

CASANDRA EXTRA-MAYAS

Pompano Beach, FL 33068

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PROFESSIONAL SUMMARY

Compassionate Registered Nurse with over 2 years of experience in offering comprehensive patient care in critical environments. Work well with diverse patient population and foster trusting relationships to improve outcomes. Efficiently coordinate with healthcare professionals to advance patient care.

SKILLS

- Patient Care
- Precepting
- Treatment Planning
- Preventative Health
- Chronic Disease Management
- Medication Administration/Management
- Peritoneal Dialysis Administration

WORK HISTORY

11/2018 to Current

Registered Nurse

Memorial Regional Hospital – Hollywood, FL

- Partnered with physicians, social workers, activity therapists, nutritionists and case managers to develop and implement individualized care plans and documented all patient interactions and interventions in electronic charting systems.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans on 36 bed unit.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.

11/2018 to Current

Rotating Charge Registered Nurse

Memorial Regional Hospital – Hollywood, FL

- Identified unit areas of inadequacy and adjusted procedures to close gaps and improve policies.
- Strengthened unit care standards and policies with focus on patient safety and dignity.
- Maximized team performance by monitoring nursing care, including patient assessment processes and treatment implementations.

11/2018 to Current **Peritoneal Dialysis Registered Nurse**

Memorial Regional Hospital – Hollywood, FL

- Assisted in examination and evaluation of patient candidates to arrange appropriate peritoneal dialysis treatment and other services.
- Educated patient and support person on performing continuous ambulatory peritoneal dialysis and automated peritoneal dialysis in hospital and at home.
- Trained nurses on continuous ambulatory peritoneal dialysis to assist unwell patients admitted for acute treatment.

EDUCATION

06/2018

Bachelor of Science: Nursing

Nova Southeastern University - Davie, FL

CERTIFICATIONS

- Licensed Registered Nurse - RN# 9492388
- Basic Life Support (BLS) - Current
- Advanced Cardiac Life Support (ACLS) - Current