Cara Duquesne

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SUMMARY

OPERATING ROOM REGISTERED NURSE

STRENGTHS

Efficient in Critical Care

Dedicated in patient focused Registered Nursing

professional offering comprehensive experience with hospital and ambulatory care settings

Ability to make decisions in fast paced, unpredictable and stressful environments Communicates effectively with Surgeons, Anesthesia care providers and, specialized support staff.as well as patients and visiting relatives Resourceful in resolving difficult situations

EXPERIENCE

BOCA RATON REGIONAL HOSPITAL, BOCA RATON, FL CVOR RN, CLINICAL III, 2015 - Present

Experienced operating room circulator in fast paced, complex, open heart surgery. Assisting in inserting invasive lines, monitoring vitals.

Liason between Medical staff and support staff and family members.

Facilitate in rapid room turnover for open heart and general surgery cases

Circulator in Urological, laparoscopic and gynecological cases

CLEVELAND CLINIC, Weston, Florida PERI-OPERATIVE RN, 2014 - 2015

Peri-operative nurse in fast paced inpatient /outpatient facility, specializing in Open • heart surgery, general surgery including laparoscopic, urological and orthopedic surgical

• services Proficient in FMR nation documentation BETHESDA HEALTH EAST, Boynton Beach, FL.

PERI-OPERATIVE RN , 2012 - 2014

Circulating Nurse in fast paced Outpatient/ Inpatient Hospital. Proficient in general, vascular / cardio-thoracic surgeries,urological, gynecological and laparoscopic surgical cases.

Proficient several in EMR computer documentation programs
Staff relief for CVOR, to alleviate pressure s caused by staffing shortages.

MEMORIAL HEALTH PEMBROKE, Pembroke Pines, FL PERI-OPERATIVE RN, 2011 - 2012

Circulating Nurse in fast paced Outpatient/ Inpatient Hospital. Proficient in general ,orthopedic , urological, gyn and laparoscopic surgical cases. Proficient EMR patient documentation.

HOLY CROSS HOSPITAL, Ft Lauderdale, FL. CLINICAL II, CVOR RN, 2007 - 2011

Played an integral role in reporting patient changes in condition and symptoms to physicians.

Monitoreed cardiac health assessment and administration of medications served as preceptor for orientation of new employees in the open heart and general surgery

assisted with insertion of invasive lines, including: A-lines, swan-ganz catheters, intraaortic balloon pumps

served as liaison between family members, medical and specialty personnel

THE MIAMI INSTITUTE FOR AGE MANAGEMENT AND INTERVENTION, Miami, FL NURSE MANAGER, 2005 - 2006

Retained as Nurse Manager for cosmetic practice to maintain cohesive team work between clinical and office personnel.

Participated as active member of leadership team.

PACU recovery

ACHA Credentialing

Policy and documentation development -Post-op visits (Suture removal)

Supervise gas/steam sterilization of instruments

Pre-op and post-op instruction

PAUL J. WEBER, MD, Ft. Lauderdale, FL DERMATOLOGY OFFICE NURSE, May 2005 - Dec. 2005

Hired as the only RN in the office to oversee and manage other clinical team members. Facilitate a fast paced, smooth running dermatological MOHS surgical practice.

Assisted in MOHS skin cancer surgery

Interviewed and assessed Dermatology patients

Supervised and performed sterilization process

Patient wound care education

Prepared patient charts for surgery

Maintained stock of supplies

Prepared rooms, sterile instruments, equipment

Specimen collection

HOLY CROSS HOSPITAL, Ft. Lauderdale , FL. CLINICAL II RN CVOR, 2002 - 2005

Played an integral role in reporting patient changes in condition and symptoms to physicians.

monitored cardiac vitals, health assessment and administration of medications served as preceptor for orientation of new employees in open heart and general surgeries

assisted with insertion of invasive lines, including: A-lines,swan-ganz catheters, intraaortic balloon pumps

served as liaison between family members, medical and specialty personnel

AMERICAN HEART INSTITUTE, Nicosia, Cyprus OPEN HEART NURSE MANAGER, 1999 - 2000

Surgical Coordinator/Supervisor of O.R staff Supervised/performed sterilization process Scrubbed and circulated open heart surgery

Trained Cypriot nurses how to scrub/ circulate open heart surgery for the eventual departure of American nurses

EDUCATION

Broward Community College School of Nursing Technology, Coconut Creek, FL Associate, Nursing, 1998

Associates degree in Nursing

Sheridan Vocational-Technical School, Hollywood, FL 1986

Surgical Technology- Certification

ADDITIONAL TRAINING

- ACLS
- BLS
- Respirator mask fit testing
- Fire safety in the O.R
- Recognition & Implementation of care of pressure sores
- Registered Nurse license in good standing with the State of Florida Board of Nursing.