

TRICIA RICA G. VELASCO

BSN, RN

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SPECIALTY

ICU (15 years)

LICENSE AND CERTIFICATION

BSN - Bachelor of Science in Nursing – University of Pangasinan, Philippines
Graduated 2006

RN – Registered Nurse TX (Multistate/Compact License)
Expires: 01/31/2024, License #: 951606

ACLS - Advanced Cardiovascular Life Support, Body: AHA – American Heart Association, Expires: September 2022

BLS – Basic Life Support, Body: AHA – American Heart Association,
Expires: September 2022

PROFESSIONAL WORK EXPERIENCE

TEXAS HEALTH RESOURCES PRESBYTERIAN HOSPITAL 02/AUG/2021 - Present

Plano, Texas

Brief hospital description: Texas Health Resources is a faith-based, nonprofit health system that cares for more patients in North Texas with a mission to improve the health of the community being served.

Position: ICU- RN

EMR: EPIC

Responsibilities:

- Provide safe patient care in accordance with hospital & departmental policies and procedure while maintaining patient privacy and confidentiality

- Monitoring of vital signs, heart rhythm, adequacy of ventilation, level of consciousness and pain
- Collaborate with physicians and other health care team members to provide optimum levels of care to critically-ill patients
- Notifies responsible practitioners of significant changes in patient condition
- Plays a role during emergency situation such as cardioversion/defibrillation, administration of emergency medications, CPR as per AHA BLS & ACLS guidelines
- Medication administration utilizing the newest advancements in bar scanning and documentation technologies designed to ensure the safest delivery of medications to patients

METHODIST DALLAS MEDICAL CENTER 28/NOV/2021 - Present

Dallas, Texas

Brief hospital description: A Renowned Acute Care and Teaching Hospital in Dallas. From high quality medical services to nationally renowned medical education and residency programs, Methodist Dallas Medical Center is a leading health care resource in North Texas. We have been consistently recognized for our high standards of care for heart attack, heart failure, stroke, and other medical issues that require expert-level treatment.

Position: ICU- Travel RN

EMR: EPIC

Responsibilities:

- Provide safe patient care in accordance with hospital & departmental policies and procedure while maintaining patient privacy and confidentiality
- Monitoring of vital signs, heart rhythm, adequacy of ventilation, level of consciousness and pain
- Collaborate with physicians and other health care team members to provide optimum levels of care to critically-ill patients
- Notifies responsible practitioners of significant changes in patient condition
- Plays a role during emergency situation such as cardioversion/defibrillation, administration of emergency medications, CPR as per AHA BLS & ACLS guidelines
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THE HOSPITAL OF PROVIDENCE – SIERRA CAMPUS 05/APR/2021 - 12/JUN/2021

El Paso, Texas

Position: ICU - Travel RN

Brief hospital description: The Hospital of Providence is a 350 bed capacity hospital for heart care, neuro and brain services, back and spine surgeries and more, serving the southwest communities of El Paso, Texas. I worked as an ICU travel nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems needing extensive monitoring and care.

Position: ICU- RN (Travel RN)

No. of Beds: 30 beds

Patient Ratio: 1:2, 1:1 (for hemodynamically unstable patients)

EMR: CERNER

Responsibilities:

- Delivery of safe patient care to assigned patients utilizing nursing process, critical thinking, planning, clinical judgment and technical skills.
- Maintains patient privacy and confidentiality
- Continuous cardiac monitoring and dysrhythmia interpretation, hemodynamics and vital signs monitoring.
- Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
- Communicates with the physician about changes in the patient's clinical condition including hemodynamic monitoring, results of diagnostic studies, abnormal laboratory results and symptomatology.
- Assist physicians in the delivery of medical procedures and plays a role during emergency resuscitation
- Management and provide care for patients with endotracheal tube, tracheostomy, AICD, permanent pacemaker, temporary/external pacemaker, day 3 post open heart surgery, post cardiac catheterization, post pericardial window, thoracentesis, post thoracotomy, chest tube management
- Manages both emotional and physical pain with the aim of promoting comfort and healing
- Participates in multidisciplinary team rounds to address utilization and progression of care issues

UNITED REGIONAL HEALTH CARE SYSTEM

04/JAN/2021 – 27/MAR/2021

Wichita Falls, Texas

Position: Travel RN - ICU

Brief hospital description: United Regional is a technologically - advanced 325 bed hospital Trauma Center, Level II. I worked here as an ICU travel nurse, and took participation as one of the covid-19 crisis respondents. We provided care for all unstable and critically-ill patients suffering from various types of problems requiring extensive monitoring and care.

Position: ICU- RN (Travel RN)

No. of ICU Beds: 60 beds

Patient Ratio: 1:2, 1:1 (for hemodynamically unstable patients)

EMR: EPIC

Responsibilities:

- Provides safe patient care to assigned patients utilizing nursing process, critical thinking, planning, clinical judgment and technical skills.
- Participates in multidisciplinary team rounds to address utilization and progression of care issues
- Continuous cardiac monitoring, dysrhythmia interpretation and vital signs monitoring
- Provide respiratory and ventilator management for patients
- Assists the physician during intubation, placement of central line, arterial line, and chest tubes
- Plays a role during emergency resuscitation, cardioversion/defibrillation, administration of emergency medications, CPR as per AHA BLS & ACLS guidelines
- Management and provide care for patients with endotracheal tube, tracheostomy, AICD, permanent pacemaker, temporary/external pacemaker, post cardiac catheterization, post pericardial window, thoracentesis, post thoracotomy, chest tube management
- Continuous nursing assessments of patients' physical and emotional needs and corresponding therapeutic interventions.
- Manages both emotional and physical pain with the aim of promoting comfort and healing

Special Equipment:

- Cardiac Monitor, Alaris Infusion pumps / Syringe/PCA pumps / Feeding Pumps /, Temporary pacemaker, Mechanical Ventilator, BiPAP/CPAP machine, suction, iSTAT machine, Endotool

HENDRICK MEDICAL CENTER SOUTH

(formerly - ABILENE REGIONAL MEDICAL CENTER) 08/OCT/2018 – 26/DEC/2020

Abilene, Texas

Brief hospital description: Hendrick Medical Center South (formerly Abilene Regional Medical Center) is a 231-bed capacity health care facility that aims to render the best quality health care services in all areas and ensures to meet all of its clients' needs. I worked as an ICU Nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems needing extensive monitoring and care

Position: ICU RN

No. of Beds: 20 beds

Patient Ratio: 1:2, 1:1 (for hemodynamically unstable patients)

EMR: Medhost

Responsibilities:

- Delivery of safe patient care to assigned patients in accordance with the hospital and departmental policies and procedures
- Collaborate with appropriate health care professionals to develop and revise treatment plan based on identified needs and assessment data
- Maintaining patient privacy and confidentiality per HIPAA guidelines
- Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
- Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
- Communicates with the physician about changes in the patient's clinical condition including hemodynamic monitoring, results of diagnostic studies, abnormal laboratory results and symptomatology.
- Assists the physician during intubation, placement of central line, arterial line, chest tube placement, elective cardioversion
- Plays a role during emergency resuscitation, cardioversion/defibrillation, administration of emergency medications, CPR as per AHA BLS & ACLS guidelines
- Management and provide care for patients with endotracheal tube, tracheostomy, AICD, permanent pacemaker, temporary/external pacemaker, day 3 post open heart surgery, post cardiac catheterization, post pericardial window, thoracentesis, post thoracotomy, chest tube management
- Manages both emotional and physical pain with the aim of promoting comfort and healing

Cases Handled:

- All critically-ill adult patients who are hospitalized and requiring invasive ventilation, severe sepsis, septic/hypovolemic/cardiogenic shock, post cardiac arrest with successful return of spontaneous circulation placed hypothermia/cooling protocol, pulmonary

embolism, CHF, cardiomyopathy, pneumonia (aspiration, community acquired, Covid 19), COPD exacerbation requiring high requirement setting on non invasive ventilation, heart dysrhythmias/heart block, GI bleed, post thoracotomy, day 3 post open heart surgery, DKA, alcohol withdrawal etc.

Equipment handled:

- Cardiac Monitor, Alaris Pump Infusion, Feeding Pumps, Temporary pacemaker. Mechanical Ventilator, PCA pumps, Defibrillator

SUR HOSPITAL

07/JULY/2014 – 04/SEPT/2018

Sultanate of Oman

Brief hospital description: Sur Hospital is a 241-bed capacity health care facility under the Ministry of Health, Sultanate of Oman that aims to render the best quality health care services in all areas and ensures to meet all of its clients' needs. I worked as a CCU Staff Nurse in this hospital and we provide care for all unstable and critically-ill patients suffering from various types of problems in the cardiovascular area.

Staff Nurse: CCU

No. of Beds: 6 beds

Patient Ratio: 1:2, 1:1 (for critically ill patients)

Responsibilities:

- Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
- Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
- Assists the physician during Intubation and Extubation
- Assists the physician in central line insertion and temporary pacemaker insertion
- Plays a role during emergency resuscitation, cardioversion/defibrillation
- Management and provide care for patients with ICD/permanent pacemaker, temporary external pacemaker, post cardiac catheterization, post pericardial window, and thoracentesis
- Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
- Continuous nursing assessments of patients' physical and emotional needs and corresponding therapeutic interventions.

Cases Handled:

- All adult patients who are hospitalized due to life-threatening ailments such as Coronary artery disease, congestive Heart failure, angina, heart dysrhythmia, myocardial infarction, heart block, ischemic heart disease, left ventricular failure, pleural and pericardial effusion, endocarditis, pulmonary edema, etc.

Equipment Handled:

- Cardiac Monitor, Infusion / Syringe / Feeding Pumps, Temporary pacemaker, Mechanical Ventilator, Suction Machine

KING SAUD MEDICAL CITY**07/FEB/2012 – 08/JUNE/2014**

Kingdom of Saudi Arabia

Brief hospital description: King Saud Medical City, a CBAHI and JCI accredited health care facility, comprises of three hospitals namely General, Maternity & Pediatric hospital with a total of 1,500 bed capacity. I worked as a Staff Nurse at the CCU, with a 24-bed capacity & we provide care for all critically ill or unstable patients, requiring intensive monitoring and observation or treatment for cardiac condition or procedure, with appropriate medical consultation.

Staff Nurse: CCU**No. of Beds:** 24 beds**Patient Ratio:** 1:2, 1:1 (for critically ill patients)**Responsibilities:**

- Continuous cardiac monitoring with 12-lead ECG and dysrhythmia interpretation and vital signs monitoring.
- Provide care and management of mechanically ventilated patients and/or those requiring artificial airways both invasive and non-invasive
- Assists the physician during Intubation and Extubation
- Assists the physician in central line insertion and temporary pacemaker insertion
- Plays a role during emergency resuscitation, cardioversion/defibrillation
- Management and provide care for patients with ICD/permanent pacemaker, temporary external pacemaker, post cardiac catheterization, post pericardial window, and thoracentesis
- Administration of medications via oral, NGT, intravenous, intramuscular, subcutaneous, intradermal
- Continuous nursing assessments of patients' physical and emotional needs and corresponding therapeutic interventions.

Cases handled:

- All adult patients requiring intensive care for a condition which is usually cardiac in origin such as but not limited to Myocardial Infarction, Acute Coronary disease, Ischemic heart disease, Left ventricular Failure, Pulmonary Edema, Rheumatic Heart Disease, Pleural/Pericardial Effusion, Endocarditis, Pericarditis, etc.

Equipments Handled

- Cardiac Monitor, Infusion/Syringe/Feeding Pumps, Temporary pacemaker, Mechanical Ventilator, Suction Machine

REGION 1 MEDICAL CENTER

01/FEB/2010 – 29/JAN/2012

Philippines

Brief hospital description: Region 1 Medical Center is a DOH (Department of Health) accredited and ISO certified tertiary government hospital with 600 bed capacity, committed towards providing safe and efficient health care services to all type of patients. I worked as a Staff Nurse in Critical Care Department – ICU/CCU with 20 beds and we provide treatment and management to critical & unstable patients with medical and cardiovascular diseases that require intensive monitoring & treatment.

Staff Nurse: ICU – CCU

No. of Beds: 20 Beds

Patient Ratio: 1:2, 1:1 (for critically ill patients)

Responsibilities

- Management of a patient on a ventilator
- Performed weaning from ventilator
- Management of a patient with chest tube & tracheostomy
- Management of & performed CVP readings
- Starting IVs, urinary catheter & nasogastric tube insertion
- Assists during Intubation/Extubation
- Medication Administration through intravenous, subcutaneous, intradermal, oral, NGT

Cases Handled

- Acute Myocardial Infarction, Congestive Heart Failure, Cardiac Dysrhythmias, Rheumatic Heart Disease, Coronary Artery Disease, Cardio Vascular Disease, Intracerebral Infarction, Cerebrovascular Accident

Equipments Handled

- Cardiac Monitor, Infusion Pump, Electrocardiogram, Mechanical Ventilators, Suction Machine

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SPECIALIST GROUP HOSPITAL AND TRAUMA CTR. 15/SEPT/2007 – 08/NOV/2009

Philippines

Brief hospital description: This is a private tertiary hospital which consists of 100 bed capacity offering all specialties. As a Staff Nurse in the ICU – CCU Department, we provide care and management to critically ill patients with Trauma, Neuro-surgical, Medical & Cardiovascular cases which requires intensive treatment and monitoring.

Nurse: ICU – CCU

No. of Beds: 10

Patient Ratio: 1:2, 1:1 (for critically ill patients)

Responsibilities

- Management of a patient on a ventilator
- Performed weaning from ventilator
- Management of a patient with chest tube & tracheostomy
- Management of & performed CVP readings
- Starting IVs, urinary catheter & nasogastric tube insertion
- Assists during Intubation/Extubation
- Medication Administration through intravenous, subcutaneous, intradermal, oral, NGT

Cases Handled

- Intracranial hemorrhage, Cerebrovascular accident, Vehicular accidents, Myocardial infarction, Pneumothorax, Adult respiratory distress syndrome, Uncontrolled hypertension

Special Equipment

- Cardiac Monitor, Infusion Pump, Electrocardiogram, Mechanical Ventilators, Suction Machine

REGION 1 MEDICAL CENTER

02/APR/2007 – 07/SEPT/2007

Philippines

Brief hospital description: Region 1 Medical Center is a DOH (Department of Health) accredited and ISO certified tertiary government hospital with a 600-bed capacity committed towards providing quality health care to all type of patients.

Nurse: Volunteer Nurse in General Wards (Medical, Surgical, Private), PACU – Recovery Room with rotational assignment of every 4 weeks in each area

No. of Bed: 70 beds in (per ward) General wards, 5 beds in PACU – RR

Patient Ratio: 1:5 in General wards, 1:1 in PACU - RR

Responsibilities

- As a Nurse Volunteer in this facility, I have been assigned in different areas with an average of 4 weeks. I join the Staff Nurses and participated in planning and implementation of care to patients. I also assisted physicians during their rounds to the patients.
- Starting IVs & giving intravenous medications
- Maintained sterile fields & application of dressings
- Urinary catheter insertion
- Assessed patient status & notify physicians of clinical changes
- Interacted with departments regarding patient care
- Scheduled patient admissions & discharges

Special Equipment

- Cardiac Monitor, Blood Pressure apparatus, Pulse oximeter, Infusion Pump, Electrocardiogram, Glucometer