Zoe Waithe

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# Professional Summary

To care for patients that are placed in my care physically, mentally and psychologically thus maintaining their safety, comfort and dignity. Needs Assessment Medical/Surgical Nursing Internship completed. Responsible registered nurse with excellent communication skills demonstrated by several years of experience in healthcare. Professionally trained with experience ensuring high standards of culturally competent care for wide variety of patients with diverse needs.

Work History

Registered Nurse/Supervisor

Kindred Central Dallas LTAC – Dallas, Texas June 2008 - Current

 . Management of a sixty-bed unit facility on night shift.

 . Oversee, guide and mentor the nursing staff for 7P-7A shift to ensure the plan of care for the patient population.

Other requirements of the House Supervisor role include:

 . Effectively manages resources during assigned shift

 . Creates a healthy work atmosphere that promotes both team and individual growth

 . Constantly monitors workplace to ensure all company policies and procedures are being maintained

 . Serves as a clinical resource

 . Works cooperatively as an ancillary interdisciplinary team member to identify and solve patient-specific and facility-wide needs and improve operations

 . Ensure all regulatory requirements are met

* Manage care for adult patients with wide varieties of medical/surgical conditions.
* Develop patient care plans, including assessments, evaluation and nursing diagnosis.
* Instruct patient and family members on proper discharge care.
* Perform basic physical assessment of patients.
* Assess patients and document histories.
* Insure efficacy of treatment through monitoring of treatment regiments.
* Document all elements of nursing assessment, treatments, medications, discharge instructions, and follow up care.
* Provide patient/family education on topics including basic nutrition, care needs, and pain management.
* Assessed need for, ordered, obtained and interpreted appropriate lab tests.
* Pharmacological and non-pharmacological management and treatment of various disorders and diseases.
* Performed lab tests and communicated results.
* Liaised between patients and physicians to ensure patient comprehension of treatment plans. Closely monitored acute conditions.
* Followed infection control procedures.
* Oversee and managed number clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism.

RN Post-Surgical Unit Richardson Texas March 2017 – Present

 **.** Monitor patient and address any signs of distress, infection, bleeding, or shock.

 **.** Changing of surgical wound dressings following the proper aseptic technique.

 **.** Assisting patient to deal with the effects of the surgical procedure by managing their pain.

 **.** Analyzing patient’s laboratory results and maintain patient’s safety.

 **.** Assessing the physical as well as psychological needs of the patient.

 **.** Documentation of all elements of nursing assessment, treatment, medications, discharge instructions, and follow up care.

 **.** Educate patient and family on proper discharge care.

 **.** Collaborate with members of the multidisciplinary team

RN Supervisor

Select Specialty Garland November 2015- February 2017

 . Management of a thirty- five bed unit facility on night shift.

 . Oversee, guide and mentor the nursing staff for 7P-7A shift to ensure the plan of care for the patient population.

Other requirements of the House Supervisor role include:

 . Effectively manages resources during assigned shift

 . Creates a healthy work atmosphere that promotes both team and individual growth

 . Constantly monitors workplace to ensure all company policies and procedures are being maintained

 . Serves as a clinical resource

 . Works cooperatively as an ancillary interdisciplinary team member to identify and solve patient-specific and facility-wide needs and improve operations

 . Ensure all regulatory requirements are met

RN Charge Nurse

Presbyterian Hospital of Dallas – Dallas, Texas October 2006 - January 2013

* Manage care for adult patients with wide varieties of medical/surgical conditions.
* Develop patient care plans, including assessments, evaluation and nursing diagnosis.
* Instruct patient and family members on proper discharge care.
* Perform basic physical assessment of patients.
* Assess patients and document histories.
* Insure efficacy of treatment through monitoring of treatment regiments.
* Document all elements of nursing assessment, treatments, medications, discharge instructions, and follow up care.
* Provide patient/family education on topics including basic nutrition, care needs, and pain management.
* Chronic patient care in medical-surgical unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for number patients per shift.

# Education

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| Associates of Science: Nursing School of Nursing – New Amsterdam, Berbice, Guyana  | October 2000  |
| Bachelor of Science in Nursing Aspen University – Denver, CO Master of Science in Nursing August 2020Aspen University – Denver, CO Skill | June 2017 |
| * Strong clinical judgment
* Neurology awareness
* Acute care expertise
* Preceptor
* Patient/family focused
* In-depth knowledge of intravenous therapy
 | * Patient and family advocacy
* Insulin medication assistance
* Foley catheter insertion/removal familiarity
* Thorough physical assessments
* Professional bedside manner
* Qualified critical care nurse
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 • Problem resolution capability

# Accomplishments

* Medical/Surgical Nursing Internship completion, October 2006.
* Crash Course in Neuro, January 7, 2009

# Certifications

* Registered Nurse Boards of Nurse Examiners for The State of Texas
* License Number: 739408.
* Medical/Surgical Nursing Internship October 2006
* Advanced Cardiac Life Support (ACLS) Certification 1-29-2020 to 1-2022.
* Pediatric Advanced Life Support (PALS) 10-1-2019-10-2021
* Basic life support (CPR and AED)-9-4-2020-9-2022.
* Critical care certification-08-2014
* Transplant Foundation Certification-10-2014
* CCRN/PCCN Certification Preparation Course-Day 1&11
* Left Ventricular Assistive Device certification

# References

Available upon request.