



Maria Cristina Co

Professional Summary

Patient-focused enthusiastic Registered Nurse with excellent people skills and dedicated work ethic. Demonstrated Nursing procedure competency. Offering 2 years' of experience as a Licensed Practical Nurse in a Rehabilitation or Sub-Acute Care facilities and 1 year and 11 months of experience as a Registered Nurse in specializing in Medical Surgical and PCU. Currently doing travel nursing and looking for next travel assignment. Excited and driven, expert in all aspects of patient care and successful in delegating assignments based on patients' need and staff skills. Committed to delivering the highest quality of care when working as a member of multidisciplinary care teams.

Work History

Armstaffing - Travel Registered Nurse, MedSurg/PCU

Allentown, PA

02/2021 - 03/2021

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Managed care for post-operative patients from initial recovery through discharge.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over 6 patients daily.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.

✉ mariacristina.co967@gmail.com

☎ 2155000003

📍 3820 Conshohocken Ave.
Philadelphia, PA 19131

Skills

- Registered Nurse
- Advanced Cardiac Life Support (ACLS)
- Cardiopulmonary Resuscitation (CPR)
- Medical Surgical
- Progressive Care Unit
- Covid-19 Unit
- Hospital Acute Care Experience
- Treatment Planning
- First Aide CPR
- Discharge Planning
- Medication and IV administration
- Wound Care
- Patient Management
- Infection control measures
- Chronic disease management

Education

Chamberlain University College Of Nursing

Addison, IL 60101

Bachelor of Science: Bachelor of Science in Nursing

Currently Enrolled

2018

Roxborough Memorial Hospital School of Nursing

- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Managed quality care for patients with varied conditions, including heart failure, end-stage renal disease and coronary artery disease.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

Kindred Hospital-Havertown - Staff Nurse

Havertown, PA

05/2019 - 01/2021

- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns
- Monitored patients' conditions and reported changes in physical ability, appearance and behavior to discuss treatment with physicians
- Assessed medical status of patients pre and post-operation by checking vital parameters and supervising food intake
- Ordered, interpreted and evaluated diagnostic tests to identify and assess patient condition
- Identified patient care requirements by establishing personal rapport with patients and families
- Observed and reported patient condition, progress and medication side effects to accurately document updates
- Provided high quality care to approximately 4-6 patients per day on 57-bed unit
- Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection
- Reported patients' status and delegated nurse assignments to achieve optimal outcomes
- Implemented interventions, including medication and IV administration, catheter insertion and airway management
- Collected blood, tissue and other laboratory specimens and prepared for lab testing
- Identified learning needs of patients and families and responded with advocacy and health education
- Updated patient charts using Pro-touch with data such as medications to keep records current and support accurate treatments

Majestic Center For Rehabilitation And Sub-Acute Care - Licensed Practical Nurse - Staff

Camden, NJ

04/2016 - 01/2017

- Partnered with team of registered nurses to achieve overall well-being of about 30 patients per shift
- Assisted residents with bathing, dressing, feeding, lifting and transferring
- Administered standing ordered medications, as needed controlled narcotics, hanged doctor ordered IV antibiotic, hydration therapy, TPN, NG tube administration and maintenance, performed catheterizations, changed IV dressings

Philadelphia PA
Registered Nurse

2013

Camden County College - P.O. Box 200 College

Blackwood, NJ

Licensed Practical Nursing: Practical Nursing

12/2012

Camden County College

Blackwood, NJ

Pre-Nursing: Pre- Nursing

Certifications

Advanced Cardiovascular Life Support (ACLS)- Current and in good standing
5/1/2020-5/1/2022

BLS- American Heart Association
5/22/2020- 5/22/2022

- Collaborated with interdisciplinary team of healthcare and social service providers, including Physicians, Physical Therapist, Occupational Therapist, Speech and Swallow Therapist, and social workers to address patients' needs through effective intervention and care planning
- Cared for wounds, provided treatments and assisted with procedures
- Input medical histories, symptoms and vital statistics as part of intake process
- Collected biological samples for laboratory tests
- Applied interpersonal communication skills to comfort and counsel patients and their families throughout care process
- Facilitated on-going assessment of patient/family needs and implementation of interdisciplinary team care plan
- Ensured efficacy of treatments through monitoring of treatment regimens
- Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's
- Accurately recorded and reported test results according to established procedures
- Continually improved knowledge, skills and performance based on feedback and self-identified professional developmental needs

Voorhees Care And Rehabilitation Center - Licensed Practical Nurse - Staff

Voorhees, NJ

08/2015 - 02/2016

- Input medical histories, symptoms and vital statistics as part of intake process
- Applied interpersonal communication skills to comfort and counsel patients and their families throughout care process
- Administered medications, controlled narcotics, hang IVs, TPNs, NG tube administration and performed catheterizations
- Collaborated with interdisciplinary team of healthcare and social service providers, including Physicians, Physical Therapist, Occupational Therapist, and Speech and swallow Therapist to address patients' needs through effective intervention and care planning
- Collected biological samples for laboratory tests
- Cared for wounds, provided treatments and assisted with procedures
- Helped residents with bathing, dressing, feeding, lifting and transferring
- Charge nurse for 30 bed unit and delivered care services that promoted optimal resident health
- Completed all daily living tasks to enhance quality of life of elderly patients
- Partnered with team of registered nurses to achieve overall well-being of all patients

Additional Information

- Registered Nurse in the state of Pennsylvania, License number RN714161, [Expiration Date: 04/30/2022]
- Registered Nurse in the state of New York, License number 810997, [Expiration Date: 01/31/2024]