
Jason Louis Fishbein

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Education

- 2003 – 2005 **Frostburg State University**
Frostburg, MD
Major: Chemistry
Honors: Phi Eta Sigma Honor Society, Dean's list
- 2005 – 2007 **University of Miami**
Coral Gables, FL
Bachelor of Art in Psychology
Honors: Ronald A. Hammond Scholarship, Dean's list, Provost's Honor roll
- 2009 – 2014 **Medical University of Lublin**
Lublin, Poland
Doctor of Medicine
- 2017 - 2020 **Florida International University**
Miami, Florida
Bachelor of Science in Nursing/Master of Science in Nursing (Family Medicine)
Dean's list, Summa Cum Laude
Overall GPA: 3.9

Certifications

- 2019 BLS
- 2019 ACLS
- 2019 Florida Board of Nursing
- 2020 PALS
- 2020 Critical Care Registered Nurse (CCRN)
- 2020 DOT National Registry of Medical Examiners
- 2020 American Academy of Nurse Practitioners Family Medicine (FNP)

Work experience

2003 – 2007 **Tennis For Life, Baltimore, Maryland**

Tennis Instructor, Preceptor: Lynn Morrell

- Taught tennis to low-income Baltimore City children.
- Helped children in math and reading skills, as well as with self-esteem issues.

2005 – 2007 **University of Miami, Coral Gables, Florida**

Tutor/Instructor

- Tutored pre-medical students on various topics in Organic Chemistry, Physics, General Chemistry, and Biology.
- Helped students achieve higher test scores on exams in their science courses.

2007 – 2009 **Orthodontic Associates, Baltimore, Maryland**

Dental Assistant, Preceptor: Dr. Jeffrey Miller

- Replaced patient's rubber bands and wires from orthodontic brackets.
- Discussed with patients on how to use mouth guards and dental retainers.
- Created a website and email server for the orthodontic practice.

2010 **Dr. Jeffrey Epstein, Otolaryngology Surgery, Miami, Florida**

Observer, Preceptor: Dr. Jeffrey Epstein

- Took patient histories, while giving pre-operative and post-operative instructions, and answered common patient questions.
- Created a summer blog for Dr. Epstein, which I wrote about different cases that were presented in his office.
- Allowed me to examine a wide variety of cases and developed critical thinking skills in order to determine treatment plans to follow.

2014 – 2015 **Union Memorial, Internal Medicine Department, Baltimore, Maryland**

Observer, Preceptor: Dr. Stephanie Detterline

- Assisted the Internal Medicine Department's house staff with their day-to-day responsibilities, including patient care duties.
- Obtained patient documents/information from other providers, set up outpatient appointments for patients, discussed discharge instructions with patients, researched and presented various topics to discuss during rounds.
- Gained experience working in a team with other healthcare providers, in order to provide adequate patient care.
- Participated in Grand Round lectures.

2015 **UsmleAdvising.com, Baltimore, Maryland**

Instructor/Tutor

- Helped prepare medical students for their licensing examinations which included USMLE Step 1, USMLE Step 2 CS, and USMLE Step 2 CK.
- Developed study plans/schedules for students.
- Tutored Biochemistry, Anatomy & Physiology, Pharmacology, and Pathophysiology.
- Tutored Internal Medicine including Cardiology, Nephrology, Neurology, Dermatology, and Gastroenterology.

- Solidified Basic Science and Clinical Medical knowledge.

2016 **Drexel Functional Externship, Philadelphia, PA**

Student, Preceptor: Dr. Nielufar Varjavand

- Enhanced clinical skills and medical knowledge.
- Became more proficient in presentation of history, physical examinations, ascertaining patients' acute symptoms, and furthering knowledge on interpreting basic lab tests and radiology data.
- Improved interpersonal and communication skills by participating in simulated patient exercises, which were videotaped and carefully critiqued by the program director.
- Practiced how to effectively communicate with patients in regards to ethical issues, such as breaking bad news and confronting medical errors.
- Achieved goals for personal and professional growth, and commitment to become a successful healthcare provider.
- Participated in Grand Round lectures.

2016 - 2017 **University of Maryland, Department of Family and Community Medicine, Baltimore, MD**

Observer, Preceptor: Dr. Yvette Rooks

- Assisted with patient care duties in the outpatient clinic.
- Participated in didactic lectures and resident workshops including practicing outpatient procedures and refining physical examination techniques.
- Participated in Grand Round lectures.
- Further enhanced medical knowledge and clinical skills, as well as continued to stay up to date on important trends in health care.

2019 - Present **North Shore Medical Center, Miami, FL**

Telemetry Nurse, Director: Pattie Kissoon

- Monitored and evaluated cardiac rhythms, managed bipap and other respiratory machines, performed EKG's, inserted and cared for foley catheters and nasogastric tubes, managed enteral nutrition through peg tubes, suctioned and cared for tracheostomies, cleaned and maintained central line/IV sites/other ports, and inserted IV's.
- Prepared patients for routine procedures such as stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures, and the operation room.
- Administered blood and blood product transfusions, while monitoring patients for adverse reactions.
- Prepared and administered medications through oral, rectal, NG/PEG tubes, SUBQ, IM, and IV.
- Took on a preceptor role by providing teaching and guiding nursing students in clinical rotations.

2020 - Present **Palmetto General Hospital, Miami, FL**

Neuro Intensive Care Unit, Director: Teresa Ortiz

- Responsible for care of 1-3 critically ill patients in a 8 bed neuro intensive care unit ranging from young adults to geriatric patients suffering from neurological conditions such as strokes, AV malformations, spinal cord injuries and head trauma, brain tumors, seizures, post-tpa patients, meningitis, and other diseases.
- Performed specific neurological assessments every 15 minutes to every 2 hours.
- Explained complex medical problems to patient's families as well as communicated with providers and other healthcare team members about plans of care.
- Managed extraventricular drains (EVD) directly in the brain, and utilized these to measure

intracranial pressures.

- Monitored and maintained ventilated patients, tracheostomies, A-lines, feeding tubes, and chest tubes.
- Assisted intensivist in bedside emergent intubations, A-line and PICC line placements.
- Played key role as part of code blues.
- Titration of critical drips such as antihypertensive agents, heparin/tPA, sedatives (propofol, precedex, fentanyl), and vasopressors.
- Floated to other critical care units such as the S.I.C.U., M.I.C.U., and COVID-19 patient unit.

2020 - Present **Quick Family Urgent Care, Davie, FL**

Provider, Director: Diana Sood

- Assessed, diagnosed, and managed patients with episodic illnesses, injuries, and acute exacerbations of chronic diseases.
- Engaged in patient prioritization, triage, differential diagnosis, patient management, monitoring and on-going evaluation, appropriate consultation, coordination of transfer of care.
- Ordered and interpreted diagnostic studies (labs, imaging, etc.) and prescribed pharmacological and non-pharmacological therapies.

Research Activities

2005 – 2006 **University of Maryland Medical Center, Baltimore, Maryland**

"Raising an Isolated Low HDL, How, When, and Why?"

Research Intern, Preceptor: Dr. Michael Miller

- Collected DNA specimens from patients with various ethnic backgrounds.
- Used the data to assess and compare HDL levels.
- Gathered information from patients on their family histories and dietary habits.
- Determined cause and effect of any dietary or hereditary factors.
- Discussed a variety of Cardiology issues with Dr. Miller on a daily basis.

2014- 2015 **Medstar Union Memorial Hospital, Baltimore, Maryland**

"Implementation of Multidisciplinary Rounding at MedStar Union Memorial."

Research Intern, Preceptor: Dr. Stephanie Detterline

- Composed surveys to be distributed to the house staff.
- Entered data in spreadsheets, designed charts and graphs from our data.
- Drew conclusions from research, specifically MIDR consumed more time from hospital staff but showed increased efficiency.
- Submitted research to Journal Of Community Hospital Internal Medicine Perspectives (JCHIMP) for publication.

Volunteer Experience

1999 – 2003 Tutor for Best Buddies Program, Pikesville High School

2003 – 2005 Teacher's assistant, Frostburg State University.

2019 Volunteer at the North Miami-Dade County Special Olympics Event

- 2019 Assistant counselor at the Disability Resource Center, Florida International University
- 2019 Fighting Infectious Diseases in Emerging Conditions (FIDEC) at Miami Family Health Fair
- 2020 Cure Cystic Fibrosis Miami Foundation Event
- 2020 Volunteer at COVID-19 Tamiami Testing Center

Publications

Detterline, Stephanie., Fishbein, Jason., Jagaynathan, Daisy (2014). "Implementation of Multidisciplinary Rounding at MedStar Union Memorial."
Journal of Community Hospital Internal Medicine Perspectives (JCHIMP).

Miller, Michael (2005) "Raising an Isolated Low HDL, How, When, and Why?"
Cleveland Clinic Journal of Medicine. 553-560

Other Awards/Accomplishments

- 2003 - 2005 Dean's List, Frostburg State University
- 2003 - 2006 The Provost's Honor Roll, University of Miami
- 2005 - 2006 Dean's List, University of Miami
- 2005 - 2007 Ronald A. Hammond Scholarship, University of Miami
- 2017 - 2020 Dean's List, Florida International University
- 2018 North Miami Dade Scholarship, Florida International University

Membership in Honorary/Professional Societies

- 2004 Phi Etta Sigma Honor Society
- 2017 Tau Sigma National Honor Society
- 2018 Sigma Theta Tau International Pi Alpha Chapter Nursing Honor Society
- 2019 Phi Kappa Phi Honor Society
- 2019 Florida Nurses Association
- 2019 American Association of Nurse Practitioners
- 2020 American Association of Critical Care Nurses

Academic Clinical Experiences

August 21, 2017 - December 6, 2017

Jackson North Hospital: MED/SURG/STEP DOWN

Assisted nurses and ancillary staff with patient care duties. Performed basic skills including bed baths, bed making, body mechanics, bladder irrigation (continuous and intermittent), obtaining cultures (wound, throat, sputum, urine), dressings, sterile techniques, oral and NG tube feeding, glucose testing, measuring input and output, oral hygiene, oxygen therapy (nasal cannula and face mask), physical assessments, positioning, assessing and treating pressure ulcers, performing active and passive range of motion, obtaining pulse oximetry and other vital signs, seizure precautions.

January 8, 2018 - April 25, 2018

Broward Health Medical Center: Coronary Care Unit

Assisted in patient care for critically ill cardiac patients. Assisted with performing intermediate clinical skills including math catheterizations, EKG monitoring, elimination assistance (bedside, bedpan, urinal), restraints (wrist/ankle, jacket/vest, belt, elbow), standard precautions, elastic stockings, dosage calculations, medication administration (oral, intravenous, intramuscular, intradermal, NGT/GT, subcutaneous). Performed intravenous administration procedures including calculating rates, spiking bags, hanging-gravity drips, hanging using infusion pumps, care of site, covering IV to saline lock, IV flush, and intermittent infusion devices.

May 9, 2018 - July 27, 2018

Aventura Hospital and Medical Center: Psychiatric Unit

Assisted with the care of psychiatric patients ranging from cases of mild anxiety disorders to acute crisis patients. Performed mini mental status assessments, participated in psycho-educational groups, performed seclusions and restraints, assessed for suicide and performed suicide precautions, assessed for violence and performed violence precautions.

August 20, 2018 - December 10, 2018

Mercy Hospital: OB/GYN, L&D Units Nicklaus Children's Hospital: Pediatric Unit

Assisted in supervised, uncomplicated vaginal deliveries, as well as C-sections. Rounded on postpartum patients, and attended morning rounds. Admitted and followed laboring patients. Performed complete pediatric histories including the chief complaint, present illness, review of systems, pregnancy and delivery, neonatal course, developmental milestones, past medical history and surgical operations, immunizations, medications, allergies, family history, and social history. Calculated drug doses based on body weight for an infant or young child. Listed recommended immunizations from birth to adolescence.

August 20, 2019 - December 15, 2019

CVS Minute Clinic

Assisted the preceptor in diagnosing and treating common illnesses, injuries, and skin conditions. Administered vaccinations, screenings, and physicals. Obtained medical histories, performed physical assessments and examinations, and interpreted diagnostic and laboratory data. Counseled and coached patients on health, lifestyle modifications, and nutrition.

January 9, 2020 - March 15, 2020

Jackson Memorial Emergency Room Fast Track

Assessed, diagnosed, and managed patients with episodic illnesses, injuries, and acute exacerbations of chronic diseases. Engaged in patient prioritization, triage, differential diagnosis, patient management, monitoring and on-going evaluation, appropriate consultation, coordination of transfer of care. Ordered and interpreted diagnostic studies (labs, imaging, etc.) and prescribed pharmacological and non-pharmacological therapies.

April 15, 2020 - May 15, 2020

COVID-19 Tamiami Testing Center

Collaborated with other medical and first responder volunteers to properly register and screen patients who were showing symptoms of COVID-19. Prioritized patients who were showing more severe symptoms. Our team collected roughly 300 PCR nasal swab samples each day. Patients who learned that they were positive were notified through email, phone, or mail in order to self-quarantine and receive the needed care. We learned that for every 10 patients who were tested, approximately 1 of them tested positive.

June 5, 2020 - August 19, 2020

Dr. Castellino Castellon's Office

Helped deliver primary health care to women from adolescence through childbearing to advanced age. Assisted in prenatal management, family planning, pap smears, cared for patients suffering from sexually transmitted diseases, and counseled patients on contraceptive methods. Treated patients with complicated health problems during their pregnancy which included pregnancy induced hypertension, ectopic pregnancies, and endocrine disorders. Interpreted lab results, mammogram and colposcopy results, and imaging and formulated diagnoses based on this information.