Shingta Desinord, RN-BSN

6756 NW 4th Street Margate, FL۰ 33063 954-608-1025 ۰shingtadesinord@gmail.com

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| **QUALITIES** |  |

* Excellent organizational skills, multitask, goal-oriented, proactive, and very persistent. Huge experience in working with children and families. Great communication skills (both written and spoken). Very attentive to others interest and well-being. Ability to understand cultural and ethnic factors of client population. Ability to establish and maintain effective working relationships with others.

## SKILLS/CERTIFICATIONS: Proficient at Microsoft Office: (Word, PowerPoint, Outlook, and Access) and Powerchart

## Translation fluency in Creole and moderate Spanish

## BLS and ACLS certified

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**EDUCATION**

South University, Savannah, GA

Masters of Science in Nursing

*Spring 2019*

Florida Atlantic University, Boca Raton, FL

Bachelor of Science in Nursing,

*Cum Laude, Spring 2013*

## PROFESSIONAL EXPERIENCES

Boca Raton Regional Hospital

***Cardiac Telemetry…………….……….………………………………………………………..…………………Dec 2017—Present***

* Work closely with various cardiac specialists (electro physiologists, cardiologists, cardiothoracic surgeons) as well as allergist, endocrinologist, general surgeons, neurologist and more. Prepare patients for procedures such as cardioversion, ablation, stress test, cardiac catheter, pacemaker and loop recorder insertion. Manage and empty pleurex catheter as ordered. Administer and monitor IV and oral cardiac medication and perform EKG as necessary. Educate patients and families on signs and symptoms or cardiac disease and stroke. Monitor patients for abnormal rhythms and notify physicians. Initiate codes/rapid response when appropriate. Track lab values, test results, and physicians’ orders on Care compass every hour.

Broward Health Imperial Point

***Progressive Care Unit…………………………..………………………………………………………………Jun 2016—Aug 2017***

* Provided skilled nursing care to PCU patients. Developed and revised individualize plan of care base on patients’ specific needs. Completed and documented detailed head to toe assessments as per unit’s standard.
* Administered medications and assist in diagnostic testing for HIV-positive patients. Assisted patients with multiple chronic diagnoses including COPD and asthma. Provided education, treatments, IV therapy, venipuncture and wound care. Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
* Monitored IV drips and track lab values as per protocol.

Florida Hospital East Orlando

***Medical–Telemetry RN, 4 East…………………………………………………………………………Feb 2014—Present***

* Provided skilled nursing care to Medical-telemetry and Medical/surgical patients. Develop and revise individualized plan of care base on patient’s specific needs. Complete and document detailed head to toe assessments as per unit’s standard.
* Tracked lab values, test results, and physicians’ orders on Care compass every hour. Updated physicians when appropriate.
* Performed tasks such as PIV insertion, Urinary catheter insertion and urinary catheter care, administer medication via various routes, wound care, and assist with physical activity and daily hygiene. Maintained patients safety through hourly round.
* Communicated effectively with patients and family members. Maintained open communication with patients and families, team members and outside agencies.

Deerfield Beach Health and Rehabilitation Center

***Rehabilitation/Skilled Nursing…………………..……………………………………………………………Sept 2013—Feb 2014***

* Delivered skilled nursing care to short-term (rehab) and long-term/chronic patients. Administered various medications for each patient and monitored pain level as well managing pain. Reported to physicians and other specialists about the progression of symptoms observed in patients. Maintained Patients’ safety.

SOS Children’s Village, Coconut Creek, FL

***Direct Care Professional…………………………………………..……………………………………May 2011—Aug 2012***

* Ensured a safe and secure environment for clients. Developed trusting and empathic relationships with clients, demonstrated understanding of concerns and the ability to intervene appropriately.
* Accurately developed and maintained written documentation including progress notes, transition throughout the Step System and referrals to activities within and out of the agency.
* Supported client’s emotional and social development, encouraged understanding of others and positive self-concepts.
* Focused on client’ needs, including serving as an advocate as necessary, while working effectively in an interdisciplinary team. Implemented behavior modification techniques as instructed.

Tutoring in your Home, Ft Lauderdale, FL

***Academic Tutor……………………..………………………………………………..……………………Oct 2010—May2011***

* Assisted Kindergarten through middle school students in the development of reading, math and science skills and enjoyment. Collaborated with the program directors and staff members to assess the student's needs and how best to address them.
* Developed learning strategies as well as completed daily and monthly paperwork highlighting the clients’ progress.
* Created lesson plans that are culturally relevant for diverse populations. Collaborated with parents and colleagues to exchange proven learning strategies.

Sunrise Community Inc., Tallahassee, FL

***Direct Support Staff*……….………………………………………………………………………….....*Oct 2008--July 2010***

* Protected and promoted client’s rights and assisted in maintaining independence. Ensured the safety and well-being of the client is maintained. Assisted clients with routine care in accordance with established plan of care.
* Monitored signs and symptoms associated with various medical conditions and maintained interaction with clients as wells as family members. Fostered cheerful, positive outlook and provided compassionate responses to clients and colleagues.

## LEADERSHIP

FAMU Baptist Collegiate Ministry, Tallahassee, FL

***President…………………………………………………………………........................................Spring 2009--Spring 2010***

* Worked with college students to provided alternative lifestyle while in college as they experience spiritual, academic, and leadership growth. Participated in national as well as state conferences. Planned events to serve the community. Conducted and attended weekly meetings with director and e-board. Created flyers to promote organization around community and assisted with other general duties.