|  |
| --- |
| Foster Amponsah 14109 Estate Manor DrGainesville Virginia 20155Phone: (240) 351-0671Email: foster.jk16@gmail.comEmail · LinkedIn Profile · Twitter/Blog/Portfolio |
| A courteous, pleasant, and effective individual seeking a rewarding position Offering relevant education and strong knowledge of environmental and organizational tasks to maximize the efficiency of the organization |

|  |
| --- |
| 10/2019 – To Present Registered nurse • Cadia healthcare Annapolis Maryland  |
| 06/2020 – To PresentRegistered Nurse • Medstar Southern Maryland Hospital  |

# Education

|  |
| --- |
| Bachelors Degrees In Nursing,- Grand Canyon University (currently Enrolled) |
| October, 2018Associate Degree In Nursing - Florida College Of Health And ScienceApril, 2020American Heart AssociationCPR/BLS certificationACLS Certification |

# Skills

|  |  |
| --- | --- |
| * Performed patient’s assessment incl. cardiovascular, urinary catheters, respiratory, neurologic, tracheostomy, and trauma.
* Managed oral and intramuscular subcutaneous medications.
* Observe patient and report on the well-being
* Keep a thorough record of patients’ medical histories and symptoms
* Perform diagnostic tests and analyze results
* Pain management
* Administration of blood and blood products
* Obtaining blood from the central venous line
* IV Therapy
* Care of drains/tubes (i.e. removal, etc.)
* Providing for safe patient environment
* Demonstrates in-depth knowledge of the nursing process in addressing physical, psychosocial, and psychological needs.
* Excellent communication skills
* Excellent time management skills
* Excellent critical thinking and problem-solving skills
 | * Assesses patient needs continue to perform appropriate nursing interventions and documents to appropriate place.
* Identifies unsafe patient care practices and assumes responsibility for intervention. Documents where appropriate
* Assists physicians in performing examinations, treatments, and procedures
* Keeps immediate supervisor informed of patient care problems
* Interacts and communicates appropriately and effectively with medical staff
* Assess and reassess utilizing appropriate techniques for data collection and data analysis to make decisions regarding patient care or treatment within the scope of responsibility
* Excellent at maintaining patient confidentiality and upholding professional ethics
* Excellent teamwork skills displayed through experience collaborating with other nurses and doctors to improve patient and family education programs
 |

# References

* Isoken Idahosa charge Nurse (Medstar) +12405657916
* Shannon Elrod Charge nurse (Medstar) +18046906708
* Lewis Sabina Charge Nurse (Medstar) +13016302635