## **SUMMARY**

Compassionate Nurse accustomed to treating diverse patient needs while managing dynamic conditions. Offering excellent clinical knowledge and judgment combined with strong documentation, vitals monitoring and problem-solving abilities. Well-versed in managing emergent cases with grace and efficiency.

## **SKILLS**

- Medical terminology
- Computerized charting
- Diabetes, Hospice, Stroke and Cardiac Patient Care
- Assistance of Daily Living (ADLs)
- Foley catheter insertion/removal
- Wound cleaning/care
- Psych and mental health care
- Hospice and palliative care
- Colostomy care
- Microsoft Office (Word, Excel, PowerPoint, Outlook
- Medical terminology
- Mental health
- Excel

- Microsoft Office
- Outlook
- PowerPoint
- Word
- Broad medical terminology knowledge
- Medication and IV administration
- Computerized charting specialist
- Intake and discharge
- Diabetes management
- Body mechanics knowledge
- IV drug therapy management
- Colostomy care familiarity
- Collaboration

#### **EXPERIENCE**

Float Registered Nurse / Hines VA Hospital - Hines, IL

05/2019 - Current

- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.

Registered Nurse, Medical-Surgical/Tele Unit / Westsuburban Hospital - Oak Park, IL

06/2015 - Current

- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and

enhance continuum of care to deliver comprehensive services.

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered colostomies and ostomies, urostomies and foley tubes accurately to provide exceptional patient care.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized workload management.
- Monitored and educated nursing students and externs on proper care procedures and prioritization strategies.
- Answered patient questions and provided take-home materials for further information.
- Cultivated working partnerships with patients and medical staff members, using feedback and clinical data to improve quality care and patient outcomes.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Analyzed cardiac rhythms and reported results to nursing staff or physicians.
- Operated and maintained telemetry equipment with focus on safety and proper functionality.
- Attached electrodes to monitor cardiac activity on each patient.

# Registered Nurse Behavioral Health / Loretto Hospital - Chicago, IL

12/2012 - 02/2021

- Handled various patient-oriented duties, including vital sign monitoring, medication administration and patient behavior assessments.
- Documented all medications administered to mental health patients, following instructions from physicians and healthcare providers.
- Effectively managed daily charting for each patient.
- Cultivated relationships with patients, discussing ways to help improve overall health while alleviating self-harm practices.
- Communicated with patients regarding continuing care and medications and discussed treatment plans with family members and guardians.
- Followed all safety protocols when administering subcutaneous and intramuscular injections.
- Provided client assessments upon admission and discharge.
- Served as lead clinician for patients with bipolar, depression, anxiety and personality disorders.
- Consulted with psychiatrists about client medication changes, issues with medicine compliance and efficacy of medications.
- Collaborated with prescribing professionals to get patients necessary medications.
- Monitored patients prescribed psychotropic medications to assess medications' effectiveness and side effects.

#### **EDUCATION AND TRAINING**

Malcolm X College - Chicago, IL **Associate of Science**: Nursing

06/2010

Chamberlain University - Downers Grove, IL

06/2014

Bachelor of Science: Nursing

#### **ACTIVITIES AND HONORS**

Phi Theta Kappa 2008-Current American Nursing Association 2008-2009

## **CERTIFICATIONS**

- CPR/AED certified through American Heart Association
- Dementia Specific Training Certificate
- Transfer Mobility Coach Certificate from Diligent

# **ADDITIONAL INFORMATION**

• CREDENTIALS , Registered Nurse in IL, License number 041.400955, 2012

## **ACCOMPLISHMENTS**

• Consistently maintained high patient satisfaction ratings. I have received several certificates as a DAISY award nominee and DAISY award winner.