JAZMIN CONTRERAS-MICHEL

BSN, RN

PROFESSIONAL SUMMARY

ICU Nurse with 2 years of experience in an ICU setting, serving patients with multiple diagnoses. Speacializing in providing care for adults in critically ill conditions. Has exceptional critical thinking skills, and is always willing to assist other members of the interdisciplinary team. BLS and ACLS certified.

ACHIEVEMENTS

Developed critical thinking skills that can be used in all nursing fields.
Promoted to charge RN after seven months of employment.
-Member of RRT/Code team.

-Speaks fluent Spanish, is able to translate for all patients on hospital unit.

CONTACT INFO:

Address: 1338 Autumn Dr. Crown Point, IN 46307 Mobile: 708-543-5216 email: jazmin.contreras-michel@valpo.edu

EMPLOYMENT BACKGROUND

ICU Registered Nurse

University of Chicago at Ingalls Memorial Hospital- March 2019-Present -Treated adults with life threatening conditions in a medical ICU

-Monitored patient conditions and notified physicians of clinical changes as well as implemented orders

-Monitored vital signs, ventilation and levels of consciousness

-Collaborated with members of interdisciplinary team to perform procedures in stressful environments.

-Managed patients on a busy unit as charge RN. Performed tasks as charge RN such as managed staff resources, assigned duties, and supervised staff while managing a team of critical patients as well

Aya Healthcare ICU Crisis RN November-2020- February 2021

Advocate Christ Medical Center Completed a 13 week assignment in a busy Covid ECMO ICU. Floated to Adult Surgical Heart Unit.

Krucial Staffing ICU Crisis RN February 2021- April 2021

St David's Georgetown Completed an 8 week assignment in a MICU as a FEMA RN.

ACADEMIC EDUCATION

South Suburban College

Associates of Biological Arts and Sciences 07/2016 3.9GPA Member of Phi Theta Kappa

Valparaiso University

Bachelors of Science in Nursing -08/2018 -3.4 GPA Student Nurse's Association

CERTIFICATIONS:

-IL Registered Nurse- License No. 041472666 -BLS/ ACLS Certified