# KARIBA VINSON

BSN, RN, CCRN

Laurel, MD

kvinson14@hotmail.com

330.860.3008

#### **EDUCATION**

Bachelor of Science in Nursing Mount Carmel College of Nursing Columbus, OH 05/2006

Bachelor of Arts in Sociology The Ohio State University Columbus, OH 06/2003

# **LICENSURE**

Maryland Board of Nursing Registered Nurse Exp. 05/28/2022 #222117 District of Columbia Board of Nursing Registered Nurse Exp. 06/30/2022 #1040820

### **CERTIFICATIONS**

BLS and ACLS Exp. 12/2022 CCRN Certification Exp. 04/2022 **PALS** Exp. 02/2022

Critical care nurse with over fourteen years of experience providing care for post-surgical patients in various intensive care units. Holds active critical care certifications validating knowledge to enhance quality of patient care. Committed to providing high-quality patientcentered care while showing strong leadership skills.

#### **SKILLS**

- o Titration of various vasoactive medications.
- Proficient in managing intraaortic balloon pumps, LVADs, Swan Ganz catheters, arterial lines, chest tubes and temporary pacemakers.
- o Pain Management: Peripheral nerve blocks and PCA Pumps.
- Ventilator Management: Pressure support (CPAP), volume control, assist control, and SIMV.

#### PROFESSIONAL EXPERIENCE

Registered Nurse | Post Anesthesia Care Unit

03/2018 – present

# Kaiser Permanente Largo Medical Center | Upper Marlboro, MD

- Recovers patients from sedation and general anesthesia.
- Prepares individuals for surgery and administers sedation for procedures.
- Assists with regional anesthesia such as popliteal, saphenous, and supraclavicular nerve blocks.
- Administers pain medication in PO and intravenous forms.
- Identifies and addresses post-operative complications.

Registered Nurse | Post Anesthesia Care Unit

11/2016 - 06/2018

#### George Washington University Hospital | Washington, DC

- Recovered patients from multiple procedures and varying types of anesthesia.
- Managed peripheral nerve blocks, PCA pumps, and ventilators.
- Conducted audits of charts to prepare for the Joint Commission.

Registered Nurse | Cardiothoracic Intensive Care Unit

12/2015 - 08/2017

#### University of California San Francisco Medical Center | San Francisco, CA

- Admitted patients directly from lung or heart transplant surgery.
- o Managed individuals on ventilators, VADs, IABP and multiple vasopressors.
- Conducted audits of charts to prepare for the Joint Commission.

### Registered Nurse | Travel Nursing

01/2013 - 03/2016

- o Highland Community Hospital: MICU/SICU, Trauma | Oakland, CA, 12/15 03/16
- o Montefiore Hospital: 15-bed CVICU | Bronx, NY, 08/14 10/14
- o Santa Monica Medical Center: ICU/SICU | Santa Monica, CA, 01/14 06/14
- o Cedars-Sinai Medical Center: 34-bed CVICU | Los Angeles, CA, 11/14 05/15, 08/13 -12/13
- o Los Angeles Medical Center: 36-bed CVICU | Los Angeles, CA, 05/13 08/13
- o NCH Baker Hospital: 12-bed CVICU | Naples, FL, 01/13 05/13

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# PROFESSIONAL EXPERIENCE (continued)

Registered Nurse | 30-Bed Cardiovascular Intensive Care Unit

10/2008 - 04/2013

## Mayo Clinic | Rochester, MN

- o Charge Nurse: Oriented new nurses to the CVICU.
- o Chair of the Critical Care Policy Committee.
- Oversaw care of patients directly from lung or heart transplant surgery.
- o Managed ventilators, VADs, IABP and multiple vasopressors.
- o Assisted with pulmonary and arterial catheters, chest tubes, and temporary pacemakers.
- o Oversaw all clinical processes of the ICU in preparation for the Joint Commission.

### Registered Nurse | Cardiac Progressive Care Unit

06/2006 - 10/2008

### Cleveland Clinic | Cleveland, OH

- o Charge Nurse: Oriented new nurses to the Cardiac Progressive Care Unit.
- Admitted patients directly from the ICU post ablation, pacemakers, or heart catherization.
- Oversaw care of 5-6 patients per shift.

#### PROFESSIONAL ENRICHMENT

- o Member, American Association of Critical Care Nurses | 2007 present
- o American Association of Nurse Anesthetists National Conference | 07/2013
- o ACLS Instructor | 06/2012 04/2013
- o Diversity CRNA Airway Workshop | 2011, 2013
- o Member, Sigma Theta Tau | 2009 2013
- o Wake Forest H3A Airway & Nurse Anesthesia Preparation | 2011
- o NTI Critical Care Nursing Conference | 05/2011
  - Received a \$1500 scholarship to attend.

#### VOLUNTEER EXPERIENCE

- HELPS International Medical Mission Trip | 06/2014
  - Helped recover patients from medical procedures in Guatemala.
- o Hands for Humanity | 10/2011
  - Built and repaired orphanages in Ecuador.
- o STRIVE Program | 10/2009 05/2011
  - Assisted at risk youth to graduate from high school.