

# Cynthia (Cindy) Mitcham

## Registered Nurse (RN)

## Emergency Room RN

### Personal Information

724 Hwy 558

Spearsville, LA 71277

318-478-0689

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### Experience

2013-Present RN -Emergency Room

Medical Center South Arkansas

El Dorado AR

Assess the needs of patients and prioritizing care based on critical nature. (ESI)

Work to treat and stabilize patient for discharge, admit or transfer to higher level of care.

Working collaboratively with nursing team, MD, Mid-level providers, EMS to provide basic urgent care and emergent care when indicated.

Care of patients presenting with problems related to cardiac, neurological, Respiratory, psychiatric and renal disease processes.

Care of patient in respiratory arrest, cardiopulmonary arrest or trauma victims. Initiating and facilitating access to services such as Trauma Com, Poison Control, ARSAVES and any consulting provider or higher level care facility. instructing patient and caregivers on disease monitoring and management and post ED visit follow up.

Currently working in 15 bed trauma level III Emergency room.

Caring for pediatric, Child, adolescent, adult and geriatric population

- 1997-2007 RN Home Health Care  
Medical Center South Arkansas  
El Dorado AR
- 2007-2013 Doctors Home Care  
Camden AR 2007-2013
- Provided nursing care to home bound patients.
- Direct patient care included assessments, interventions and reporting findings to provider for early intervention to achieve optimal outcomes.
- Provided wound care, medication monitoring for compliance and response, venipuncture for lab monitoring, provided family support in patient care.
- Instruction to patient, family and caregivers on management of wounds, IV therapy, and disease processes for improved and optimal outcomes
- 1987-1997 RN Intensive Care Unit and Heart Cath Lab/Interventional Radiology
- Provided direct patient care to acutely and critically ill patients which included Acute respiratory failure patients on ventilators, CHF patients with central venous and art lines, AMI patients post cardiac catheterization.
- Management of high risk drug administration and monitoring.
- Served as preceptor for new nurse graduates and new ICU nurses.
- Provided IV conscious sedation and monitoring of patients undergoing cardiac catheterization and other interventional vascular procedures

## **Education**

- 1983-1984 Oil Belt Vocational Technical School  
El Dorado AR  
Licensed Practical Nurse
- Coursework included classroom and clinical study with hands on experience in the care of children, adults and Geriatric patients.

1984-1987 South Arkansas University

Magnolia AR

Associate Degree Nursing

Course work included classroom and clinical study with hands on experience in care of children, adults and geriatric patients. This included maternal/child care and psychiatric nursing care

1979 Graduate of El Dorado High School

El Dorado AR

## **Certifications**

ACLS American Heart Association eCard Code 4-uqkp4-8u8ba-ivktq-rh7me exp 7/21

BLS American Heart Association certificate ID X2TQ5R exp 2/23

PALS American Heart Association eCard Code w-v6tuv-seced-ckjhs-yppny exp 6/21

ARSAVES NIH Scale Training UAMS Learn on Demand completed 2/21

TNCC Emergency Nurses Association exp 3/22

## **Licenses**

Registered Nurse (RN)

RN072996

Nurse License Compact (NLC) Louisiana State Board of Nursing