

# Ariel Frelich, RN, CMSRN

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**OBJECTIVE** To further my career in the nursing field in a fast-paced environment, utilizing my nursing skills to the fullest to provide the best patient care using the latest evidence based practice, while providing comprehensible patient education and acting as a strong patient advocate.

**EDUCATION** Associate of Science Degree in Nursing (August 2012)  
Howard Community College, Columbia, Maryland  
GPA: 3.78 (cumulative)  
Academic Honors – 4.0 GPA for entirety of 14-month Accelerated Nursing Program

**JOB EXPERIENCE** MultiCare Deaconess Hospital (December 2021 - January 2022)  
**Medical Surgical Float Registered Nurse**

- Provided inpatient nursing care to patients on medical/surgical units
- Managed post-surgical equipment, lines, tubes, drains, and drips
- Cared for COVID-19 patients and managed all respiratory support requirements
- Collaborated with providers, other nurses, and ancillary departments to deliver safe, multifaceted nursing care

Coney Island Hospital (September 2021 - November 2021)

**Medical Surgical Float Registered Nurse**

- Provided inpatient nursing care to patients on medical/surgical units
- Managed post-surgical equipment, lines, tubes, drains, and drips
- Cared for COVID-19 patients and managed all respiratory support requirements
- Collaborated with providers, other nurses, and ancillary departments to deliver safe, multifaceted nursing care

St.Charles Medical Center (May 2021 – July 2021)

**Medical Surgical Float Registered Nurse**

- Provided inpatient nursing care to patients at multiple hospital locations including on medical, surgical, and ortho/neuro units
- Managed post-surgical equipment, lines, tubes, drains, and drips
- Cared for COVID-19 patients and managed all respiratory support requirements
- Collaborated with providers, other nurses, and ancillary departments to deliver safe, multifaceted nursing care

Medstar Washington Hospital Center – 4C (December 2016 – December 2020)

**Clinical Nurse/ Charge Nurse**

- Provided inpatient nursing care to patients on the medical/surgical unit, solely caring for COVID-19 patients starting March 2020
- Collaborated with providers, other nurses, and ancillary departments to deliver multi-faceted medical care
- Served as Primary Preceptor to train new nurses for entirety of orientation

Righttime Medical Care (April 2014 –December 2016)

**Lead Registered Nurse**

- Managed and trained all clinical support staff
- Triageed, obtained patient's vitals, and assessed appropriately, including TBI care
- Collaborated with providers and fellow nurses to provide safe medical care
- Performed clinical lab tests, including venipunctures, as ordered
- Gave medications and vaccinations per protocol or as ordered by provider
- Performed EKG, applied splints, assisted in suturing, and provided wound care

CVS Pharmacy (May 2005 – October 2007, January 2011 – June 2015)

**Lead Pharmacy Technician**

- Transcribed, triaged, processed prescriptions, and filled prescription medication
- Provided personalized and patient-centered customer service
- Managed and resolved insurance issues and claims
- Managed inventory, received/processed special orders and truck shipments
- Maintained workflow in pharmacy by managing queues in Rx Connect system

**SKILLS**

Fluent in American Sign Language (ASL) - native user  
Certified Medical Surgical Registered Nurse  
Current BLS certification and NICHE certification  
Current AVADE Workplace Violence Prevention certification  
Member of American Nurses Association and Academy of Medical Surgical Nurses

**AWARDS**

Who's Who Among Students in American Universities & Colleges (2011 – present)  
Phi Theta Kappa Honor's Society (May 2010 – present)  
Recipient of MWHC's HRO Award (March 2019, April 2020)

**REFERENCES**

Available upon request