

Sahil Sharma

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- Over 7 years of experience working with patients, families, and communities in advocating for integrated patient-centered care and healthy aging across the lifespan
- Extensive knowledge in managing health conditions of varying acuities by assessing, planning, implementing, and evaluating plans of care according to identified therapeutic goals
- Interdependent team member fostering professional relationships with colleagues and patients using interpersonal verbal or written communication and active listening skills
- Bilingual, Fluent in English and Hindi

Work Experience

Relief Charge Nurse, Acute Rehab

Hoag Hospital - Newport Beach, CA

September 2018 to Present

- Promoted to charge nurse responsible for facilitating patient-centred care, promoting collaborative practice, mitigating conflicts or concerns and maintaining overall workflow
- Minimize transmission of diseases through the implementation of infection prevention and control precautions including hand hygiene and personal protective equipment (PPE)
- Improve retention of health teaching by assessing readiness to learn and health literacy prior to providing relevant material to the patient and family
- Evaluate patient's use of equipment and personal devices, such as tracheostomy tubes and foley catheters, to determine if changes need to be made to align with current goals and health status
- Refer to dietitians when poor nourishment and dietary choices identified during assessment of patients' nutritional status

Registered Nurse, Med Surgical/Telemetry/ICU

Kindred hospital - Ontario, CA

February 2017 to February 2020

- Assessed, planned, and evaluated interventions implemented to ensure more time is allocated to care actions that resulted in positive outcomes rather than those observed to be ineffective
- Prevented worsening of patients' conditions by responding to and initiating codes based on airway, breathing and circulation status as well as other relevant assessments
- Maintained continuity of care, especially with admission and discharge planning process, through regular interpersonal communication with multidisciplinary team and documentation
- Decreased risks of fluid and electrolyte imbalances by using critical thinking skills and nursing process to respond to abnormal findings in labs and reports

Registered Nurse/Licensed Vocational Nurse

Corona Post Acute Center

October 2016 to January 2017

- Reduced risks of adverse events with administration of medications, enteral and parenteral nutrition through adherence to prescribed orders and medication administration records (MAR)
- Coordinated with physician in managing residents' conditions through assessment and report of changes including development of pressure ulcers and pain symptoms
- Trained nursing assistants in safety precautions to take when assisting with activities of daily living (ADLs) and other delegated tasks to prevent injuries
- Documented changes in conditions, weekly summaries, vital signs, intake, and output values

Licensed Vocational Nurse

Arcadia Retirement Village

March 2014 to April 2015

- Adjusted care plans in consideration of any physical, emotional, social, and spiritual needs identified through fostering of therapeutic relationships with residents
- Improved management of stage 1 and stage 2 pressure by selecting most appropriate cleansing solutions and dressings when performing wound care
- Updated residents' profile to ensure most current information is documented including emergency contacts, insurance coverage, most responsible provider(s), and chronic conditions
- Minimized occurrence of medication errors by understanding therapeutic effects of prescriptions prior to administering them via the prescribed route
- Collaborated with circle of care in changing timing of care tasks when there were scheduled medical appointments

Education

MSN in Nursing

Spring Arbor University

Bachelor of Science in Nursing

Associate Degree in Nursing

Grand Canyon University

Diploma in Nursing

Carrington College

American Career College

Nursing Licenses

CNP

Expires: January 2027

State: CA

Skills

- Nursing
- ICU Experience

- ICU Experience

Certifications and Licenses

LVN

BLS Certification

RN

IV Certification

ACLS Certification

AHA Certification