**ANICHAR LOUIS-LOPEZ**

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**Professional Summary**

Caring and dedicated Medical-Surgical/Telemetry, staff relief registered nurse with 7 years of experience in acute care and rehabilitation settings. Providing nursing care to diverse populations on different units, including telemetry patients in the emergency room, postpartum and intermediate care units.

Professionally trained to provide high quality patient-family centered care and ensuring the delivery of high standards culturally competent care for patients with diverse needs. Detail-oriented with expertise in problem solving and managing daily nursing functions. Agile and responsive to dynamic patient needs and environmental conditions.

Team-oriented and reliable with expert healthcare knowledge, clear verbal and written communication skills and sound clinical judgment. Hard-working and ambitious nursing professional offering proven clinical knowledge, natural interpersonal strengths, and technical abilities. Knowledgeable about electronic medical record (EMR) charting such as Epic and Meditech, medication administration and interdisciplinary collaboration focused on optimizing patient care and support.

Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping and advocating for patients. Accomplished in leading unit-based groups to improve delivery of care and patient satisfaction.

**Work History**

**DCU Field Hospital – Worcester, MA** 12/2020-03/2021

**COVID-19 Medical-Surgical/ Telemetry**

Assess Patients affected by Covid-19 Infection

Monitor Respiratory status

Monitor Vital signs

Providing Nursing Interventions

Assist in medication administration

Medical-Surgical/Telemetry Unit Staff RN

Memorial Regional Hospital - Hollywood, FL 08/2013 – 03/2021

* Assessed need for, ordered, obtained, and interpreted appropriate lab tests
* Chronic patient care in med-surg unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for 6 patients per shift
* Documented patient information obtained from interviews
* Examined patients and dispensed contraceptives and other medications as needed
* Pharmacological and non-pharmacological management and treatment of various disorders and diseases
* Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer's and Paget's disease
* Self-directed with astute judgment skills. High level of personal accountability
* Liaised between patients and physicians to ensure patient comprehension of treatment plans
* Instructed patients and family members on proper discharge care
* Monitored patient reactions to drugs and carefully documented progress of individuals participating in clinical trials
* Ensured HIPAA compliance
* Assisted patients with daily functions
* Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans
* Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability
* Equipped patients with tools and knowledge needed for speedy and sustained recovery
* Oversaw work of nursing student technicians and externs to educate on proper procedures and how to prioritize care tasks
* Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
* Prepared patients for surgery, educating patients and family members on surgical procedures such as cardiac catheterization and cyst removal
* Leveraged feedback and process improvement opportunities to create safer and healthier environment and increase patient satisfaction
* Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options

Medical-Surgical Telemetry Unit Registered Nurse

Cancer Sylvester Institute UMHC - Miami, FL 01/2020 - 07/2020

* Monitoring patient post Bone Marrow Transplant
* Infection control prevention
* Administered basic patient care and treatments by dressing wounds, treating bedsores, giving enemas, and performing catheterizations.
* Collected and documented vital signs to maintain current records of patients' conditions.
* Supported patients in completing activities of daily living such as dressing, grooming and shower assistance.
* Coped effectively with mental and emotional challenges of positions by remaining centered on patients' needs and delivering quality care.
* Collaborated with healthcare team members to assess, implement, and evaluate nursing care plans.
* Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.
* Implemented care plans for patient treatment after assessing physician medical regimens.

Travel Medical-Surgical/Telemetry Unit COVID Nurse

Doctor's Hospital - Sarasota, FL 07/2020 - 08/2020

* Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
* Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
* Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
* Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
* Documented all elements of care and updated patient charts and confidential files to reflect changes in care plans, interventions applied and observations.
* Worked with interdisciplinary healthcare team to develop, implement, and manage care plans, ensuring inclusion of patients' individual needs.
* Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to patients daily.
* Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
* Monitored patient reactions after administering medications and IV therapies.

COVID 19 Crisis Intervention Registered Nurse

Favorite Healthcare Staffing - Jacksonville, FL 07/2020 - 07/2020

* Conducted Nasopharyngeal Swabs to rule out COVID 19
* Educating clients on COVID 19 signs and symptoms and preventative measures of contracting the virus
* Conducted tests on electronic components, products, assemblies, and systems to determine functional performance.
* Equipped patients with tools and knowledge needed for speedy and sustained recovery.
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
* Tabulated detailed records of test results and statistics to report to WHO department.
* Provided recommendations for improvements in assembly or testing procedures.

Rehabilitation Registered Nurse

St. Anthony's Rehabilitation Hospital - Lauderdale Lakes, FL 04/2017 – 06/2019

* Assisted residents with bathing, dressing, feeding, lifting, and transferring
* Provided all daily living tasks to enhance quality of life for elderly patients
* Monitored fluid intake and output levels
* Ensured efficacy of treatments through monitoring of treatment regimens
* Developed patient care plans, including assessments, evaluations, and nursing diagnoses
* Liaised between patients and physicians to ensure patient comprehension of treatment plans
* Pharmacological and non-pharmacological management and treatment of various disorders and diseases
* Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission
* Monitored patient reactions to drugs and carefully documented progress of individuals participating in clinical trials
* Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
* Managed quality care for patients with varied conditions, including heart failure, end-stage renal disease and coronary artery disease
* Helped clients adapt to altered lifestyles while providing therapeutic environments for clients and families.
* Assisted patients with long-term physical disabilities and chronic illnesses by creating personally tailored recovery plans.

Nursing Assistant

Holy Cross Hospital - Fort Lauderdale, FL 08/2011 - 08/2013

* Maintained accurate records of patient care, condition, progress, and concerns
* Monitored vital signs, such as blood pressure and pulse
* Responded appropriately to the physical, emotional, and developmental needs of patients
* Tested and recorded blood glucose levels
* Assisted patients with bathing, oral hygiene, grooming, feeding and elimination
* Helped patients move in and out of beds, baths, wheelchairs, and automobiles
* Assisted nurses with wound care for pressure ulcers, bed sores, and surgical site wounds

**Skills**

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| * Patient Assessment Skills
* Medication safety and administration
* Documentation and reporting
* Conflict resolution
* Intravenous therapy
* Strong Clinical Judgment
* Analytical Thinker
* Chronic disease management
* Acute Care Expertise
* Solid Framework to Ethics
* Preventative health
* Care Plan Development
 | * Rapid Interventions in Codes situations
* Peritoneal Dialysis awareness Knowledge-based
* Telemetry monitoring Knowledge-based
* Professional Bedside Manner
* Patient evaluation/ intervention
* Bilingual (Creole/French)
* Palliative Care Awareness
* Commitment to development
* Precepting
* EMR / EHR
* Patient and family advocacy
* Time management
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**Education**

Bachelor of Science: Nursing

Broward College - A. Hugh Adams Central Campus - Davie, FL 2015

Associate of Science: Nursing

Broward College-South Campus - Pembroke Pines, FL 2013

Certified Nursing Assistant: Nursing

Medical Prep Academy - Fort Lauderdale, FL 2011

High School Diploma

Coral Springs High School - Coral Springs, FL 05/2009