**TRICIA RICA G. VELASCO**

#### 3602 Rolling Green Dr Apt 433

Abilene, TX 79606

954-812-5509

twisha\_twish@yahoo.com

# SPECIALTY

ICU – Intensive Care Unit (13.5 years)

# LICENSE AND CERTIFICATION

**BSN - Bachelor of Science in Nursing** – University of Pangasinan, Philippines

Graduated 2006

**RN – Registered Nurse TX – Compact License**, Body: TXBON–Texas Board of Nursing

Expires: 01/31/2022, License #: 951606

**ACLS - Advanced Cardiovascular Life Support,** Body: AHA – American Heart Association, Expires: September 2022

**BLS – Basic Life Support**, Body: AHA – American Heart Association,

Expires: September 2022

# PROFESSIONAL WORK EXPERIENCE

**UNITED REGIONAL HEALTH CARE SYSTEM 04/JAN/2021 – Present**

Wichita Falls, Texas, USA

**Position: Travel RN**

**Brief hospital description:** United Regional is a technologically - advanced 325 bed hospital Trauma Center, Level II. I worked as an ICU Nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems needing extensive monitoring and care.

**Position:** ICU- RN (Travel RN)

**No. of Beds:** 30 beds

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**EMR:** EPIC

**Responsibilities:**

* Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
* Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
* Assists the physician during Intubation, central line and arterial line placement
* Plays a role during emergency resuscitation, cardioversion/defibrillation
* Management and provide care for patients with endotracheal tube, tracheostomy, AICD, permanent pacemaker, temporary/external pacemaker, day 3 post open heart surgery, post cardiac catheterization, post pericardial window, thoracentesis, post thoracotomy, chest tube management
* Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
* Continuous nursing assessments of patients’ physical and emotional needs and corresponding therapeutic interventions.

**Special Equipment:**

* Cardiac Monitor, Alaris Infusion pumps / Syringe/PCA pumps / Feeding Pumps /, Temporary pacemaker, Mechanial Ventilator, BiPAP/CPAP machine, suction, iSTAT machine, Endotool

**HENDRICK MEDICAL CENTER SOUTH**

**(formerly - ABILENE REGIONAL MEDICAL CENTER) 08/OCT/2018 – 26/DEC/2020**

Abilene, Texas, USA

**Brief hospital description:** Hendrick Medical Center South (formerly Abilene Regional Medical Center) is a 231-bed capacity health care facility that aims to render the best quality health care services in all areas and ensures to meet all of its clients’ needs. I worked as an ICU Nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems needing extensive monitoring and care

**Position:** ICU RN

**No. of Beds:** 20 beds

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**EMR:** Medhost

**Responsibilities:**

* Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
* Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
* Assists the physician during Intubation, placement of central line and arterial line
* Plays a role during emergency resuscitation, cardioversion/defibrillation
* Management and provide care for patients with endotracheal tube, tracheostomy, AICD, permanent pacemaker, temporary/external pacemaker, day 3 post open heart surgery, post cardiac catheterization, post pericardial window, thoracentesis, post thoracotomy, chest tube management
* Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
* Continuous nursing assessments of patients’ physical and emotional needs and corresponding therapeutic interventions.

**Cases Handled:**

* All critically-ill adult patients who are hospitalized and requiring invasive ventilation, severe sepsis, septic/hypovolemic/cardiogenic shock, post cardiac arrest with successful return of spontaneous circulation placed hypothermia/cooling protocol, pulmonary embolism, CHF, cardiomyopathy, pneumonia (aspiration, community acquired, Covid 19), COPD exacerbation requiring high requirement setting on non invasive ventilation, heart dysrhythmias/heart block, GI bleed, post thoracotomy, day 3 post open heart surgery, etc.

**Equipment handled:**

* Cardiac Monitor, Alaris Pump Infusion, Feeding Pumps, Temporary pacemaker. Mechanical Ventilator, PCA pumps

**SUR HOSPITAL 07/JULY/2014 – 04/SEPT/2018**

Sultanate of Oman

**Brief hospital description:** Sur Hospital is a 241-bed capacity health care facility under the Ministry of Health, Sultanate of Oman that aims to render the best quality health care services in all areas and ensures to meet all of its clients’ needs. I worked as a CCU Staff Nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems in the cardiovascular area.

**Staff Nurse:** CCU

**No. of Beds:** 6 beds

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**Responsibilities:**

* Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
* Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
* Assists the physician during Intubation and Extubation
* Assists the physician in central line insertion and temporary pacemaker insertion
* Plays a role during emergency resuscitation, cardioversion/defibrillation
* Management and provide care for patients with ICD/permanent pacemaker, temporary external pacemaker, post cardiac catheterization, post pericardial window, and thoracentesis
* Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
* Continuous nursing assessments of patients’ physical and emotional needs and corresponding therapeutic interventions.

**Cases Handled:**

* All adult patients who are hospitalized due to life-threatening ailments such as Coronary artery disease, congestive Heart failure, angina, heart dysrhythmia, myocardial infarction, heart block, ischemic heart disease, left ventricular failure, pleural and pericardial effusion, endocarditis, pulmonary edema, etc.

**Equipment Handled:**

* Cardiac Monitor, Infusion / Syringe / Feeding Pumps, Temporary pacemaker, Mechanical Ventilator, Suction Machine

**KING SAUD MEDICAL CITY 07/FEB/2012 – 08/JUNE/2014**

Kingdom of Saudi Arabia

**Brief hospital description:** King Saud Medical City, a CBAHI and JCI accredited health care facility, comprises of three hospitals namely General, Maternity & Pediatric hospital with a total of 1,500 bed capacity. I worked as a Staff Nurse at the CCU, with a 24-bed capacity & we provide care for all critically ill or unstable patients, requiring intensive monitoring and observation or treatment for cardiac condition or procedure, with appropriate medical consultation.

**Staff Nurse:** CCU

**No. of Beds:** 24 beds

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**Responsibilities:**

* Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
* Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
* Assists the physician during Intubation and Extubation
* Assists the physician in central line insertion and temporary pacemaker insertion
* Plays a role during emergency resuscitation, cardioversion/defibrillation
* Management and provide care for patients with ICD/permanent pacemaker, temporary external pacemaker, post cardiac catheterization, post pericardial window, and thoracentesis
* Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
* Continuous nursing assessments of patients’ physical and emotional needs and corresponding therapeutic interventions.

**Cases handled:**

* All adult patients requiring intensive care for a condition which is usually cardiac in origin like Myocardial Infarction, Acute Coronary disease, Ischemic heart disease, Left ventricular Failure, Pulmonary Edema, Rheumatic Heart Disease, Pleural/Pericardial Effusion, Endocarditis, Pericarditis, etc.

**Special Equipment**

* Cardiac Monitor, Infusion/Syringe/Feeding Pumps, Temporary pacemaker, Mechanical Ventilator, Suction Machine

**REGION 1 MEDICAL CENTER 01/FEB/2010 – 29/JAN/2012**

Philippines

**Brief hospital description:** Region 1 Medical Center is a DOH (Department of Health) accredited and ISO certified tertiary government hospital with 600 bed capacity, committed towards providing safe and efficient health care services to all type of patients. I worked as a Staff Nurse in Critical Care Department – ICU/CCU with 20 beds and we provide treatment and management to critical & unstable patients with medical and cardiovascular diseases that require intensive monitoring & treatment.

**Staff Nurse:** ICU – CCU

**No. of Beds:** 20 Beds

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**Responsibilities**

* Management of a patient on a ventilator
* Performed weaning from ventilator
* Management of a patient with chest tube & tracheostomy
* Management of & performed CVP readings
* Starting IVs, urinary catheter & nasogastric tube insertion
* Assists during Intubation/Extubation
* Medication Administration through intravenous, subcutaneous, intradermal, oral, NGT

**Cases Handled**

* Acute Myocardial Infarction, Congestive Heart Failure, Cardiac Dysrhythmias, Rheumatic Heart Disease, Coronary Artery Disease, Cardio Vascular Disease, Intracerebral Infarction, Cerebrovascular Accident

**Special Equipment**

* Cardiac Monitor, Infusion Pump, Electrocardiogram, Mechanical Ventilators, Suction Machine

**SPECIALIST GROUP HOSPITAL AND TRAUMA CTR. 15/SEPT/2007 – 08/NOV/2009**

Philippines

**Brief hospital description:** This is a private tertiary hospital which consists of 100 bed capacity offering all specialties. As a Staff Nurse in the ICU – CCU Department, we provide care and management to critically ill patients with Trauma, Neuro-surgical, Medical & Cardiovascular cases which requires intensive treatment and monitoring.

**Nurse:** ICU – CCU

**No. of Beds:** 10

**Patient Ratio:** 1:2, 1:1 (for critically ill patients)

**Responsibilities**

* Management of a patient on a ventilator
* Performed weaning from ventilator
* Management of a patient with chest tube & tracheostomy
* Management of & performed CVP readings
* Starting IVs, urinary catheter & nasogastric tube insertion
* Assists during Intubation/Extubation
* Medication Administration through intravenous, subcutaneous, intradermal, oral, NGT

**Cases Handled**

* Intracranial hemorrhage, Cerebrovascular accident, Vehicular accidents, Myocardial infarction, Pneumothorax, Adult respiratory distress syndrome, Uncontrolled hypertension

**Special Equipment**

* Cardiac Monitor, Infusion Pump, Electrocardiogram, Mechanical Ventilators, Suction Machine

**REGION 1 MEDICAL CENTER 02/APR/2007 – 07/SEPT/2007**

Philippines

**Brief hospital description:** Region 1 Medical Center is a DOH (Department of Health) accredited and ISO certified tertiary government hospital with a 600-bed capacity committed towards providing quality health care to all type of patients.

**Nurse:** Volunteer Nurse in General Wards (Medical, Surgical, Private), PACU – Recovery Room with rotational assignment of every 4 weeks in each area

**No. of Bed:** 70 beds in (per ward) General wards, 5 beds in PACU – RR

**Patient Ratio:** 1:5 in General wards, 1:1 in PACU - RR

**Responsibilities**

* As a Nurse Volunteer in this facility, I have been assigned in different areas with an average of 4 weeks. I join the Staff Nurses and participated in planning and implementation of care to patients. I also assisted physicians during their rounds to the patients.
* Starting IVs & giving intravenous medications
* Maintained sterile fields & application of dressings
* Urinary catheter insertion
* Assessed patient status & notify physicians of clinical changes
* Interacted with departments regarding patient care
* Scheduled patient admissions & discharges

**Special Equipment**

* Cardiac Monitor, Blood Pressure apparatus, Pulse oximeter, Infusion Pump, Electrocardiogram, Glucometer