




# TIFFANY PORRAS, RN

 tiffanyporras96@gmail.com

 305-342-1082

 16800 SW 137 AVE,  
APT1106, Miami, FL  
33177

## PROFESSIONAL SUMMARY

Friendly Registered Nurse dedicated to providing compassionate, safe, and effective care.

## SKILLS

- Stabilize and monitor critical patients
- Rapid code response
- Tracheostomy care
- Foley catheter insertion, removal, and care
- Medication administration
- Safe NG tube insertion, removal, and care
- Patient & family focused care
- Head to toe assessments
- Motivated self-starter
- HIPAA Regulations
- Conflict resolution ability
- Great at multitasking
- Accurate pharmaceutical calculations
- IV insertion, removal, care
- Computer proficient
- Patient and family advocacy
- Professional bedside

## WORK HISTORY

### **Krucial Staffing - Emergency Room Nurse**

*Laredo, TX • 03/2021 - Current*

- Standby for COVID-19 emergency response.
- Attend meetings regarding emergency operations in the state of Texas.

### **Mount Sinai Medical Center - Registered Nurse, Emergency Department**

*Miami, FL • 02/2020 - 03/2021*

- Cross trained in the Intensive Care Unit
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients and answered questions about health condition, prognosis and treatment.
- Answered codes quickly and orchestrated efficient, skilled medical care.

- manner
- Culturally-sensitive
  - Infection control measures
  - Obtain quick blood draws

## EDUCATION

### **Miami Dade College- Medical Campus**

Miami, FL • 05/2020

*Bachelor of Science:* Nursing

### **Miami Dade College - Medical Campus**

Miami, FL • 2017

*Associate of Science:* Nursing

## LICENSES & CERTIFICATIONS

Registered Nurse (2018-Present) RN9482182

Pediatric Advanced Life Support (2020- Present)

Advanced Cardiac Life Support (2018-Present)

Basic Life Support (2016-Present)

Crisis Prevention Intervention (2020-Present)

## REFERENCES

Aylin Diaz- MSMC Emergency Department Charge Nurse- 305-674-2273

Nathaly Urraca- MSMC Telemetry Nurse Manager- 305-510-3328 (Cellphone)

- Assisted patients dealing with traumatic injuries or illnesses, including stroke patients, accident victims, and cardiac patients.
- Communicated openly and collaboratively with all healthcare staff to organize successful patient care.
- Educated family members and caregivers on patient care instructions.
- Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.
- Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinical supervisors with current information.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.

### **Mount Sinai Medical Center - Registered Nurse Neurology/ Orthopedic**

*Miami Beach, FL • 09/2018 - 02/2020*

- Partner with physicians, social workers, physical therapists, nutritionists and case managers to develop and implement individualized care plans and documented all patient interactions and interventions in electronic charting systems.
- Complete head-to-toe physical assessments and interpreted diagnostic tests, leveraging information to facilitate care planning, implementation and management.
- Provide complete care to patients, including physical assessments, medication and IV administration and chronic disease management.
- Provide direct patient care, stabilized patients and determined the next course of action.
- Administered medications and treatment to patients and monitored response to treatments while working with healthcare teams to adjust care plans.
- Managed all elements of care, such as patient evaluations, care plan development, treatment and medication administration and patient education.
- Provided comprehensive care to 6+ patients daily, managing all aspects of care from admission through to

discharge, including patient assessments, health education and discharge planning.

- Instructed patients and family members on proper discharge care.
- Reviewed and interpreted telemetry readings.

### **Integrity Health Services - Pediatric Registered Nurse**

*Miami, FL • 06/2018 - 09/2018*

- Cleaned wounds and checked vital signs, carefully recording all details in patient records.
- Traveled to patients' homes on a daily basis to assess health conditions and provide a superior level of nursing care.
- Helped residents with bathing, dressing, feeding, lifting and transferring.
- Followed infection control procedures.
- Facilitated an on-going assessment of patient/family needs and implementation of interdisciplinary team care plan.
- Accurately documented all elements of nursing assessment, treatments, medications, and follow-up care.
- Collected blood specimens and prepared them for lab testing.
- Ensured safety and well-being of patients.
- Monitored fluid intake and output levels.

### **CVS Pharmacy - Registered Pharmacy Technician**

*Miami, FL • 06/2016 - 06/2018*

- Correctly completed pharmacy paperwork, including daily and weekly reports.
- Sell correct medication to correct patient by confirming the name, and date of birth.
- Call patients to assist in compliance with the medication regimen.
- Assist clients with insurance complications.
- Count correct medication, and quantity for each patient.
- Ensure that prescriptions have all required information before typing.
- Type prescriptions quickly and accurately while choosing a pickup time for the medication with the patient.

**Publix Super Market at University Park Center - Front  
Service Clerk /Cashier/Seafood Clerk**

*Miami, FL • 07/2013 - 06/2016*

- Provide premier customer service.
- Cash handling, department organization, inventory, and price changes.