# CHRISTINA BRUTUS

# REGISTERED NURSE

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# **OBJECTIVE**

As an adept Registered Nurse, I am seeking the opportunity to obtain a position where I can demonstrate my professional experience and education as an integral part of a progressive organization. In my collective experience to date, I have exhibited capabilities of effective communication, independent problem solving, and valuable insights into the needs of organizations.

# EDUCATION-

#### **Associate of Science**

Nursing Helene Fuld College of

2018

Nursing New York City, NY

#### **Bachelor of Arts**

Psychology

William Paterson University 2015 Wayne, NJ

## **Diploma**

Practical Nursing
Jersey College School of
Nursing 2014
Teterboro, NJ

#### LICENSES—

 Registered Nurse #26NP07213900
 New Jersey Board of Nursing

## CERTIFICATIONS—

- American Heart Association
   Basic Life Support (BLS) with AED
   Provider
- IV and Phlebotomy

## KEY SKILLS—

- Confidentiality
- Conflict resolution
- Critical thinking
- Cultural awareness
- Data entry and management
- Detail-oriented
- Disease prevention
- Empathy
- HIPPA compliance
- Interpersonal communication
- Medication administration
- Nursing Process
- Organization and planning

## EXPERIENCE

#### 2018—Present

Telemetry Registered Nurse

East Orange General Hospital • East Orange, NJ

- Apply pain management measures.
- Assess, plan, and implement care of assigned surgical patients regarding patient care policies and procedures, demonstrated competencies, risk management, infection control practices, and patient safety practices.
- Assist physicians during surgical procedures and examinations.
- Communicate with patients' families during the surgical procedure to provide updates regarding the patient's condition.
- Complete ongoing assessments and monitor patient's perioperative clinical status and responses to treatment; record and report any unusual findings to the appropriate healthcare team member.
- Deliver surgical services utilizing the nursing process to assess, plan, implement, and evaluate patient care before, during, and after the completion of the surgery.
- Determine the impact of nursing interventions on the patient's condition and recognize the patient's progress towards meeting desired outcomes.
- Maintain the surgical patient's medical records and perform appropriate charting duties in addition to enter and retrieve data in a timely manner.
- Manage a caseload of patients on a 28-bed telemetry unit, focusing on cardiac patient care.
- Plan and administer medications and treatments in addition to blood transfusions and blood components upon the order of physicians.
- Prepare equipment and supplies for procedures.
- Provide professional nursing care to surgical patients within operating rooms.

#### 2017-2018

Clinical—Surgical Trauma Intensive Care Step Down Unit Mount Sinai West • New York, NY

- Demonstrated knowledge of human growth and development, assessment range of treatment, and care of patients appropriate to the ages of patients served.
- Demonstrated the ability to perform technical skills and procedures.
- Evaluated the patient's response to care and the attainment of progress toward expected outcomes.
- Exhibited accountability for outcomes of patient care delivered during assigned shifts.

- Patient relations
- Record keeping
- Safety procedures
- Stamina
- Team building
- Telemetry monitoring
- Time management
- Written and verbal communication

## PROFICIENCY-

- 12-lead ECG
- EHR Systems
- EPIC
- Foley catheter insertion and management
- HIM Systems
- Medical terminology
- Windows Operating Systems
- Wound care

### HIGHLIGHTS-

- Served in women's health, sexual health, infectious disease, and family medicine under the direction of the Registered Nurse.
- Utilize Nursing Process for individual care to meet the needs of patients

## 2017-2018

Clinical—Obstetrics and Pediatrics

Bellevue Hospital • New York, NY

- Administered nebulizer treatments to the adult and pediatric population.
- Assisted in venipuncture and the administration of IV medication.
- Exhibited an understanding of comprehensive educational opportunities on pediatric related topics for hospital staff and courses.
- Managed oral and PEG tube medications.
- Participated in the management of activities through work with staff and representation of pediatrics and maternal child health interests.
- Performed blood glucose finger sticks and Streptococcus examinations.
- Promoted the use of nursing research and participated in appropriate research studies.
- Provided quality customer service and patient education to patients, addressing all questions and concerns.
- Pursued personal advancement of clinical skills and professional growth.
- Supported and influenced patient outcomes through the clinical role.

#### 2017-2018

Clinical—Psychiatric

Kings County Medical Center • Brooklyn, NY

- Collaborated with staff and students for well-coordinated care for patients.
- Demonstrated clinical knowledge of psychiatric nursing and maintained the highest quality of comprehensive patient care.
- Displayed effective communication skills by maintaining therapeutic relationships with patients, families, physicians, and staff.
- Exhibited accurate knowledge of therapeutic processes by effective intervention and resolution of problems as they arose.
- Observed the direction and management of the care of psychiatric patients.
- Recognized potential behavior problems and set limits, as needed, in a caring and consistent manner.

### 2015-2018

Home Health Nurse

Epic Healthcare Services • Clark, NJ

- Adhered to all Medicare, Medicaid, and HIPAA regulations and requirements.
- Aided in the preparation and feeding of patients' meals.
- Assessed, monitored, and documented patient progress, symptoms, and vital signs during each visit.
- Assisted patients in performing physical therapy exercises and administered medications according to provider's orders.
- Collaborated with transportation professionals to ensure the safe boarding and transport of patients.
- Delivered weekly reports to the case manager and reviewed any important changes in the patient's condition.
- Helped with activities of daily living and completed necessary tasks to promote patient health.
- Maintained patient records and files according to the facility's standard operating procedures.