Teal Podraza

Registered Nurse

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# EXPERIENCE

## Nebraska Medicine, Omaha, NE-

##  *Registered Nurse*

SEPTEMBER 2020 - PRESENT

* Assisted patients in following up with physician orders.
* Ensured patients transitioned from hospital to home.
* Triaged patients over the phone.

## Planned Parenthood, Lincoln, NE *- Registered Nurse*

FEBRUARY 2018 - SEPTEMBER 2020

* Collected lab specimens including swabs, cultures, and blood draws.
* Assisted physicians in procedures including IUD insertions.
* Started and maintained IV lines and administered medications.

## Bryan Medical Center East, Lincoln, NE *- Registered Nurse*

MARCH 2017 - FEBRUARY 2018

* Collected patient history and vital signs and provided pertinent education.
* Communicated patient status to physicians and administered appropriate care.
* Ensured operation of IV pumps, feeding tubes, catheters, and oxygen.

# EDUCATION

## Union College, Lincoln, NE *- Bachelor’s in Science in Nursing*

Graduated DECEMBER 2016

# CERTIFICATIONS

## BASIC FIRST AID/ BASIC LIFE SUPPORT, December 2019

##  ADVANCED LIFE SUPPORT, January 2020