SHELDA JOSEPH

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**OBJECTIVE**: Self-motivated university graduate with experience looking to expand and further develop experience in the health care industry.

**EDUCATION**:

*South University*, West Palm Beach, FL

Degree: Bachelors of Science in Nursing (December 2014)

*Florida State University*, Tallahassee, FL

Degree: Bachelors of Science in Biological Sciences (December 2008)

**PROFESSIONAL EXPERIENCE**:

Medely, Palm Beach County, FL

*Peri-operative Registered Nurse (Dececmber 2019 - current)*

* Assess patients' condition after surgical procedures and report changes to physician
* Monitor and assess patient's pain levels and administer appropriate medications per physician orders.
* Provide discharge information to patients and caregiver prior to leaving facility.

Viamar Health, West Palm Beach, FL

*Psychiatric Registered Nurse (April 2020 - March 2021)*

* Administer medications orally, IV, IM, and subQ as ordered
* Assess patients physically, mentally, and psychosocially
* Monitor patients for any physical mental or behavioral changes and intervene as necessary
* Communicate and coordinate as needed with off site pharmacies and medical specialists

RN Network, Fort Lauderdale, FL

*Medical-surgical & Telemetry Registered Nurse (December 2018 - June 2019)*

* Complete daily assessments of patient's conditions and monitor recorded vitals.
* Monitor patients with life threatening conditions and administer medications according to Physician order and instructions.
* Ensure that patients were properly prepared for required tests and procedures.

Maharaj Institute, Boynton Beach, FL

*Clinical Registered Nurse (October 2016 - February 2020)*

* Complete nursing assessments on patients
* Draw blood and start intravenous access sites
* Collaborate with the medical assistant, other nurses, and doctor on plan of care for patients

Care Revolutions, Los Angeles (agency)

*Peri-operative Registered Nurse (April 2017 - January 2019)*

* Monitor post surgical patients
* Ensure post surgical patients' pain and vital signs are stable
* Review discharge and follow up instructions with post surgical patients

Palms West Hospital, Loxahatchee, FL

*Medical-surgical & Telemetry Registered Nurse (February 2015 - May 2018)*

* Use aseptic technique to handle wound care, dressing changes, and to insert catheters
* Assess and document on multiple patients
* Plan, coordinate, and manage the care of several different patients
* Transfuse blood and blood products through peripheral and central lines
* Therapeutically communicate with patients, families, and other healthcare workers

**SKILLS/CERTIFICATIONS:**

Basic nursing care and skills (BLS certified)

Advanced Cardiac Life Support (ACLS) certified

EMR systems: MediTech, Epic, Cerner, KIPU

15 years of customer service experience