
SARA SCHMIDT

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PROFESSIONAL SUMMARY

Ambitious Board Certified Registered Nurse specializing in telemetry, and medical-surgical. Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping patients recover from medical or surgical procedures and manage complex mental disorders.

Dynamic Register Nurse bringing +20 years treating patients and coordinating care with other healthcare staff. Proven history of leveraging critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments. Prioritizes clinical and operational tasks in fast-paced emergency medicine settings.

SKILLS

- Medication Administration
- Intravenous therapy
- EKG monitoring and interpretation
- Preventative health
- Chronic Disease Management
- Acute Care Expertise
- Oxygen Saturation Standards
- Emr / Ehr
- Chronic disease management
- Tracheostomy Care
- Patient consultation
- Oxygen saturation standards
- Fluent In English and Spanish
- Critical Thinking

WORK HISTORY

Register Nurse , 01/2021 to 03/2021

Sharp Coronado Hospital – San Diego, CA

- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Managed quality care for patients with varied conditions, including heart failure, end-stage renal disease and coronary artery disease.

Registered Nurse, Medical-Surgical Unit/Telemetry Nurse, 07/2020 to 11/2020

Starr County Memorial Hospital – Rio Grande City, TX

- Educated patients and answered questions about health condition, prognosis and treatment.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.

- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Monitored patient reactions after administering medications and IV therapies.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.

Registered Nurse, Medical-Surgical Unit/ Telemetry, 04/2020 to 07/2020

Bellevue Healthcare – Manhattan, NY

- Ordered, interpreted and evaluated diagnostic tests to identify and assess patient condition.
- Provided high quality care to approximately 5 patients per day on 26-bed unit
- Observed and reported patient condition, progress and medication side effects to accurately document updates.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.

Registered Nurse, Medical-Surgical Unit/Telemetry Registered Nurse, 01/2001 to 03/2020

Adventist Health System – Orlando, Fl

- Coordinated with physicians to perform bedside procedures such as intravenous injections, vascular line insertions and bronchoscopies.
- Ordered, interpreted and evaluated diagnostic tests to identify and assess patient condition.
- Monitored patients' conditions and reported changes in physical ability, appearance and behavior to discuss treatment with physicians.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.

EDUCATION

Bachelor of Science: Nursing, 01/2013

Adventist University Of Health Science - Orlando, Florida

Register Nurse (RN): 2001

Valencia Community College - Orlando, Fl

CERTIFICATIONS

Register Nurse License No. RN9187180 April 2021- April 2023

Multistate Register Nurse.

Advanced Cardiovascular Life Support March 2021- March 2023

Basic Life Support. March 2021- March 2023

REFERENCES

Marta Marroquin.Charge Starr County Memorial Hospital , Tx. 956-577-6465

Dweanne Mahoney Nursing Supervisor Adventhealth Orlando, Fl. . 407-466-0235

Miranda Soto Lopez Register Nurse Charge Adventhealth Orlando, Fl. 407-921-2881

Claudia Ferretti. Register Nurse Charge. Adventhealth Orlando, Fl. 407-730-0837

Jeannette Legett Register Nurse Charge. Starr County Memorial, Tx. 912-996-1279