# Carly Kilbourn

# **Registered Nurse**

Lincoln, MI carly1234mitchell@gmail.com 989-464-3519

I am a Registered Nurse from an accredited Nursing school in the state of Michigan. I am a young, motivated individual with nursing experience ready to positively impact the lives of many while being a valuable contribution to the healthcare team.

#### **CAREER HIGHLIGHTS**

Presently a BLS, RN. I currently work as a Registered Nurse at Alcona Health Center. I have worked as an LPN throughout RN school, at a long term care center/rehabilitation center. The opportunity to work as a floor nurse has strengthened my nursing knowledge substantially, and that experience has aided me throughout my nursing career.

Successfully earned two Associate in Applied Sciences degrees, one in Registered Nursing, and one LPN certification at Alpena Community College while maintaining a 3.3 GPA. I have gathered clinical experience in long-term care, OB/GYN, medical/surgical nursing, in-patient rehabilitation, emergency department, intensive care unit, and psychiatric health, as these were the locations where my clinicals were held. Carly Kilbourn (RN, BLS)

Authorized to work in the US for any employer

# Work Experience

#### **Registered Nurse**

Alcona Health Center - Lincoln, MI January 2019 to Present

#### Registered Nurse

I work under a mid-level, MD or DO to organize and manage patient care. Including, but not limited to; medication regimens, lifestyle changes, patient education, behavioral health care, follow up care for emergency visits and admissions, managing acute and chronic conditions, and scheduling and following up on patient specific consults. In my job, I assess patients as they walk through the door, take patient vitals, draw labs, perform EKG's, start IV therapy, IM injections, wound care, perform in acute emergency care, and relay information to and from patient to doctors, and doctor to patients.

## **Registered Nurse**

Alpena Community College - Alpena, MI August 2017 to December 2018

Completed Alpena Community College's RN program, which included 300 hours of clinical work. (180 hours Medical/Surgical

Nursing, 60 hours OB/GYN, and 60 hours Mental Health)

## **Licensed Practical Nurse**

Tendercare Alpena - Alpena, MI June 2017 to January 2018

Working with geriatric and rehab patients has successfully given me knowledge beyond the clinical experience on patient care, medication administration, and interacting with patients and family members.

# **Nursing Student (LPN)**

Alpena Community College - Alpena, MI August 2016 to May 2017

# Education

# **Associate Degree in Registered Nursing**

Alpena Community College 2016 to 2018

## **Licensed Practical Nurse**

Alpena Community College 2016 to 2017

Alcona High School 2009 to 2013

## Skills

- CATHETER
- THERAPY
- ELECTRONIC MEDICAL RECORDS
- PAIN MANAGEMENT
- WOUND CARE
- RN
- Med Surg
- LPN

## Additional Information

#### **SKILLS**

- Medication Administration
- Initiating IV's
- IV Therapy
- Tracheostomy Care
- NG/OG Tubes
- Indwelling Urinary Catheter Care
- Monitoring IV Sites

- Patient Confidentiality
- Electronic Medical Records
- Intradermal/Subcutaneous/IM Injections
- Wound Care
- Assessing Vital Signs
- Sterile Procedure
- Anticoagulant Therapy (ie. Heparin and Lovenox)
- Pain Management Therapy
- Excellent Patient Communication Skills
- Closed-Chest Drainage Systems
- Computer Proficient
- Crash Cart Knowledge