

Linda Porras

1318 W. Kingsley Dr. Arlington Heights, IL 60004 / 847-707-4067 / porras.linda@gmail.com

PROFESSIONAL SUMMARY:

Registered nurse with experience in patient rehabilitation and acute nursing care as well as diverse hospital units and treatments including , pre and post-surgical, orthopedics, diabetes, telemetry, Alzheimer's, medical, and incapacitated patients, requiring daily living care. Also experienced in psychiatric nursing..

- Demonstrates detail and accurate assessments both physical and psychosocial
- Coordinates and utilizes a multi-disciplinary plan of care
- Documents nursing care and clinical progress appropriately
- Interacts with each person/age knowledgeable of their various development needs
- Prioritizes and organizes workload in a timely manner
- Recommends quality improvement initiatives in order to more effectively evaluate pt outcomes
- Cooperates with appropriate outside referral sources to facilitate smooth transition to area facilities.

Harbor House Memory Care, Wheeling, IL 2019 to 2021.

- Director of Nursing
- Develop and directed a rotational system in managing the care of patients
- Coordinated workforce management objectives with a focus on individual departmental initiatives
- Mentored newly licensed nurses and CNAs in developing and achieving professional expertise
- Supervised the admission of patients in emergency cases
- Provide direct quality care to patients including daily monitoring, recording and evaluating daily medical conditions

Alexian Brothers Hospital Network, Hoffman Estates, IL - 2005 to 2011

- Medical-psychiatric nursing
- Acting Clinical nurse leader

Relief Nursing Agency , Skokie,IL 2007 to 2019

- Interact and communicate with patients of all ethnic backgrounds, giving quality medical care and treatment.

Lake Forest Hospital, Lake Forest, IL - 2000 to 2005

- Worked as Admission Nurse during high volume demand
- Pre and post op OR patients
- Acute Care Services
- Assessed and monitored medical and surgical patients
- Major focus was on surgical patients
- Diabetic team-providing patient education to new onset and current diabetics

Highland Park Hospital, Highland Park, IL - 1993 to 2000

- Provided primary care on 5 different specialty units
- Surgical, Medical, Ortho, Rehab, Telemetry
- Provided personal input into IDPH survey resulting in highest level achievement
- Contributed to unit achieving highest marks on Press Ganey Scores
- Facilitated transfer of patients to inpatient and home care
- Developed close working relationships with employees and repeat patients
- Resource utilization review float nurse

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Brentwood Nursing Home, Deerfield, IL - 1990 to 1993

- Provided primary nursing care for Patients with a wide variety of medical conditions
- Acted as a preceptor for nurses during orientation
- Filled Charge Nurse position on rotating basis with other staff nurses
- Provided in-depth patient education prior to home discharge

Orsini Nursing Agency, Arlington Heights, IL - 1986 to 1990

- Acted as temporary relief supervisor
- Provided nursing care in area health facilities
- Singled out as most frequently requested RN with numerous facilities
- Demonstrated diversity in working with several multidisciplinary teams

EDUCATION:

Science of Nursing - South Suburban College - South Holland, IL