

Sheltonia Hughes

Jacksonville, FL
s.h511@yahoo.com
+1 803 410 6308

A knowledgeable registered nurse with experience in delivering comprehensive patient care to diverse patient populations. A nurse who looks forward to fostering relationships with a company and coordinating with healthcare professionals to advance patient care.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

CHI Health Lakeside - Omaha, NE
January 2022 to Present

- Med/surg Ortho Unit
- Patient ratio 1:5
- Epic charting, pyxis medication dispense
- Ambulate patients post surgical procedures
- Continuously monitored patients' conditions
- Assessed patient physical, social, language or mental needs

Med/Surg RN

Trident Medical Center - Charleston, SC
August 2021 to December 2021

- Med/Surg float pool with main floor being Ortho/Post-Trauma Unit
- Routinely cared for 6-7 patients
- Administered blood and medications
- Taken care of patients in bucks and hares traction
- Accessed chemotherapy chest ports
- Initiated and monitored heparin drips
- Initiated and monitored patients on PCA pumps

Registered Nurse

Kindred Hospital LTAC - Green Cove Springs, FL
August 2020 to December 2021

- Routinely assess patients, assess with changes in condition
- work with the interdisciplinary team closely on the best treatment for patient to progress
- phlebotomy peripheral sticks, central line draws, collection of different specimens, initiate intravenous lines
- wound care and request consultations on the patients behalf
- administer subcutaneous, intramuscular injections
- tracheostomy care with different settings
- administer medication via peg tube, nasogastric tube, parental nutrition administration, blood products administration

Registered Nurse

Regency Hospital Company - Florence, SC
March 2021 to July 2021

- Provided direct care of up to 6 patients per shift
- Carried out the care plan
- Directed and managed critical care patients
- Monitored and documented patient's vitals
- Administered cardiac drips and injections
- Provided education and discharge instructions
- Monitored patients on sedative and analgesic drips

Registered Nurse

Fernandina Beach Rehab and Nursing Center - Fernandina Beach, FL
July 2019 to September 2020

- Treat patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases, and injuries.
- Give vaccination shots for influenza and pneumonia.
- Administer medications and document patient conditions.
- Promote healthier lifestyle choices to reduce reemergence of painful, dangerous disorders.
- Educate patient and family on treatments and at home care.
- Intermittent supervisory position
- Monitor patient's condition and assess their needs to provide the best possible care and advice
- Observe and interpret patient's symptoms and communicate them to physicians
- Collaborate with physicians and nurses to devise individualized care plans for patients
- Perform routine procedures (blood pressure measurements, administering injections etc.) and fill in patients' charts

Registered Nurse

Harts Harbor - Jacksonville, FL
July 2019 to August 2020

- Requesting diagnostics tests ordered
- Dressing wounds and incisions
- Reviewing and implementing treatment plans
- Assess patient, and administer medication
- Guiding patients in healthy habits
- Providing emotional support to patients and families

Education

Bachelor's in Nursing

Western Governors University - Salt Lake City, UT
November 2019 to Present

Associate in Nursing

Concorde Career Institute-Jacksonville - Jacksonville, FL
July 2017 to January 2019

Nursing Licenses

RN

Expires: April 2023

State: FL

Certifications and Licenses

BLS/CPR

January 2022 to January 2024

Cardiopulmonary resuscitation (CPR) is a procedure to support and maintain breathing and circulation for an infant, child, adult, or adolescent who has stopped breathing (respiratory arrest) and/or whose heart has stopped (cardiac arrest). CPR is performed to restore and maintain breathing and circulation and to provide oxygen and blood flow to the heart, brain, and other vital organs.

Registered Nurse (RN)

January 2021 to April 2023

License Number: RN9513443

- Providing hands-on care to patients by administering medications, managing intravenous lines, observing and monitoring patients' conditions, maintaining records and communicating with doctors.

First Aid Certification

Advanced Cardiovascular Life Support (ACLS)

March 2021 to March 2023

NIHSS

August 2021 to August 2022

- Frequently assess patients throughout shift for signs and symptoms of acute stroke like symptoms.
- Following the proper steps and guidelines to intervene during an acute event.

Additional Information

I have experience working with catheters, tracheostomy patients, hoyer lifts, medication administration, peg tubes, etc.