

Anna Staggenborg, RN BSN
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Education:

Southern Illinois University Edwardsville (SIUE)
Bachelor of Science in Nursing, Minor in Biology
Sigma Theta Tau Honor Society

Edwardsville, IL
May 2019 Graduate
Student Nursing Association

Certifications:

ACLS, BLS, AED, First Aid
Madison County Medical Reserve Corps

NIH Stroke Certified
Stop The Bleed (October 2018)

Employment History:

Registered Nurse, Medical and Surgical ICU, SSM DePaul Hospital, St. Louis, MO May 2020-Current

- Provide exceptional care to patients required invasive mechanical ventilation, titratable cardiac drips, ICP monitoring and close management post cardiac and neurological surgery
- Assist physicians in bedside procedures requiring time outs and sterile fields such as lumbar punctures, intubation, central venous and arterial line placement, and thoracentesis
- Participated in the code team by following ACLS protocol and administering medications, providing CPR, and defibrillating
- Responded to the COVID-19 pandemic by treating patients requiring invasive mechanical ventilation with critically high amounts of FiO₂, PEEP, continuous inhalant medications, and prone positioning

Registered Nurse, ICU Step-Down, SSM St. Mary's Hospital, St. Louis, MO June 2019-May 2020

- Provided exceptional care to critically ill patients requiring non-invasive mechanical ventilation, sepsis management, DKA treatment and other critical conditions
- Monitored telemetry and responded to emergent, life threatening situations
- Worked collaboratively as a part of the interdisciplinary team along with providers, respiratory therapists, pharmacists, and occupational, physical and speech therapists
- Educated patients and families ensuring the best possible outcome for maintaining their health after discharge
- Responded to the COVID-19 pandemic by taking on patients of higher acuity than my previous scope and supported families by using alternative communication methods when in person support was not possible

Anatomy and Physiology Supplemental Instructor, SIUE, Edwardsville, IL January 2017-December 2017

- Implemented lesson plans that increased student engagement through the supplementation of lecture material
- Designed practice exams to ensure academic success for students throughout the course
- Provided individual assistance to students needing additional guidance with coursework

Volunteer Experience:

Secretary, The Greg Holthaus Foundation, Highland, IL October 2013-Current

- Provide first aid and CPR education to the community
- Raise awareness for hypertrophic cardiomyopathy and sudden cardiac arrest
- Fundraise for AED machines to be placed at schools and youth facilities
- Organize and file donor contributions