# Mariecar Maniquis

### Staff Nurse II / Charge Nurse

Carson 90745 cai\_smaniquis@hotmail.com +1 424 533 9216

Dedicated registered nurse (RN) with specialty experience in obstetrics and gynecology health nursing. Seeking the position of Registered Nurse in a competitive healthcare facility where my vast experience and skills will be utilized in providing safe, effective and efficient nursing care to patients.

#### Personal Profile/Attributes

- Flexible and able to work under pressure.
- A good leader and follower.
- With good interpersonal skills and communicates well with others.
- Committed to practice high-standard of nursing as required by the institution.
- Participates actively to learn more and develop new skills.
- Respects every individual (colleagues and patients) and acknowledges efforts of others in teamwork.
- Setting priorities to effectively deliver safe and efficient patient care.
- Supporting management in promoting effective services as allocated.

### Work Experience

#### Labor and Delivery RN

Martin Luther King, Jr. Community Hospital - Los Angeles, CA April 2018 to Present

Triage and admits women in labor.

Monitor progress of labor and reports promptly to primary provider.

Maintains a safe delivery and environment adhering to approved standard of care.

### Staff Nurse II / Charge Nurse

Labor And Delivery October 2006 to May 2017

Company: Ministry of National Guard Health Affairs King Abdulaziz Hospital (JCIA accredited

Hospital)

Address: Al Ahsa, Kingdom of Saudi Arabia

Teaching Hospital - 250 Beds/ JCIA Accredited Hospital

Reason for leaving: Migrated to US

Types of cases admitted:

- Normal Vaginal Delivery
- Assisted Delivery
- Induction of Labor
- Lower Segment Caesarian Section
- Premature Labor
- Pre-Eclampsia
- Gestational Diabetic/Diabetic Mellitus
- Antepartum Hemorrhage
- · Post-partum Hemorrhage
- Patients on Epidural
- Breech Delivery

Patient-Nurse Ratio

1:1 - In Active Labor and High Risk Cases

1:2 - Early Labor and Low Risk Cases

Monthly Deliveries: 200 Cases

2

Competencies Gained:

- Adult and Newborn Physical Assessment
- Intravenous Cannulation
- Giving Intravenous Medication
- Blood Transfusion
- Venous Blood Extraction
- Management of Pre-Eclampsia Toxemia on Magnesium Sulfate Infusion
- Management of Preterm Labor
- Insulin Protocol
- Abdominal Palpation
- Application and Interpretation of Cardio Tocograph
- Vaginal Examination
- Induction of Labor with Prostaglandin E2 Tablet and Oxytocin
- Assisting and Management of Patients on Epidural Infusion
- Preparation of Patients for Emergency Caesarian Section
- · Skin to Skin and Early Initiation of Breastfeeding
- Pre and Post-Operative Care of Normal and High Risk Patients Following Caesarian Section

### **Staff Nurse Post Natal Ward/Nursery**

King Khalid University Hospital - Riyadh, SA April 2005 to April 2006

Address: Riyadh, Kingdom of Saudi Arabia

730 Bed Tertiary Referral Center Accepts High Risk Obstetric Patients and has an excess of 4500 Deliveries

Annually, Promoting Baby-Friendly Concepts.

Nurse: Patient Ratio 1:8

Reason for Leaving: Career Advancement

3

Job Description / Duties and Responsibilities:

- Cares For High Risk Post-Partum and Post Caesarian Section Patients
- Assessment and Management of Post Delivery Complications
- Assessment of Newborns from Labor and Delivery
- Care and Management of Newborns Under Phototheraphy
- Assists Physicians in Newborn Circumcision
- Administration of Vaccines.

### Staff Nurse II/ Charge Nurse

OB Emergency Complex October 1994 to October 2004

Labor and Delivery, Recovery and Operating Room) Gynecology Ward

Company: University of The Philippines- Philippine General Hospital

Address: Taft Avenue, Manila Philippines 1,460 Bedded Tertiary / Teaching Health Care Facility

**Duties and Responsibilities:** 

- Assists Attending Physicians in Performing Procedures Such as Delivery, Completion Curettage, Suction Curettage, and Biopsy.
- Scrubs and Circulates during Minor and Major Obstetrical and Gynecological Operations such as Caesarian Section, Total Hysterectomy, Total Hysterectomy and Bilateral Salpingectomy and other Gynecological and Surgical Cases depending on Patients Condition.

### Education

#### **Bachelor of Science in Nursing**

Butuan Doctor's College 1990

### **Nursing Licenses**

#### RN

### Skills

- NRP
- Operating Room
- Cerner
- Medication Administration
- Nursing
- Triage
- Hospital Experience
- EMR Systems
- EMR Systems
- Supervising Experience

# Certifications and Licenses

# **BLS, ACLS**

May 2021 to May 2023

Advanced Cardiovascular Life Support

### **NRP Certification**