**Helen "Denise" Hughes**

Cuba, MO 65453

dhph@outlook.com

Of note: I go by my middle name Denise. Some of my certifications have Denise Hughes instead of Helen Hughes. Have a great day!! Be safe, stay well.

Work Experience

**PRN Registered Nurse**

**Lake Regional Health System** -

Osage Beach, MO

March 2001 to October 2020

In October 2020 I retired from being a RN in the Emergency Department at Lake Regional in Osage Beach, MO . Lake Regional Hospital a Level II Stroke Center, Level II STEMI Center and Level III Trauma Center. My duties included caring for patients of all ages and health issues; working closely with the physicians, ancillary departments, and coworkers; monitoring patient’s condition, vital signs; administer ordered treatments and medications; be aware of Time Critical Diagnosis patients and implementing appropriate Policy Driven care; being an advocate of patient safety.

**Weekend Option ICU RN**

**Barnes Jewish** -

St. Louis, MO

April 2001 to December 2003

Proficient in caring for patients on a ventilator, did Cardio Q procedure and readings, CVVHD, Swan Ganz care and readings, central line and arterial line management. Patient advocate, Work with Residents and Attending Physicians. Care plan creation, administration and re-evaluation.

**PRN RN ED and ICU**

**Mercy** -

Washington, MO

June 1995 to March 2001

Assessment of patients using the nursing process. Assist coworkers. Care for patients of all ages when in the ED, and adult patients in the ICU. Cared for patients on ventilators.

**PRN ED RN**

**Missouri Baptist Hospital Sullivan** -

Sullivan, MO

July 1995 to January 1998

Patient assessment, triage, pre-op surgery patients, TPA administration. Perform tasks such as EKG's, IV's, foley catheter placement and removal, assist with chest tube placement. Patient safety.

Education

**Associate's degree in Nursing**

**East Central Community College** -

Union, Missouri

September 1993 to May 1995

Nursing Licenses

**RN**

Expires: April 2023

State: Missouri

Certifications and Licenses

**TNCC Trauma Nursing Core Course**

April 2018 to April 2022

**S.T.A.B.L.E.**

October 2018 to October 2020

**ACLS Advanced Cardiovascular Life Support**

November 2019 to November 2021

**ENPC Emergency Nurse Pediatric Course**

September 2020 to September 2024

**BLS Certification**

March 2020 to March 2022

**NIH**

Jan 2021 to Jan 2022