

CARLENE BRECK

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Diligent, integrity-driven, nursing professional with a strong clinical background in the critical care setting, providing attentive care to a diverse patient population, with a variety of systemic health challenges. Highly proficient in contributing to and reaching team solutions, generating and maintaining positive relations with patients, families and other healthcare personnel, maintaining compliance standards, working well under pressure, and producing error-free high quality work.

Work Experience

Registered Nurse

George Washington University Hospital - Washington, DC

February 2022 to Present

- Traveler in the Level 1 Trauma Center Emergency Room for critically injured and ill patients
- Triage pediatric and adult patients arriving via ambulance and front door triage
- Respond to trauma patients transferred to facility for highly specialized care to include; arterial lines, external ventricular drains, Belmont rapid blood transfusions/massive transfusion protocols, ECMO

Registered Nurse

Sinai Hospital - Baltimore, MD

May 2020 to Present

- Staff Nurse in the Emergency Department and Level II Trauma Center for critically ill patients
- Preceptor and trainer to newly graduated nurses by orienting and educating in critical thinking and skills
- Triage patients arriving both via ambulance and front door triage
- Give specialized treatment to pediatrics population to include traumas
- Perform head-to-toe and focused assessments, administration of medications and treatment of medical and trauma emergencies
- Efficiently and effectively manage multiple patients in fast-paced environment in a controlled and safe manner

Critical Care Technician

Sinai Hospital - Baltimore, MD

August 2019 to May 2020

- Worked cohesively with emergency department clinicians to provide emergent care to a diverse patient population and respond to medical and traumatic emergencies
- Work efficiently to established IV access, obtain blood specimen samples, and obtain EKGs and vitals sign

Student Nurse Intern

Sinai Hospital - Baltimore, MD

May 2019 to August 2019

- Assigned to work alongside a nurse preceptor with complex medical cases in the emergency department, while in a cohort with student nurse peers
- Researched and presented an EBP presentation to the Sinai Hospital Board

Home Health Care Technician

2ND Family - Baltimore, MD

June 2018 to May 2019

- Provided home health care to clients in the greater Baltimore region; including bathing, dressing, helping with medication administration and taking clients to health care appointments

Education

Bachelor of Science in Nursing

Towson University - Baltimore, MD

December 2019

Skills

- Firstnet, Powerchart, and Epic Electronic Health Record System
- TNNC Certified
- MIEMSS Base Station Certified
- Hazmat First Receiver Operations Training
- Ortho Glass Splint trained and Certified
- AHA ACLS Certified, PALS Certified, BLS/CPR Certified
- Registered Nurse License MD: (R244273) Washington DC:
- Critical Care Experience
- Nursing
- Triage
- Cerner
- EMR Systems
- Medication Administration
- Experience Administering Injections
- Vital Signs
- Phlebotomy
- ICU Experience

Certifications and Licenses

RN License

PALS Certification

ACLS Certification

AHA Certification

CPR Certification

TNCC Certification

BLS Certification

AED Certification