

ALEXANDRIA WEST



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Houston, TX



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PROFESSIONAL STATEMENT

I am a driven and self-motivated Registered Nurse seeking a part-time position with an organization that will allow me to demonstrate the knowledge and build on the skills that I possess, while also exposing me to new challenges, learning opportunities, and a patient centric culture.

WORK EXPERIENCE

Medical Intensive Care Unit RN Memorial Hermann Memorial City Medical Center

July 2019 – Current
Houston, Texas

- Create and develop a plan of care for patients with complex conditions including cardiac arrest, sepsis, hypertensive crisis, respiratory distress etc.
- Collaborate and consult with healthcare professionals to execute patient interventions on 2-3 patients to mitigate acute and chronic conditions
- Assure patient comfort by establishing rapport and providing thorough patient education prior to procedures and medication administration

Student Nurse Varied Hospitals

May 2018- May 2019
Dallas, Texas

- Provided care for numerous patient populations including: neonatal, pediatric, antepartum/postpartum, psychiatric, geriatric, and homeless
- Performed foundational nursing duties such as vital signs, head to toe assessments, feeding, bathing, and ADL's
- Supervised patient mobilization to prevent skin breakdown and falls resulting in floors remaining injury free

Pharmacy Technician/Inventory Specialist CVS Pharmacy

December 2016 – March 2018
Houston, Texas

- Managed and sustained drug availability to coincide with patient demand
- Assessed stock bottles to ensure expiration did not fall within 1 to 1 window to promote patient safety
- Filled, labeled, and sold 300+ prescriptions a day

Sales Associate Dillard's

July 2016 – December 2016
Houston, Texas

- Accumulated over \$15,000 in sales per month through product promotion
- Answered customer questions and made knowledgeable suggestions based on customer needs
- Ensured phenomenal customer service and satisfaction to build loyal clientele

Pharmacy Technician Gerbes

December 2015 – May 2016
Columbia, Missouri

- Prepared and dispensed prescriptions with direct guidance from lead pharmacist
- Communicated effectively with prescribers and medical staff to fulfill prescription orders
- Maintained safe and clean pharmacy work environment; disinfected machinery and tools as needed

EDUCATION

BACHELOR OF SCIENCE in Nursing

Baylor University
Cumulative GPA: 3.79
May 2019

BACHELOR OF SCIENCE in Health Science

University of Missouri; Honors
College
May 2016

LICENSE / CERTIFICATION

Registered Nurse, Texas Board
of Nursing
License Number: 970101

**Basic Life Support (BLS)
Certified**

**Advanced Cardiac Life Support
(ACLS) Certified**

SKILLS

Patient & Family Education

Oral & Written
Communication

Leadership

Critical & Innovative
Thinking

Collaborative Approach

Detail-oriented

Assessment & Care
Planning

Clinical Judgement

Accurate Documentation

LANGUAGES

Bilingual in English &
Spanish