**Alane Fideler, CST**

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917 W 158th st, Burnsville, MN, 55306

952-201-7228

**Objective**: Certified CVOR Tech

**Experience/Skills**

**Surgical Technologist**

* Completed 5.5 years of scrubbing cases in a variety of surgical specialties including 5.5 years in cardiothoracic (including transplants), trauma, vascular, general, and pulmonary; 2 years OB/gyn, urology, ENT, podiatry, and orthopedics. Assisted preoperatively and postoperatively with transferring, positioning, and preparing the patient; draping, setting up equipment, and counting sponges, instruments, and needles.
* Maintained sterile field including scrubbing, gowning, gloving myself as well as team members, and prepared the back table and Mayo stands according to the procedure; ensured aseptic technique by checking integrity of wrapped/peel-packed items, and observed for breaks in the sterile field during each case.
* Contributed technical assistance during surgery by retracting, cutting suture, suctioning, passing instruments, adjusting overhead lights as necessary, caring for specimens, monitoring medication use and fluid loss, assisting with going on and off heart-lung bypass, and anticipated the surgeon’s needs throughout.
* Participated in in-service training programs regarding new equipment and instruments, including Joint Commission certification requirements, as well as patient safety issues.

**Sterile Processing**

* Operated autoclaves, decontamination and sterilization equipment (steam, V-Pro, and Sterrad) in a 28 and 8 OR facility according to Joint Commission standards. Observed indicators to ensure exposure to the sterilization process; picked cases according to the surgeon's preference card and availability; noted where quick turnover of supplies and instruments was required
* Supported surgical staff in emergencies requiring flash sterilization and fast equipment turnover; communicated with the surgical staff regarding needs in emergencies and add-on cases.

**Direct Patient Care**

* 8 years of experience caring for disabled individuals; includes diaper changes, G and J-tube feedings, medication administration, physical therapy exercises, respiratory care, and assistance with activities of daily living as well as emotional support.
* Utilized CPR skills on patients with seizure disorders in 10 different instances; patient returned to normal activities in each incident.
* Recognized for excellent care with clients by improving patient morale and promoting healing.
* Maintained a high level of integrity by keeping patient information confidential in accordance with HIPAA.

**Work History**

CVOR tech, Abbott Northwest, Minneapolis, MN May 2020-present

Certified Surgical Technologist, Essentia Health, Fargo, ND (contract) November 2019-January 2020

Certified CVOR tech, Saint John’s Hospital, Tulsa, OK (contract) September 2019-November 2019

CVOR tech, North Kansas City Hospital, North Kansas City, MO (contract) May 2019- August 2019

Surgical Technologist, University of Minnesota East Bank, Minneapolis, MN July2016-May2019

Certified Surgical Technologist, Trinity Hospital, Minot, ND May 2015 – June 2016

**Education/Certification/Training**

National Board of Surgical Technology, Certificate #192027

Associate’s in Surgical Technology (with honors), 2012, Rasmussen College, Moorhead, MN