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| Jessenia  Valdes | |  |  | | --- | --- | | 275 West 54th Street  Hialeah, Fl 33012 |  | | (305) 775 - 3291 |  | | Jvaldes00@ymail.com |  | |  |  | |  |  | |

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|  | Objective |

Patient-focused and empathic critical care registered nurse with float pool proficiency across Neuro-ICU, ICU, SICU, CCU, Step-down, med surg, telemetry, ER, and charge nurse. Bringing experience, care, and extensive knowledge to help improve the lives of patients and families.

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|  | Education |

## Bachelor’s Degree in Nursing l West Coast University (10/29/2018 – 10/27/2019)

## Associates Degree in Nursing | Florida National University (08/29/2016 – 08/16/2018)

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|  | Experience |
|  | **Critical Care Travel Registered Nurse | Metropolitan Methodist Hospital**  04/19/2021 – Current   * Provided professional care and assistance to all-aged patients in surgical and cardiac intensive care unit. * Performed detailed physical and psychosocial assessments; communicated with patients and their family members and provided beneficial advice and knowledge to them on treatment options and post-surgical procedures. * Maintained various tools and equipment; monitored patients' progress and condition. * Prepared patients for diagnostic testing and performed other duties as assigned by doctors. |
|  | **Critical Care Travel Registered Nurse | Long Beach Medical Center**  01/11/2021 – 03/05/2021   * Cared for critically ill patients within the ICU with extensive medical issues such as: intracranial hemorrhages, brain tumors, epilepsy, and subarachnoid hemorrhage. * Proficient experience with conscious sedation, noninvasive target temperature, ventilated patients, titration of cardiac drips for two or more patients at a time, administered multiple medications, worked in collaboration with physicians regarding patients’ care. * Worked in collaboration with the donor recovery program and palliative care for patients’ end of life ends. * Collaborated with multiple interdisciplinary teams in order to provide holistic care for patients and family members.   **Critical Care Float Pool Registered Nurse | Jackson North Medical Hospital**  10/10/2020 – 01/04/2021   * Worked as a per diem float nurse and specialized within Neuro-ICU, Surgical ICU, CCU, ICU, Step-down, and telemetry * Providing high-quality care and prescribed medical treatment to patients * Collaborating with multidisciplinary medical teams for patients' comfort and treatment * Performing complex assessment and intervention for better health and faster recovery of patients * Monitoring and caring for patients on ventilators and other life-saving equipment * Providing immense comfort, mental and physical support to patients and their families * Providing advanced life support, treating wounds, controlling infection, and recording patients' vital signs |

**Critical Care Registered Nurse | Palmetto General Hospital**

02/05/2019– 01/04/2021

* Floated and specialized within Neuro-ICU, Surgical ICU, CCU, ICU, and step-down
* Provides high quality care for a wide variety of critical care patients, encapsulating all interventions within critical care RN scope of practice
* Participates in Code situations; BLS/ACLS/NIHSS certified
* Manages ventilated/sedated patients, arterial lines, central lines, all other invasive lines, continuous ECG monitoring.
* Manages all pharmacological drops, including vasoactive/sedative drips.
* Collaborates with physicians from all disciplines including Critical Care team (MD/fellow/pharmacist) to provide/manage care for critically ill patients
* Collaborates with and educates patient/family as appropriate in a critical care setting.
* Provides end of life cares for patient/family as appropriate in a critical care setting

## Office Coordinator | Tenet Florida Physician Services

### 08/01/2002 – 12/31/2018

Served as a key member of an interdisciplinary cardiovascular health care team for a busy medical practice. Assisted a Medical Doctor, as well as a Physician’s Assistant team in ensuring optimal patient care and smooth daily functioning of office, such as:

* Efficient handling of administrative duties (e.g. answering phones, scheduling appointments, maintaining medical records, patient processing, billing and bookkeeping) that allowed doctors and medical staff to focus on the health concerns of their patients
* Demonstrated proficiency in taking patient medical histories and vital signs, as well as in performing ancillary tests (EKGs, and urinalysis).
* Ensured the cleanliness, sanitation and maintenance of the facility, exam rooms and equipment. Helped implement practice’s quality assurance and control program.
* Efforts ensured compliance with HIPAA, CLIA and OSHA regulations; and helped to improve patient care/satisfaction.

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|  | Skills |

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| * Effective leadership skills to assist nursing team for providing best comfort, safety and care for patients * Good communication and interpersonal skills to support and educate patients, families and assist doctors during treatment of patients * Ability to think quickly and take decisions discreetly during emergencies * Strong observational skills, with abilities to provide accurate reports to doctors about changes in patients' conditions | * Deep working knowledge of life support and emergency resuscitative equipment like ventilator, infusion pump, intra-aortic balloon pump, etc. * Bilingual, speaking English and Spanish fluently * Knowledge in Cerner, Epic, and Meditech. |

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|  | Licenses and certifications |

* Registered Nurse: Florida Board of Nursing, License #9497372
* Advanced Cardiac Life Support (ACLS) certified by American Heart Association
* Basic Life Support (BLS) certified by American Heart Association
* Advanced Telemetry Certified
* Acute/Critical Care RN (CCRN) Adult
* NIHSS