**Khadijah Palmer RN**

***kpalmer0114@gmail.com*** **(813) 362-7507**



**REGISTERED NURSE**

***Patient Care ● Organized ● Great communication skills***

 ***● Empathetic ● CPR/BLS certified***

Upbeat, Friendly, and motivated Registered Nurse seeks to obtain a position with a well-established hospital or medical facility that will allow the use of medical knowledge, communication skills and team building skills, as well as strong organization ethic. Typing speeds average 35-40 words per minute and proficient in MS Office (Word, Powerpoint, Excel, Outlook).



**EDUCATION & RELATED CERTIFICATIONS**

 **Registered Nurse: RN9531506**  *State of Florida (Compact state license)*

 **Registered Nurse: RN97554** *State of Hawaii*

 **Bachelor of Science in Nursing**  *South University*

 **CPR/BLS/ACLS/NIHSS** *American Heart Association*

 **High School Diploma** *Davenport North High School*

**PROFESSIONAL ACHIEVEMENTS**

Modoc Medical Center

***RN- Med surg Tele/ED*** *Jan 2021- Mar 2021*

* Able to disperse care to 4 or more patients
* Practiced autonomy and advocated for patients
* Provided direct patient quality care and monitored, recorded and evaluated patient data
* Developed nursing care plans in conjunction to interdisciplinary team evaluations
* Delegated tasks to ancillary staff while assisting as able
* Assessed and evaluated patients
* Knowledge of pharmaceuticals, their desired effects, side effects, & complications of their use
* Reviewed medications with patients to assure they are educated in their treatments
* Administered medications after reviewing all data pertinent to medical effects
* Practiced and provided clear communication and understanding to patients, visitors, physicians and staff.
* Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
* Remain dependable, reliable and punctual.
* Maintains professional and technical knowledge by attending educational workshops and participating in professional societies.
* Knowledge of nursing care principles, practices and procedures.
* Experience operating medical equipment
* Skill in setting up & operating specialized medical equipment such as resuscitators, cardiac monitoring devices, EKG units, oxygen analyzers, & ventilators
* Ability to assess patient care needs, develop nursing care plans, & advise on changes in patient status.
* Performed assessments, obtained vitals and documented findings
* Collected various samples (blood, urine, stool).
* Performed or directed advanced life support procedures

Express Employment

***School Nurse, Island Pacific Academy, Kapolei, HI*** *Oct 2020- Jan 2021*

* Provide basic healthcare to students in case of injury or acute illness
* Develop health plans for students with chronic illnesses and disabilities
* Educate students and staff on healthy habits, such as proper nutrition and hygiene
* Detect health problems in early stages through regular screenings
* Keep track of students’ vaccination records
* Update students’ medical history
* Ensure school environment is safe for children and school staff (e.g. prevention of communicable diseases)
* Write referrals for pediatricians and other health specialists
* Ensure compliance with national and local health laws
* Provide basic healthcare to students in case of injury or acute illness
* Develop health plans for students with chronic illnesses and disabilities
* Educate students and staff on healthy habits, such as proper nutrition and hygiene
* Keep staff , students and parents up to date with Covid-19 regulations
* Record any exposures to Covid-19 and alert staff and parents

***Ventilator/Acute Care RN, Care Centers of Honolulu, Honolulu, HI*** *Oct 2020- Jan 2021*

* Assess and monitor patient conditions
* Checking symptoms and vital signs and arranging diagnostic tests
* Developing on-going care plans
* Administering intravenous drips or different types of medication
* Checking and using specialized equipment such as monitors and ventilators
* Participate in the development of practice protocols.
* Perform administrative duties that facilitate admission, transfer, or discharge of patients.
* Assess the needs of patients' family members or caregivers.
* Analyze the indications, contraindications, risk complications, and cost-benefit tradeoffs of therapeutic interventions.
* Diagnose acute or chronic conditions that could result in rapid physiological deterioration or life-threatening instability.
* Distinguish between normal and abnormal developmental and age-related physiological and behavioral changes in acute, critical, and chronic illness.

Kahu Malama Nurses

***Covid Swab nurse*** *Sept 2020- Jan 2021*

* Perform COVID testing (Experience performing Nasopharyngeal Swabs) at pop- up testing sites in Hawaii
* Ensure exam entry is complete
* Collect lab results and ensure safe delivery of lab samples
* Instruct clients how to administer test

***Shot clinic Nurse***

* Assess and record documentation according to immunizations
* Assure correct handling and distribution of Immunizations
* Provide teaching and answered any questions about immunizations and potential side effects
* Stayed up to date on current distribution methods

Hawaii Health & Harm Reduction Center-

Temporary Quarantine and Isolation Center, Honolulu, HI

***RN- Covid /Quarantine field unit*** *Aug 2020- Sept 2020*

* Performed assessments, obtained vitals and documented findings
* Collected various samples (blood, urine, stool).
* Able to disperse attention and care for 7 patients
* Delegated tasks to ancillary staff
* Administered medications after reviewing all data pertinent to medical effectiveness along with doctor orders
* Performed wound care on various wounds
* Reviewed patients medical and mental history of patients
* Observes and reports behavioral changes in patients
* Help patients improve coping abilities
* Practice autonomy in the field setting
* Work with Doctors, Case managers and other staff to design appropriate treatment plan for clients
* Performed administrative assignments such as filing, answering phones, typing, and completed progress notes on medical computer system
* Applied professional nursing concepts, principles, practices and nursing standards
* Experience implementing established protocols and standing orders for handling patients
* Experience providing care to patients whose conditions are characterized by extremely complex health care needs
* Experience in human behavior and the ability to communicate with and provide nursing services to patients
* Knowledge of professional nursing care theories, principles, practices, & procedures to perform nursing assignments of moderate difficulty
* Knowledge of a variety of pharmacological agents used in patient treatment, the desired effects, side effects, & complications of their use
* Knowledge of the administrative requirements for proper documentation of patient condition including disease progress, acknowledgement of teaching, & follow up care.

Tampa General Hospital *Mar 2020- Aug 2020*

***Medical Surgical Rotational RN (Ortho trauma/Med tele/Post covid)***

* Knowledge and understanding of Epic EMR systems
* Able to disperse attention and care for 5 patients evenly
* Practiced autonomy and advocated for patients
* Provided direct patient quality care and monitored, recorded a nd evaluated patient data
* Developed nursing care plans in conjunction to interdisciplinary team evaluations
* Delegated tasks to ancillary staff while assisting as able
* Assessed and evaluated patients
* Knowledge of pharmaceuticals, their desired effects, side effects, & complications of their use
* Reviewed medications with patients to assure they are educated in their treatments
* Administered medications after reviewing all data pertinent to medical effects
* Practiced and provided clear communication and understanding to patients, visitors, physicians and staff.
* Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
* Remain dependable, reliable and punctual.
* Maintains professional and technical knowledge by attending educational workshops and participating in professional societies.
* Knowledge of nursing care principles, practices and procedures.
* Experience operating medical equipment
* Skill in setting up & operating specialized medical equipment such as resuscitators, cardiac monitoring devices, EKG units, oxygen analyzers, & ventilators
* Ability to assess patient care needs, develop nursing care plans, & advise on changes in patient status.

South University of Tampa *Apr 2018- December 2019*

***Nursing Student / Vice President of Student Nurses Association***

* Maintain over an 3.0 GPA
* Demonstrates knowledge and application of the nursing process
* Practices and provides clear communication and understanding to patients, visitors, physicians and staff.
* Works side by side RN to implement patient care, document patient responses and facilitate assessments in regard to physiological and psychosocial statuses.
* Remain dependable, reliable and punctual.
* Assumes duties of the president in the absence, disability or vacancy of the president
* Assist and support other board members
* Work with the President and the director to create events to better the student body and the NSNA

***Emergency Room/Trauma Bay/Medical Surgical preceptorship***

* Assisted physician and RN’s in performing Advanced Cardiac Life support
* Administered prescribed medications to patient
* Assisted patient to understand medications and medication regimen
* Reviewed patient records
* Changed wound dressings
* Collected various samples
* Administered oxygen and IV fluids as needed
* Started IV’s

**Clinical Experience**

Tampa General Hospital *July 2018- December 2019*

* Level 1 trauma center
* Medical Surgical rotation: 1 year
* Emergency Room rotation & preceptorship: 1 year
* Pediatric: 3 months
* Labor & delivery/NICU: 3 months
* Acute Care: 3 months

St. Petersburg General Hospital *Apr 2019- October 2019*

* Medical surgical floor: 3 months
* ICU: 3 months

Baypines VA Hospital *July 2019- October 2019*

* Mental health rotation: 3 months
* Medical surgical rotation: 3 months
* OR rotation: 3 months

**References:**

1. Edward Johnson
	1. Nurse Manager
	2. 5307088803
2. Nikia Leslie- Kahu Malama
	1. Nurse Manager
	2. nleslie@kahumalama.com
3. Jessica Burritt – Tampa General Hospital
	1. Clinician
	2. 8135088790
4. Jayde Slimak - Tampa General Hospital Registered Nurse
	1. Coworker
	2. 8134163596
	3. jaysli0503@gmail.com
5. Jamie Boling- H3RC
	1. Nurse Manager
	2. 7402437940
	3. jamiekopera@gmail.com