### CANDY MUGO, BSN RN

Beaverton OR 97005 | 774-253-1499 │callia89@gmail.com

##### Multi-Dimensional Nurse

*Drive system-level quality and performance improvements for better patient and community health.*

Oregon licensed Registered Nurse with over 8 years of adult care experience. Strong skills in providing quality care, nursing leadership, personnel management, communication and multidisciplinary team collaboration. Self -motivated and resourceful. Also has experience in Critical Care, Med-Surgical, Geriatrics, Psychiatry, Occupational Health and Hospice

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| * Patient Centered Care
 | * Gastroenteric Nutrition and Care
 | * Skilled in Conducting Physical Exams
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| * Strong Clinical Judgement
 | * Geriatric Treatment Knowledge
 | * Diabetes, Hospice and Stroke Care
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| * IV Drug Therapy Management
 | * Wound Care/Cleaning Expertise
 | * Infection Control Proficiency
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| * Medication Administration
 | * Regulatory Compliance
 | * Psych and Mental Health Proficiency
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# Professional Experience

**CRITICAL CARE TRAVEL NURSE** — Legacy Good Samaritan Hospital, Portland OR **Oct 2020 – Present**

* Manage patients' airway or pulmonary status using techniques such as endotracheal intubation, mechanical ventilation, pharmacological support, respiratory therapy, and extubation.
* Receiving surgical patients out of the operating room. Open-heart, valve replacement, vascular cases and critically ill surgical patients.
* Assist physicians with procedures such as bronchoscopy, endoscopy, endotracheal intubation, arterial line and elective Cardioversion
* Administer blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.
* Monitor patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.
* Responsibilities include medication administration, titrating drips, caring for patients with shock and multi-system failure.
* Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
* Respond to emergency situations by providing airway management, administering emergency fluids or drugs, or using basic or advanced cardiac life support techniques.
* Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
* Advocate for patients' and families' needs or provide emotional support for patients and their families.
* Collaborate with other health care professionals to develop and revise treatment plans based on identified needs and assessment data.

**CRITICAL CARE FLOAT RN/CRITICAL CARE STAT NURSE** — UMASS Memorial Medical Center, Worcester MA

 **Dec 2018 – Oct 2020**

* Provided direct patient care to patients with high acuities that are respiratory, cardiac and neurologically impaired
* Cross-trained and worked in cardiovascular, neuro, trauma, surgical and medical ICU
* Consulted and coordinated with health care team members to assess, plan, implement and evaluate patient care plans in a dynamic critical care environment.
* Performed procedures of intravenous therapy including venipuncture for blood tests, set-up and monitoring of chest tubes and drainage systems, arterial line insertions and saline lock insertions.
* Managed and planned care for hemodynamically unstable patients by utilizing critical thinking skills and evidence-based practice.
* Proficient at hemodynamic monitoring, vasoactive, inotropic drip titration and moderate sedation medication.
* Collaborated with physicians and other medical staff to develop an integrated and holistic patient Plan of Care in alignment with patient and family needs
* Certified in BLS & ACLS, lead and assisted in numerous codes and Level 1 trauma admissions
* Performed as a first responder to Code Blues and Rapid Responses throughout a 640-bed level 1 hospital

**RN CLINICAL EMPLOYEE HEALTH/ OCCUPATIONAL INJURY CARE,** — UMASS Memorial Medical Center, Worcester MA

**Oct** **2017 – Dec 2018**

* Triage employee injuries and illnesses. Provide first aid and assist NP/Physician or others in procedure as requested.
* Administer immunizations, vaccines, PPD’S and other medications as ordered by NP/Physician.
* Facilitate the entry of new hires and coordinate the retrieval of information and the delivery of preplacement assessment process in accordance with defined job specific protocols.
* Provides education along the continuum of the process of new hires and to existing employees.
* Conducts education related to occupational illnesses and injuries to employees according to OSHA guidelines as indicated
* Provides exposure surveillance for air-borne pathogens for employees. Screens employee population as indicated for air-borne and blood-borne pathogen exposures

**RN MED-SURGICAL UNIT** — UMASS Memorial Medical Center, Worcester MA

**Apr 2016 - Sep** **2017**

* Integral member of a health care team charged with assessing patient needs, planning or modifying care and implementing interventions.
* Perform assessments; provide intravenous therapy; complex wound care; monitor various drainage devices, etc.
* Document the patient's plan of care using identified nursing diagnoses, expected patient outcomes, and selected nursing interventions
* Demonstrate ability in managing critical situations and making care-based decisions.
* Perform Charge and resource nurse duties as needed.
* Supervision of patient care assistants.
* Collaborate daily with physicians and health care team to achieve optimum patient care.

**RN PSYCHIATRIC CHARGE NURSE** — Worcester Recovery Center and Hospital, Worcester MA

**Feb 2013 – May 2017**

* Provide direct quality care to patients including daily monitoring, recording, and evaluating psychiatric medical conditions of up to 26 patients per day.
* Collaborate with other disciplines as well as patient to develop individual treatment plans.
* Provide psychological education to patients, family and groups to promote knowledge, comprehension and effective management of mental health and psychiatric disorders
* Lead the team in the provision of high-quality care for adults with mental health problems. Ensure safe and effective clinical practice.
* Lead and trained newly staff registered nurses on unit routine, hospital protocol, and direct patient care, and duties within the unit
* Respond to numerous volatile situations and violent outbreaks, earning the respect of physicians and coworkers for calm, levelheaded and quick thinking to restore the safety and security of patients and staff.
* Ensure that doctors' orders were effectively carried out, including testing, medical procedures, consultations and stat orders for restraint.
* Administer medication/treatments and document administration with reaction in client’s clinical charts. Observe, record and initiate appropriate action to medication and therapeutic procedures
* Provide direct management of clinical staff and provide clinical supervision for mental health counselors.
* Provide therapeutic interactions with patient to assist them in identifying sources of anxiety.
* Maintain the therapeutic milieu using acceptable standards.

**RN Adult Care Facilities**— West side House, Worcester MA

**Sep 2012 – May 2015**

* Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.
* Assessment, monitoring proper follow through and documentation for residents with change in health care services and health status changes.
* Assisting the Director of Resident Care to maintain resident wellness files.
* Communicate with Resident's family members (or Responsible Party), attending Physicians and other outside service members i.e Hospice, Visiting Nurse, PT/OT when necessary and/or upon family request to ensure quality Resident Service(s).
* Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.
* Provide nursing care according to the plan of care.  Nursing care includes physical care, emotional support, and patient and family education.
* Identified and initiated referrals for community and social resources, including financial, psychosocial, and state services
* Collaborated with physicians and other healthcare professionals on care plan management and changes.
* Completed detailed patient intakes, including documenting patient histories and current vitals.
* Administered prescribed medications and monitored patients for side effects and adverse reactions.
* Modified patient treatment plans as indicated by patients’ responses and conditions.
* Trained student and newly registered nurses in the correct nursing procedures and performance strategies.
* Prepared patients for physician examinations and treatments, answered questions and offered emotional support.
* Immunized patients against common infections such as influenza and tetanus with routine vaccinations.
* Educated patients, family members, and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.
* Monitored patients closely to spot problems and reported serious concerns to treating physicians for timely interventions.

**RN HOSPICE** — New England Hospice, Hingham MA

 **Sep 2012 – May 2015**

* Maintain comfort and quality of life, and alert physicians about changes in patients' condition
* Provide continuous and precise assessment of patient’s pain and comfort levels
* Communicate daily with interdisciplinary team including physicians, social worker, chaplain, nursing assistants, volunteer coordinator, and other hospice nurses
* Empathic, coherent communication with patient and family
* Implement or revise patient care plans reflecting changes in patients' condition.
* Provide physical, mental, emotional, and spiritual encouragement and support to patient and their support system through on-going education, personal care assistance, active listening, validation of feelings and hospice presence.
* Provide emotional support for the family after the patient transcends to the next life.

# Education & Credentials

***BACHELOR OF SCIENCE IN NURSING*** |*University of Massachusetts Amherst, Amherst MA*

***05/2015***

**ASSOCIATES DEGREE IN NURSE EDUCATION** | Quinsigamond Community College, Worcester MA

***05/2012***

# AFFILIATIONS

* Massachusetts Nurses Association, 2013-Present
* Phi Theta Kappa Honor Society- Member 2007- Present

# VOLUNTEER

* Liberty Churches, 2007- Present
* United Service Organization,2015- Present
* UHAI for Health Inc, 2010-present