**Natalie Cabrera**

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254-554-1007

1438 Neff Dr. Copperas Cove, TX 76522

**PROFILE**

Skilled team player with strong background in critical care environment looking to obtain a registered nurse position within your Health Care System. Proven ability to build positive relationships with patients, family members, and healthcare professionals. Works well independently to handle assignments and always ready to go beyond basic assignments offering the knowledge and abilities necessary to deliver exceptional care to every patient.

**EDUCATION**

University of Texas at Arlington 08/2021

Master of Science in Nursing, currently enrolled

GPA 3.7

Texas Tech UHSC School of Nursing 12/2014

Accelerated Second Degree Program, Austin campus

Bachelor of Science in Nursing, GPA 3.8

Mercy College, Dobbs Ferry, N.Y 12/ 2003

Bachelor of Science, Veterinary Technology, GPA 3.8

**CERTIFICATIONS and Licenses**

**Registered Nurse** in the state of Texas, 01/2015- current License number 869749

**BLS** for Healthcare Providers, American Heart Association, Current, 2021

**ACLS** (Advanced Cardiac Life Support), Current, 2021

**PALS** (Pediatric Advanced Life Support), Current, 2021

**EXPERIENCE**

**PRN Rewards Staffing RN 02/2018- Present**

*Baylor Scott and White Medical Center. 2401 S 31st St, Temple, TX 76508*

Work as a staff RN, where I float across a minimum of three facilities within the ICU specialties in the BSW Central Texas Region (Temple, Round Rock, College Station, Waco, Brenham and Marble Falls). The units include medical ICU, surgical ICU, cardio-thoracic ICU, and continuing care. Also, float as needed to Family Medicine Clinics where I assist care providers with immunizations and various medical treatments. I work around the clock to deliver the best care to our patients and their families. Trained and educated to work with a wide variety of patient diagnoses and able to cope with the emotional aspect of working with these types of patients. Responsible for using clinical reasoning, developing, implementing and evaluating the nursing plan of care, managing both emotional and physical patients, assessing patient and family level of understanding to provide effective communication and education, working collaboratively with medical staff and providing quality care in a compassionate and professional manner.

**Cardio-thoracic Intensive Care RN, Clinical Coach, Relief Charge Nurse 01/2015- 02/2018**

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Worked full-time, handling emergency situations and stabilized patients alongside physicians and other healthcare professionals. Responsible for providing care for patients before and after cardiac surgery, valve replacements, heart transplants, placement of left ventricular assistive devices. Sound knowledge of cardiac equipment including, left ventricular assistive devices, ECMO, and Intra-Aortic Balloon Pump. Strong critical thinking, decision making, and communication skills. Performed documentation. Setting goals with patients and delivering education on current conditions, medications, and care. Work with patients and their families to teach them how to manage cardiovascular disease, educate them on dietary and other measures of minimizing heart risk and help with postoperative rehabilitation. Served as a clinical coach and provided orientation, clinical teaching, and education to new staff. Served as a relief charge RN. Responsible for managing, supervising, and assisting the nursing staff, as well as providing administrative support. Provided guidance where necessary.

**Skills**

-Managed patients with left ventricular assistive devices - Tracheostomy care

-Managed external ventricular drains - Oral hygiene on vented patients

-Placement and management of feeding tubes - Perform EKG’s

-Peripheral and central line lab draws - CRRT management

-Procedural assistance - IV placement

-Diagnostic assessments -Critical thinking

-HIPPA compliance -Time management

-Manage sedation and paralytics per policy -Communication

-Patient advocate -Strong work ethic

**References Available Upon Request**