# Education

**Bachelor of Science in Nursing** 2019

Missouri Southern State University, *Joplin, MO*

# Professional History

**Surgical Intensive Care Unit Registered Nurse** December 2020- present

Advocate Trinity Hospital, *Chicago, IL*

* Cared for over 30 critically ill patients presenting with COVID-19. Proficient in the management of continuous paralytics, train of four assessment, prone positioning, and titration of ventilator settings based on patient’s vital signs and arterial blood gas results.
* Assisted in weaning ventilator and sedation, and emergency bedside procedures.

**Intensive Care Unit Registered Nurse** July 2019- December 2020

St. Joseph Medical Center, *Kansas City, MO*

* Initiated the care of adult patients with acute illness and post- surgical care, including but not limited to respiratory failure, post-cardiac arrest, sepsis/septic shock, those receiving thrombolytic therapy, acute neurological injury, GI bleeds, and vascular surgeries. Competent in the care of patients requiring mechanical ventilation, invasive hemodynamic monitoring, artic sun, and managing multiple vasoactive drips.
* Served as a charge nurse managing admissions and discharges, curating staffing schedules, and serving as a unit resource by assisting staff nurses with patient assignments, charting, and troubleshooting of medical equipment. Member of the Code and Rapid Response Team, responding to multiple rapid responses and assisting with codes.
* Trained nurses who matriculated on to the unit as exceptional bedside nurses. Mentored new graduate intensive care unit nurses about educational opportunities and coordinated a skills day specifically for new nurses.
* Precepted nursing students, and emergency medical technicians during their clinical rotation.

**Registered Nurse Supervisor** October 2019- July 2020

Clara Manor Nursing Home, *Kansas City, MO*

* Provided direct care to over 200 nursing home residents. Coordinated with the physicians and nurse practitioner about changes to the patient’s medication and therapy based on the patient’s response and lab work.
* Supervised over 10 different LPNs, 5 medication aides, and 8 CNA’s during any given shift to ensure safe patient care and adequate staffing for the oncoming shift.

# Licenses & Certifications

Registered Nurse- Multi-state privileges

CCRN

Trauma Nursing Core Course

# Licenses & Certifications Continued

Basic Life Support

Advanced Cardiac Life Support

National Institutes of Health Stroke Scale

# Professional Leadership

**Infectious Disease Council** March 2020 -December 2020

Secretary

* Ensured minutes from monthly meetings were created and sent to hospital employees. Served as a representative for the committee during COVID-19 rounds and assisted the infectious disease nurse in spreading awareness about the pandemic. Created a display to represent hospital employees that were recognized for proper hand hygiene.

**Unit Audit Board** December 2019 -December 2020

Member

* Completed monthly audits of charting to ensure the standards of care were met. Discrepancies or errors found in charting were used as an educational opportunity to improve documentation within the unit.

**Unit Practice Council** December 2019 -December 2020

Vice President

* Committed to improving the standards of care, policies, and procedures to promote best practice. Responsible for educating staff members about policy updates, professional development, patient satisfaction, and any unit updates.
* Increased employee retention rates by coordinating hospital gifted employee jackets, creating an employee recognition program and incentives for nurses.

# Presentations

**Career Day – Banneker Elementary School** March 2021

* Spoke to children from grades kindergarten to sixth grade about the day in the life of a nurse and how to become a nurse.

**Malignant Hyperthermia- St. Joseph Medical Center** September 2020

* Lectured over 40 ICU nurses about the causes and care of patient’s diagnosed with malignant hyperthermia intraoperatively as well as the treatment guidelines. Lead a simulation to help prepare nurses for this specific patient presentation.

**Community Health Day- St. Joseph Medical Center** July 2019

* Educated over 100 community members about the importance of seeking a health care provider and regular lab testing.

# Professional Accomplishments

**Scholar Highlight- The Foundation of Us**  November 2020

* Featured for contributions made to the nursing profession after graduating from an underserved majority minority high school.

**Patient Advocacy Award** April 2020

* Awarded for consistent patient and family advocacy and improvement of patient outcomes.

**Wow Award Recipient** February 2020

* Recognized by St. Joseph Medical Center for contributing to a positive culture, upholding the mission and values, and promoting collaboration with other health care professionals to provide excellent patient care.

**JoAnn McConnell Nursing Scholarship Recipient** August 2018

Total Hours: 30 hours

# Community Service

**We Are 816** October 2018- present

* Fundraised and cultivated donation points for essential winter items for people in need of shelter in the greater Kansas City area. Items were packaged and dispersed along with dinner on Thanksgiving Day.

**Kansas City Clean Up Day** September 2020

* Co-organized a city wide clean up event to restore neighborhoods throughout the greater Kansas City area.

**Girl Scouts of Greater Kansas City** August 2017- May 2020

* Worked with a variety of troop leaders and members to curate a cookie sales plan to reach the troop’s target goals. Assisted with cookie delivery to customers.

**Alzheimer’s Association** August 2018- May 2019

* Raised awareness and funds for Alzheimer’s support and research during the Walk to End Alzheimer’s in Joplin, MO.

**Lafayette Women’s Shelter** December 2018

* Coordinated the donations of over 300 canned goods and women’s feminine products to women in need.