



Alicia Underwood-Panter

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📍 Wausau, WI 54401

SUMMARY

Caring, hardworking and service-oriented Registered Nurse with more than 17 years of experience. Well-versed in offering evidence-based, therapeutic care. Collaborative and motivational leader with expertise in training new nursing staff while providing top-notch service to patient populations. Dedicated with clinical practicum experience and passion for delivering quality healthcare. Skilled at establishing care plans and educating patients and families. Offering caring bedside manner, patient-centric focus and expertise in discharge management. Hardworking, treating patients of all ages and specializes in delivering effective quality nursing care. Performs in stressful and crisis situations and interprets and applies policies and procedures with good judgment.

EXPERIENCE

May 2020 - August 2021

Registered Nurse, Float Pool (Travel) Stability Healthcare | San Pedro, CA

- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Used feedback and clinical data to improve care quality and patient outcomes.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Advanced nursing competencies through participation in simulation exercises and practice improvement projects.
- Maintained optimal ventilator settings and operations to meet patient care needs.
- Developed and maintained quality care systems and standards and implemented medical protocols and guidelines.
- Inserted and managed central, arterial and PICC lines.

January 2021 - May 2021

Registered Nurse Ascension Health Care | Wausau, WI

- Treated patients with broad range of acute, life-threatening diagnoses.
- Managed PA catheters and arterials, vasoactive drug administration and titration, thrombolytic therapy, dysrhythmia interpretation and chest tube management.
- Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.
- Assessed patients, documented observations and reviewed patient charts to determine care needs.
- Provided direct care in critical care units, including surgical, cardiac, and neurological units.
- Administered care to patients suffering from catastrophic traumatic injuries.
- Evaluated intensive care patients, recognized and addressed

complications and coordinated treatment with other members of critical care team.

May 2012 - May 2021

Agency/Travel Registered Nurse Elite Nurses | Wausau, WI

- Administered individualized nursing care, applying simple and complex techniques and processes specific to needs of patient.
- Reported patient assessment findings and physical and psychosocial responses to nursing intervention for progress towards care goals.
- Assessed patients by observing symptoms and collecting history and physical information to report to treatment team.
- Implemented range of equipment, medicines and life-saving modalities to achieve expected outcomes.
- Reviewed critical pathway and multidisciplinary plan of care to execute prescribed interventions.
- Collected and documented vital signs to track current patient conditions.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Reviewed physician orders and administered therapies, treatments and medications.
- Communicated patient progress and issues with families, physicians and other agencies.
- Measured and monitored patient vital signs.
- Delivered compassionate care to increase comfort and psychological, social and spiritual well-being.
- Facilitated strategic goals aimed at increasing satisfaction and improving outcomes through compassionate, precise and high-quality nursing care.
- Monitored and managed various treatment and care interventions.
- Administered medications and documented adverse reactions to maintain patient safety.
- Assisted physician with examinations, tests, and procedures.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Observed and carried out physician and nursing orders.
- Recorded patients' medical history, vital statistics and test results in electronic medical records.
- Mentored new nurses on practices and procedures to drive patient outcome goals.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Developed care plans complete with effective nursing measures to improve patients' mental and physical health.
- Administered medications, tracked dosages and documented patient conditions.
- Educated patients, caregivers and families on diagnoses, treatment options and disease prevention.
- Facilitated transition to home care by providing patients with continued care information and discharge instructions.
- Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating

patient files.

- Attended to patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Monitored patient vitals post-surgery, managed medical equipment and administered medications and IVs.
- Liaised between patients and doctors, completing comprehensive assessments and recording medical information to achieve recovery goals.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Addressed rapid response and code situations by strategically organizing and delegating tasks.
- Responded to codes or patient crises as part of rapid-response team.
- Documented nursing encounters using SOAP form of charting.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Performed assessment planning, implementation and evaluation of care for assigned patients, including discharge planning, utilizing interdisciplinary team approach.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Implemented and monitored care plans and evaluated, recorded and communicated individual patients' conditions.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Used sterile techniques to prepare patients for procedures.
- Identified cognitive functioning, mental status, physiological condition and patient needs.
- Assessed patients' physical, psychosocial and emotional needs and documented in confidential medical records.
- Collaborated with healthcare teams to develop, implement, and modify individualized plans of care.

January 2015 - January 2021

Registered Nurse Case Manager UMR Healthcare (Optum) | Wausau, WI

- Collaborated with physicians on patient medications, medical needs and performance.
- Developed patient care plans, overall patient health assessments and evaluations.
- Assessed and reviewed patients for discharge and planning and integrated services for patients requiring home care, home infusion and durable medical equipment (DME).
- Updated and maintained discharge plan of care with physician, members of healthcare team, patients, and families.
- Collaborated in consults, patient care plans development, patient

- monitoring and evaluations.
- Incorporated appropriate nursing methods to create individualized care plans
- Determined and coordinated appropriate level of care to meet individual patient needs.
- Advocated for patients by identifying insurance coverage, communicating care preferences to practitioners and verifying interventions met patients' treatment goals.
- Arranged placement of admissions and transfers in accordance with clinical standards and guidelines.
- Helped patients navigate healthcare system and care options by educating on relevant subject areas and answering questions throughout treatment process.
- Coordinated home care, home infusion, and durable medical equipment, reducing patient wait time.
- Conducted evaluations to address changes in patient needs, conditions and medications.
- Secured insurance authorizations to inpatient rehabilitation facilities or long-term care placement.

June 2010 - July 2015

Regional Nurse Manager Care Partners Country Terrace Assisted Living | Oshkosh, WI

- Facilitated clinical training and education to nurses and residents, enabling better patient outcomes.
- Managed clinical care through application of nursing processes and delegation of clinical activities.
- Tracked clinical quality data to identify risk and implement quality assurance improvement initiatives.
- Collaborated with interdisciplinary teams of physicians, therapists, pharmacists and social workers to manage patient care.
- Delivered strategic leadership to team of 25 nurses in Assisted Living setting with focus on high quality of care.
- Oversaw community medication management program to promote safety and adherence to treatment plans.
- Communicated with patients with compassion while keeping medical information private.
- Collaborated with multi-disciplinary staff to improve overall patient care and response times.
- Created and maintained facility documents and records, maintaining accuracy while managing sensitive data.
- Led and motivated over 75 employees through supervision, training and coaching on duties and daily operational activities.
- Resolved conflicts promptly among physicians, nurses and other healthcare employees to keep workflows on task.
- Managed operations in accordance with budget requirements.
- Facilitated peer-to-peer conflict resolution.
- Initiated training and education programs for supporting healthcare staff.
- Implemented new hire training to further develop skills and initiate discussions on task prioritization.
- Participated in facility meetings with department heads to discuss census information, admissions and discharges for residents.
- Directed daily operations at facility caring for more than 100 individuals.
- Reviewed and assessed staff processes, reducing hazards posed for residents and staff while promoting regulatory compliance.

- Collaborated with Quality Team to develop outcomes statistics.
- Headed clinical oversight to devise and establish policies, procedures and best practices in alignment with regulatory requirements.
- Coordinated delivery of exceptional patient care by evaluating workflows and facilitating positive [Type] changes.
- Supervised administrative staff of facility Directors and Assistant Directors, delivering consistent coaching and mentoring to improve job efficiency.
- Optimized case and clinical management and recommended plans to improve safety and health programs.
- Recruited well-qualified candidates to fill vacancies and offer residents unparalleled care.
- Trained and qualified staff per board requirements as well as national, state and local regulations.
- Recruited and hired intelligent clinical and administrative staff to bolster skills set of already talented team.
- Developed policies to align procedures with nursing home strategic initiatives and complied with statutory, regulatory, state and federal guidelines.
- Formulated and implemented testing and interpretation practices and procedures to maintain standards of care and quality assurance benchmarks.

EDUCATION AND TRAINING

December 2005

Associate of Science | Registered Nurse
Northcentral Technical College, Wausau, WI

May 2007

Bachelor of Science | Registered Nurse
UW Oshkosh, Oshkosh, WI

CERTIFICATIONS

- Basic Life Support (BLS) Certification (Present)
- Certified Case Manager (CCM) (Present)
- CPR certified through American Heart Association (Present)
- Advance Cardiac Life Support Certification (ACLS) (Present)
- NIHSS Certification (Present)