**Crystal Lassiter**

# 15 years experienced RN

Conway, NC 27820

o3201@hotmail.com - (252) 287-5435

Over 15 years of acute care experience in various roles, most recently on med-surg/tele, step-down units. Authorized to work in the US for any employer with unrestricted license as a registered nurse.

**WORK EXPERIENCE**

# RN Unit Coordinator

# Sentara Albemarle Medical Center

# Elizabeth City, NC

# May 2019-Present

**MED/SURG/TELE UNIT**

* Assign patients to staff based on acuity/census
* Monitor staffing for current and oncoming shift
* Quality Indicator audits for shift for unit
* Resource and leader to staff on unit
* Pre/post-operative teaching for patients and families
* General nursing care including medication administration/dressings, enteral, parenteral feedings
* Assessment, planning, implementation of medical and surgical patients
* Collaborate with physicians and case managers to plan and implement patient care during and post hospital stay
* Strong emphasis on patient and family education including videos, demonstration, handouts, booklets, television, teach-back methods
* Member of Sentara Albermarle Medical Center Professional Practice Council
* Float to ICU and stepdown units and take assignments

# Internal Travel RN (contract)

# Sentara Albemarle Medical Center

# Elizabeth City, NC

# September 2018-March 2019

**MED/SURG/TELE UNIT**

* Pre/post-operative teaching for patients and families
* General nursing care including medication administration/dressings, enteral, parenteral feedings
* Assessment, planning, implementation of medical and surgical patients
* Collaborate with physicians and case managers to plan and implement patient care during and post hospital stay
* Strong emphasis on patient and family education including videos, demonstration, handouts, booklets, television, teach-back methods

# RN ICU/Med-Surg/Telemetry/House Supervisor/PICC RN

**Vidant Roanoke-Chowan Hospital - Ahoskie, NC**

**May 2005-April 2010, & December 2011-August 2018**

**Surgical Unit/ICU**

* Assessment, planning, implementation of care for critically ill patients
* Titrate drips including those to maintain blood pressure, pulse, and sedation
* Perform care on ventilated patients and prevent associated complications per unit protocol
* Work closely with co-workers and physicians to maintain safety and stability of already critically ill patients, administering blood products, fluid boluses, and monitoring vital signs per unit protocols
* Respond to Emergency Response Team calls, Code Blue, and Code Stroke
* Participate in hospital and unit specific education monthly or more frequently

**Med-Surg/Tele/PICC Nurse/Stress Testing**

* Perform assessment, planning, implementation of plan of care for medical/surgical patients
* Perform cardiac stress testing (exercise and Lexiscan)
* Perform nursing tasks such as phlebotomy, IV starts, dressing changes, etc.
* Assist less experienced staff with questions and emergency situations
* Assess patients' need for central venous access or peripheral access and insert as needed Educate patient, family, and staff on care and maintenance of PICC line
* Other roles including admissions nurse, stress testing, and house supervisor during this time and over 12 years of charge nurse experience

**EDUCATION**

# Bachelor of Science in Nursing

Fayetteville State University December 2015

# Associate in Nursing

Roanoke-Chowan Community College

May 2005

**CERTIFICATIONS/LICENSES**

# BLS for Healthcare Provider

October 2020

# ACLS for Healthcare Provider

January 2021

* Customer service oriented, willing to go above and beyond to ensure each person’s complete satisfaction
* Able to effectively communicate in relation to each individual to accomplish a particular goal
* Strong computer skills including various Microsoft software, Healthspan & Novel software, Epic, Pyxis, Omnicell, Barcode medication administration
* Team player, always willing to put organizational needs before personal needs
* Willingness to teach new or veteran employees more efficient ways to complete tasks
* Familiar with quality improvement data and policies
* Easily establish rapport with patients, families, doctors, and other staff