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| Asmita Adhikari  Register Nurse | 6909 Robbin Loop Unit B Fort Sill, OK 73503 Cell: (469) 434-4849 asmitagaurav1@gmail.com |

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| **SUMMARY** |  |

Qualified Register Nurse with 2.5+ years of experience in a leadership nursing role. Adept at critical care and management with training in patient education and leadership. Self-directed and solutions-oriented with fantastic communication skills. Committed to increasing the quality of patient care through top-of-the-line time management and prioritization.

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| **KEY QUALIFICATION** |  |

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| * Program Support | * Companionship and emotional support |
| * Reintegration Techniques | * Bilingual in Hindi & Nepali |
| * Special need understanding | * Strong work ethic |
| * Resolute and dependable | * Patient-focused care |
| * Cheerful and energetic | * Patient Management |

KEY QUALIFICATIONS

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| **WORK EXPERIENCE** |  |

**Lead Child and Youth Program Assistant**

**Cooper Child Development Center**

Jan 2019 – Oct 2020

* Maintained effective schedule balance between rest periods, active play, and instruction.
* Enforced rules and managed behavior through developmentally appropriate discipline.
* Sanitized dishes, tabletops, toys, and frequently touched surfaces to prevent spreading of germs.
* Worked with children individually and in groups to teach social, communicative, and problem-solving skills.
* Met with parents about daily activities, positive developments, and issues.
* Monitored entrances and exits to maintain safety and organized environments.
* Kept notes of behavior issues, food served, and medications administered to children.
* Helped children develop motor skills in preparation for preschool and kindergarten.
* Observed play activities to identify positive behaviors and areas in need of improvement, implementing behavior redirection where appropriate.

**Cashier and Waiter**

**Little Nepal**, Colorado Springs, CO

Dec 2016 – Feb 2017

* Helped customers complete purchases, locate items, and join reward programs to promote loyalty, satisfaction, and sales numbers.
* Maintained order efficiency and accuracy through clear communication with kitchen staff, earning numerous recommendations from satisfied customers.
* Shared knowledge of menu items and flavors, enabling customers to make personal decisions based on taste and interest.
* Decreased customer wait times by enlisting coworker’s assistance for multi-order delivery to avoid spilling or dropping food.
* Upsold high-profit items such as appetizers and mixed drinks to enhance sales numbers.
* Arranged tables for customers, following established preparation procedures to provide guests with excellent experiences and foster repeat business.

**Register Nurse**

**College of Medical Sciences**, Bharatpur, Nepal

Oct 2014 – Oct 2016

* Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.
* Fostered improvement in all operational facets, including staff development, personnel training, and standards of patient care.
* Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
* Gathered lab specimens, ordered testing and interpreted results to diagnose patients.
* Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
* Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
* Monitored patient condition, including interpreting, and tracking EKG readings, identifying irregular telemetry readings, and updating team members on changes in stability or acuity.
* Audited charts and reviewed clinical documents to verify accuracy.
* Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
* Motivated nursing staff to pursue advanced training and collaborated with unit leaders to identify skill needs.

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| **EDUCATION** |  |

**Nursing**

Narayani Samudayik Hospital Limited, Health Block

2010-2013

* In this program I have learned to provide and coordinate patient care, educate patients and the public and provide guidance and emotional support to patients and their family members.

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| **Certifications** |  |

**Licenses with Texas**

* License Number: 1031077
* License Type: Registered Nurse
* License Expiration: 28 Feb 2022