

# Shelby Custer

## **RN - ICU/Trauma Experienced, COVID experienced**

Phoenix, AZ 85022

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623-255-9292

Skilled medical professional, new graduate RN, seeking employment as an asset to teamwork, collaboration, innovation, compassionate care, and patient-centered care by utilizing current evidence-based practice models.

I've worked in the ICU during the COVID pandemic and have become proficient in the specialty care these patients need. I am an expert in the PPE required, and I have gained the knowledge, skills, and capabilities of taking care of this special population.

Furthermore, I have 5 full years of ICU/CVICU experience as a patient care technician before transitioning to the RN position. I am trained in emergency management and have a solid foundation of caring for critically ill patients in all aspects of CCU, including trauma, neurology/stroke, cardiovascular, PAH, post-cath heart care, and other complex care situations.

Authorized to work in the US for any employer

## Work Experience

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### **ICU/CVICU- Registered Nurse (RN)**

HonorHealth - ICU/CVICU - Phoenix, AZ

August 2020 to Present

The RN's practice is guided by the ANA Standard for Professional Nurse and Code of Ethics. The RN has knowledge of professional nursing principles, practices, concepts, and procedures as applied to the care of the patient population served. The RN records patients' medical history and symptoms help perform diagnostic tests and analyze results, operate medical equipment, administer treatment and medications, and help with patient follow-up and rehabilitation. The RN establishes a care plan or contributes to an existing plan. The plan may include activities, such as administering medication, including careful checking of dosages and avoiding interactions; starting, maintaining, and discontinuing intravenous (IV) lines for fluid, medication, blood, and blood products; administering therapies and treatments; observing the patient and recording those observations; and consulting with physicians and other healthcare clinicians. The RN teaches patients and their families how to manage their illnesses or injuries, explain post-treatment and home care needs; diet, nutrition, and exercise programs; and self-administration of medication and therapy. The RN provides direction to licensed practical nurses and nursing aides regarding patient care and delegates when appropriate.

### **ICU/CVICU-RN Extern**

Honor Health Network - Phoenix, AZ

July 2020 to August 2020

Work under the scope of practice of a Nurse Extern until licensure is completed. Scope of practice is working under a licensed RN, working within the RN scope of practice without medication administration.

## **ICU/CVICU-Patient Care Technician (PCT)**

Honor Health - Phoenix, AZ

May 2015 to August 2020

Critical Thinking/Clinical Judgement, Skin/wound care; Transport patients to/from/in beds; wheelchairs, gurneys, etc.; Vital sign acquisition (HR, BP, BG, Temperature, RR, O2%, etc.); Making/Updating patient charts; Cleaning and organizing, Secretarial, Great customer service.

## Education

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### **Bachelor's in Nursing**

Aspen University - Phoenix, AZ

July 2018 to July 2020

### **Associate's degree in Emergency Management**

Paradise Valley Community College - Phoenix, AZ

2013 to 2015

## Skills

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- Critical Care Experience
- ICU Experience

## Awards

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### **Sunshine Award**

January 2019

The sunshine award is a monthly award that recognized non-nursing support staff for outstanding work, and going above and beyond Honor Health values.

### **FNSNA Promise of Nursing Award**

April 2019

This is Nationally recognized scholarship that awards one student from each qualified state in an undergraduate nursing program who shows extraordinary promise to the innovation and advancement of the nursing profession.

## Certifications and Licenses

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### **Basic Life Support for Healthcare Providers**

November 2021

### **NIH Stroke Scale**

January 2021 to January 2022

### **ALCS**

November 2021

## **RN**

### Groups

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#### **Student Nurses Association of Arizona**

October 2018 to July 2020

Two-year consecutive executive board member position of Vice President.

#### **AACN - GPAC**

January 2020 to Present

American Association of Criticalcare Nurses - Greater Phoenix Area Chapter