.
- Implemented appropriate protocols to triage and handle psychiatric emergencies.

CHI ST. LUKE'S MEDICAL CENTER – Houston, TX   August 2018- September 2019
Registered Nurse II
Served as an RN on a surgical specialty unit that specializes in the care of Urology, Obstetric/ Gynecologic, Plastic, ENT, Orthopedics and Neurology patients.

- Initiated evidence-based protocols according to the patient's admission diagnosis and proposed an appropriate transition plan of care within 48 hours of admission with the interdisciplinary care team.
- Served as an advocate for the patient and family throughout entire hospital care and identified risks and patient concerns maximizing patient safety.
- Assisted in organizing home care services such as placements, home hospice, DME, social work, physical therapy and occupational therapy.

- Admitted and discharged patients which include admission assessments, discharge planning and health teaching to patients, family and healthcare team.
- Recorded patient & family interactions and interventions related to discharge planning in the electronic medical record system.

CARITAS HOSPITAL – Kerala, India   September 2014- October 2016
Registered Nurse

- Practiced as a full time RN in Medical-Surgical, ICU, E.R., Psychiatry Unit, Pediatric Unit, Neonatal ICU, Labor Room & Postpartum Unit as part of post-graduation experience
- Identified early signs of decline in critically ill patients and collaborated with the treatment team and rapid response code.
- Utilized skills learned during nursing school such as tracheal suctioning, EKG lead placement, Foley catheter insertion.

LICENSES & CERTIFICATIONS

Registered Nurse, State of Texas   October 2018 - Current

Registered Nurse, State of California   June 2018 - Current

BLS Certification, American Heart Association   September 2018 - Current

ACLS Certification, American Heart Association   March 2019 - Current

PALS Certification, American Heart Association   March 2019 - Current

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EDUCATION

Bachelor of Science in Nursing – Caritas College of Nursing, Kerala, India