

carlene gayle

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Summary

Dedicated and caring Registered Nurse with strong assessment and treatment-planning skills. Reliable and ethical, with ability to remain calm and intervene during crises. Believe in empowering patients by delivering health education and nursing care that enhances wellness and quality of life. Enjoy building positive relationships with patients, family members and other medical professionals.

Skills

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| Problem solving  Attention to detail  Great written and verbal communication | Teamwork  Efficient |

Experience

Crisis Care Nurse

Favorites Healthcare Staffing

Umass Memorial Field Hospital. Massachusetts

January 2021 to March 2021

Crisis care, taken care of Covid-19 patients.

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| Indian River Medical Center | Vero Beach, FL  Registered Nurse  *05/2015 – 01/2021* | * Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries. * Followed all physician orders for treatment and care and managed medication administration. * Implemented and maintained core measures in patient safety, patient satisfaction and holistic approaches to nursing. * Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit. * Demonstrated critical thought and judgment in delivery of care and management of acute and chronic pain. * Developed and implemented successful patient care plans. * Maintained comprehensive patient records and recorded patient histories, vitals and assessments. * Collaborated with multidisciplinary healthcare teams to develop and adapt individualized plans of care to achieve patient care and recovery goals. * Provided in-depth education on disease prevention and intervention. * Responded to life-threatening emergencies. |

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| Saint Mary's Medical Center | West Palm Beach, FL  Registered Nurse  *05/2013 - 05/2018* | * Administered medications orally, rectally, intramuscularly, subcutaneously and via IV therapy. * Followed all physician orders for treatment and care and managed medication administration. * Helped patients navigate the healthcare system and their care plans by educating them on relevant subject areas and answering questions throughout the treatment process. * Collaborated with multidisciplinary healthcare teams to develop and adapt individualized plans of care to achieve patient care and recovery goals. * Collected lab specimens, ordering and interpreting diagnostic tests and lab results. * Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments. * Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit. * Communicated with primary care physicians or emergency care providers to communicate patient needs. |

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| Salerno Bay Manor | Stuart, FL  Registered Nurse  *08/2009- 05/2013* | * Managed wound care, gave respiratory treatments and helped with non-invasive procedures. * Assisted patients with multiple chronic diagnoses, including COPD and asthma. * Worked with healthcare team, including social workers, physical therapists, and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health. * Administered medications and therapies in accordance with physicians orders. |

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| Martin Memorial Health Systems | Stuart, FL  Certified Nursing Assistant  *08/2002 - 04/2007* | * Monitored and recorded patient vital signs, including recording daily inputs and outputs. * Facilitated activities of daily living, including personal hygiene management, feeding, ambulation and locomotion. * Provided patients and families with emotional support. * Turned and repositioned patients for comfort and medical safety. * Answered patient call lights and requests. * Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets. |

Education and Training

South University | West Palm Beach, FL

Bachelor of Science in Nursing

*2020*

Academy For Nursing and Health Occupation | West Palm Beach, FL

Associate of Science in Nursing

*2008*

Certifications

ACLS/ BLS/ AED/ CPR