Flavia Pinto

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**Summary**

Patient-focused and empathic registered nurse seeking position with growing medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of patients. Compassionate and hard-working nurse looking for a position in a small-town hospital.

**Education**

**Grand Canyon University**

Bachelors of Nursing

Phoenix, Arizona

Graduating March 2020

**Fr. Mueller's College of Nursing**

General Nursing and Midwife (RN/RM)

Mangalore, Karnataka

Graduated June 2002

**Employment History**

**Ascension Seton Medical Center Austin**

**Registered Nurse –TL /CM-LVAD Resource RN Telemetry Unit**

October 2007 – Present

 **Duties:**

* Providing acute and close monitoring of adults pre and post op heart surgery, acute and chronic heart failure, arrhythmias, myocardial infarction, pre and post heart catheterization (with and without stents), AICD, pacemakers, TVAR, heart transplants, patients with mechanical circulatory support (LVAD ,Heart ware )
* Monitoring chest tubes, temporary pacing, epidural and PCA pumps
* Closely monitoring effectiveness of IV drip cardiac medications (including Amiodarone, Cardizem, Dobutamine, Dopamine, Heparin, Lasix, Remodulin etc.)
* Working collaboratively with other disciplines to achieve optimum care for the patients
* Preceptor for graduate nurses and newly hired experienced registered nurses
* Facilitating new hire orientation for the hospital network

**Newark Care Facility**

 Relief- Supervisor

Newark, New Jersey

August 2006 – June 2007

 **Duties:**

* Supervision of up to 15 staff members- registered nurses and clinical assistants on 54 bed unit
* Coordination of patient assignment and staffing needs, ensuring coverage and attendance to patients’ needs
* Professional and graceful management of challenging and complex patient situations
* Maintaining calm, caring environment throughout the shift
* Part of two nurse team responsible for monthly staffing schedules

**Royal Hospital**

**Registered Charge Nurse- Pediatric Step down Unit.**

Muscat, Sultanate of Oman.

July 1994 – October 2005

**Duties:**

-providing quality patient care and management of all patients and nursing staff and functions in an administrative and/or managerial capacity in the clinical environment.

-Ensuring the highest quality patient care is delivered, cost effective operations and continuity of care.

-clinical judgement-using clinical reasoning, conducted accurate clinical assessments according to practice standards.

Sharing accountability for effective decision-making by acquiring necessary skills, mastering relevant content, assessing situations currently, sharing fact –based information, communicating professional opinions clearly and enquiring actively.

-systematically evaluating the quality and effectiveness of nursing practice, including, but not limited to, nursing sensitive indicators.

Supporting evidence –based practices and implemented practice changes through research utilization and experimental learning, participated in quality/performance improvement initiatives.

Creating a compassionate, supportive, safe and therapeutic environment for patients/families and staff.

-Delivering care in a non-judgmental and non-discriminatory manner, by assessing the patient and family level of understanding to provide effective communication.

Functions as a team member and works collaboratively involving intra-and inter-disciplinary work with colleagues and community.

Delegating tasks/care to appropriate staff and timely follow up, demonstrating critical communication skills including self-awareness, inquiry/dialogue, conflict management, negotiation, and advocacy and listening.

Using strategies and available resource for problem-solving for patient/family and staff.

-Assuming active role in keeping informed about changes in hospital policy, procedures and equipment’s.

Improving nursing practice and the way nursing is perceived as a professional rather than a job through components such as Maintaining positive and caring attitude, clear/neat appearance, willingness to help others, educational development and training, self-awareness and overall way interacting with others.

**Breach Candy Hospital**

**Registered Nurse- Relief Charge Nurse. Adult Emergency Department**.

Mumbai, Maharashtra

June 2002 – June 2004

 **Duties:**

* Supervising nursing staff and monitoring their needs.
* Coordinating daily administrative duties, including schedules, nursing assignments and patient care.
* Overseeing patient admissions, transfers and discharges.
* Mentoring and training new staff and providing support and guidance to all staff members.
* Monitoring medical charts and providing compassionate care and assistance to patients and families.
* Liaising with doctors and administrators and communicating any protocol changes to staff.
* Ensuring compliance with all health and safety regulations.
* Recording and maintaining accurate reports.
* Identifying issues or emergencies and responding in a calm and efficient manner.

**Hobbies & Interests**

Travelling, Gardening and Cooking

**Professional Skills**

Coordinating Patient Care: of LVAD, HVAD and heart Transplants. ● ● ● ● ●

Defibrillation: ● ● ● ● ●

Electrocardiogram monitoring: ● ● ● ● ●

Stress Test Evaluations: ● ● ● ● ●

Cardiac Drips: ● ● ● ● ●

**Licenses and Certifications**

* Cardio Vascular Registered Nurse (CVRN)
* N.I.H-Stroke Certification
* Advanced Cardiac Life Support (ACLS)
* Basic Life Support (BLS)
* Biotherapy
* Left Ventricular Assist Device (LVAD)
* Heart ware (HW)